



# Palmer High School

## Coaching requirements

**Keys:** If you need keys, please contact Hollan Gravley 746-8424 [hollan.gravley@matsuk12.us](mailto:hollan.gravley@matsuk12.us) or Kim Akers ([kimberly.akers@matsuk12.us](mailto:kimberly.akers@matsuk12.us) or by phone 746-8408 prior to coming in and let us know what keys are needed. This will ensure that one of us is available and that it is not a wasted trip.

**ID Badges:** Once all district paperwork is completed, please notify Kim or myself and we will get your badge activated. Badges will be turned in with keys to Hollan at the end of the season.

**District Paperwork:** Must be completed prior to the start of the season.

**ASAA Coaching Requirements:** <http://asaa.org/coaches/coaches-education/>

- Fundamentals of coaching class (Found on ASAA website)  
<https://nfhslearn.com/courses/fundamentals-of-coaching> (to be taken 1 time).
  - State of Alaska component.
- Concussion Training: Concussion in sports through NFHS learn.  
<https://nfhslearn.com/courses/concussion-in-sports-2>
- First aid and CPR-Must send me or check that I have a current copy of your certification. Available through NFHS. <https://nfhslearn.com/courses/first-aid-health-and-safety>
- Heat Illness Prevention (Fall and Spring Sports only)
  - <http://nfhslearn.com/courses/34000>
- Sudden Cardiac Arrest (SCA)
  - <https://nfhslearn.com/courses/sudden-cardiac-arrest>



If all ASAA components are not completed, we get fined per offense. All first time fines will be paid out of your sports account, any secondary fines per offense may result in a suspension from coaching at Palmer High School. **HEAD COACHES ARE REQUIRED TO ENSURE THAT ALL ASSISTANT COACHES HAVE COMPLETED THE ABOVE REQUIREMENTS.**

**I need the following from all Head Coaches:**

- Practice times
- Digital copy of team rules/handbook/expectations
- Contact information for all members of your coaching staff including email address and cell
- Booster club contact information

-Thanks Hollan