

Mission

The mission of Colony High School Tennis program is to develop character, integrity, positive attitude, and perseverance in high school athletes that fosters success in competition and throughout their lives.

Motto Every. Point. Counts. Period.

All athletes on this team are expected to:

1. Work hard, to his/her fullest ability.
2. Give his/her very best at practice and at matches. Every. Point. Counts. Period.
3. Play with dignity.
4. Respect oneself, one's partner, one's coaches, and the team.

Varsity Positions

Players may compete to earn placement on the varsity roster. The ten Varsity positions include:

- | | |
|----------------|-----------------|
| Boys singles 1 | Girls singles 1 |
| Boys singles 2 | Girls singles 2 |
| Boys doubles | Girls doubles |
| Mixed doubles | |

Players who are varsity level are not guaranteed play at this level. Players must demonstrate effort, integrity, perseverance, and positive attitude to earn and keep a varsity-level position.

Players may challenge other players to earn a varsity spot. This will be conditional on the number of conference matches left in-season. Players wishing to challenge must notify coaches of their intention 1 week prior to the next competition to allow time for the challenge match, and time for preparation if a varsity spot is secured. Challenge matches will be scheduled on Fridays.

Open Positions

All players who are eligible for competition may participate in Open positions. Open competition may consist of trying a variety of events and mixing of partners.

Eligibility- Academics

Players must meet school district academic eligibility requirements based on their standings at the end of the semester prior to the beginning of the season. Ninth grade students are not required to meet this standard.

Grade-checks will be done throughout the season. If a player is in jeopardy of failing a class at any time during the season, he/she may be withheld from participating in competition until their grades are improved.

All players are required to attend mandatory study hall sessions; this includes students who are not actively on CHS campus for the school day.

Eligibility - Attendance

Players will do their best to attend all scheduled practices and matches, and will notify a coach, in advance, if they cannot attend. Players will be allowed **ONE UNEXCUSED** (cramming for a test, forgetting to notify the coach, etc.). Three missed meetings/practices -excused or unexcused- can result in dismissal from the team.

Players will not leave practices and matches early or be tardy. Being tardy and leaving early for an appointment is considered being absent. Missed practice time can result in dismissal from the team. **Simply put: Be in attendance of all required team events.**

Players will arrive at practice and matches prepared to play (i.e., with racquet, proper tennis shoes, shorts/skirt/skort, and team t-shirt or other appropriate shirt, water bottle). Coming to meetings/practices **unprepared is the same as being absent.**

Players who report to matches without full and proper uniform will not participate in match play.

Eligibility- Personal Integrity

Players and coaches will collaborate to develop personal weekly developmental plans that address skill, strategy, and mental toughness. Players and coaches will meet weekly to review and revise these goals.

Players who fail to participate in weekly meetings or are not satisfactorily working to meet their goals will be considered ineligible for varsity play.

Eligibility- MSBSD/ASAA

Players are required to meet all eligibility requirements set forth by Alaska State Activities Association and MatSu Borough School District including, but not limited to activities fees, and registration.

Competition

All players will be in full attendance, in uniform, at all competitive matches, whether or not they are on the event roster. Attendance is a demonstration of support of one another and of the team. Athletes not in a match will be keeping stats or performing other tasks as assigned by coaches.

Players will sit-with their teammates while in attendance at competitive events. Team first.

Parents are encouraged to watch and support their athletes, but also asked to be respectful of our team unity.

Fees

All players are required to pay \$270.00 in team fees, sell the equivalent in raffle tickets, or secure the equivalent in sponsorship. This amount pays for team expenses not provided for by the Activities department including equipment, an assistant coach, and travel/accommodations to the Fairbanks Invitational. The team fee must be submitted to the CHS Activities office, or via School Pay no later than September 2, 2022. A cost breakdown of team expenses is posted in Google classroom.

Uniform deposit: \$50.00 due August 12, 2022 cash or check payable to CHS, submitted to coaches. Players are required to return their team uniform in clean, good condition by September 30, unless they are participating in the State Championship. The player's check or cash deposit will be returned when the uniform is received. Players who fail to return their uniforms by this date will forfeit their deposit. State qualifiers must return their uniforms no later than October 13 (Banquet).

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Fundraising will not be a requirement for season play. However, players who anticipate participating in Newcombe Ranch Tennis Camp, may want to solicit sponsorships and individual fundraising on their own. The estimated cost of players wanting to travel to tennis camp (Spring break 2023) is \$1700/player. This amount covers travel, accommodations, food (3 meals/day), and 5 days of camp (7 hours/day). Outside of our regular season, our team will continue fundraising efforts to offset the cost for individual participants. If you would like to assist in organizing a fundraising event, or are a business owner who is willing to 'hire' our team, please notify the coaches.

Player Development

By committing to be a member of the Colony High Tennis team, players and parents are entering a contractual agreement with the coaching staff. The premises of this agreement mean: The coaching staff will act with integrity and character to ensure that each player is able to develop to the best of their abilities while in-season. Additionally, players and parents will follow the coaches' instructions and do their best to meet expectations. Players will not seek outside coaching during competitive events. Parents and personal instructors may coach their players outside of competitive events and outside of the boundaries of the season. Parents and personal instructors who can not adhere to this request will be asked to leave.

Coaches encourage players to work to develop their skills. However, while in-season, a personal instructor or outside influence may not have the greater needs of the team in mind, therefore, the CHS coaching staff should be the primary influence on a player's development and participation performance.

Varsity Letters

Requirements to earn a Varsity Letter in Tennis at Colony High School

1. Participate in all District events.
2. Attend all matches excluding regions.
3. Remain in good academic standing and eligibility throughout the season.
4. Incur no disciplinary actions throughout the season.
5. Complete 15 hours of community service hours by September 30, 2022. Community Service hours must be volunteer work helping the community at large (ex: working at the Animal Shelter, Food Bank, Recycling Center, etc.). While volunteering your time to help a friend or neighbor is commendable, it is not 'community' service.). If you are unsure what qualifies as community service volunteer time, please check with your coaches prior to participating.

Players who do not earn a Varsity letter will earn a participation certificate for the season.

Commitment

Players and parents are required to sign and return the Code of Conduct contract.

All contracts, uniform deposits, and required paperwork must be submitted by August 12, 2022. Athletes who do not complete these requirements will be suspended from practices until paperwork is completed.

Communication

Players, parents, and coaches should strive for open and direct communication, and to work collaboratively. If issues arise, the expectation is that the first point of contact should be directly with the person (persons) involved.

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Players are required to participate in Remind101 for direct communication regarding schedules and updates. This can be done via text or email. This is the primary method of communication as it allows expeditious updates to schedule changes. Parents are also encouraged to sign up for the Remind101 notices to also stay up to date. For lengthier communications, emails will be sent to both player and parent email addresses. Coaches are not responsible for players who do not check their email accounts.

Colony High School Tennis Players Code of Conduct

PERSONAL BEHAVIOR

- Members of the Knights Tennis Team program are representatives of Colony High School and the Mat-Su Valley. This program requires student-athletes to exercise good judgment at all times, both at tennis-related events (practices/matches), as well as with the use of social media.
- Absolutely no drugs, alcohol or tobacco products prior to, and at, team practices and matches.
- Players will not use abusive or offensive language or behavior (e.g., no swearing, no racket throwing, no smashing a ball in frustration).
- Practice, Match, and School discipline issues (detention, suspensions, referrals, etc.) will be grounds for sitting out of practices/matches. Sitting out of a practice or match will result in being pulled from the line-up for subsequent matches.
- Players will pay attention and be respectful to the coaches (e.g., no talking during demonstrations).
- Players will follow coaches' instructions to the best of their abilities.
- Players will be courteous and respectful to their teammates (not intentionally hitting a ball at another player).
- Players will be attentive and supportive of their teammates during matches.
- Players will respect the facilities and equipment provided by Colony High and other match sites and not use them without permission, or damage them.
- Players will respect the personal property of their coaches, their teammates, and others.

Failure to behave appropriately will result in the following consequences:

1. Verbal warning.
2. Removal from the court (whether practice or match-play)
 - a. Removal from the court equates to being not ready to play. Players who are removed from the court will forfeit their eligibility to compete in the next competitive event.
3. If behaviors are not amended after first removal from the court, players will be dismissed from the team.

PARTICIPATION

- Players will learn the rules of the sport.
- Players will do their best to attend all scheduled practices and matches, and will notify a coach, in advance, if they cannot attend. Players will be allowed **ONE UNEXCUSED** (cramming for a test, forgot to notify coach, etc.). Three missed meetings/practices can result in dismissal from the team.
- Players will not leave matches early or be tardy. Being tardy and leaving early for an appointment is considered being absent. Missed practice time can result in dismissal from the team. **Simply put: Be in attendance of all required team events.**
- Players will arrive at practice and matches prepared to play (i.e., with racquet, proper tennis shoes, shorts/skirt/skort, and team t-shirt or other appropriate shirt, water bottle). Coming to meetings/practices unprepared *is the same as being absent*.
 - o Players who report to Matches without full and proper uniform will not participate in match play.
- Players will follow the instructions of the coaches (e.g., no "tanking" a drill).

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- Players will notify a coach immediately if they are not feeling well.
- Players will notify a coach immediately if they have concerns about their safety or the safety of others.
- Coaches will do their best to be respectful of players' and parents' time. We will make every effort to finish practices on time. Once in a while, practices may run late. This is usually because we are at a critical point of instruction, or players were not observing appropriate drill schedules. If everyone is working hard, this shouldn't be a frequent issue.
- Coaches are required to supervise your athletes at all times while in our care. Players who leave the practice/game/tournament site without permission will be dismissed from the team.
- Parents: Coaches are required to supervise your children until they are picked up by their rides. Please be respectful of coaches' time and promptly pick up your athlete after practices, games, and road trips.

SPORTSMANSHIP / PERSONAL INTEGRITY

- Colony Knights will lead by example in demonstrating fair play and good sportsmanship.
- I will pay attention and be respectful to officials and referees; I will not publicly criticize them.
- I will be courteous to players, coaches, and parents from other teams and conduct myself in a sportsmanlike manner at all times.
- I will play fairly and obey the rules of the sport at all times.

UNIFORMS/TEAM EQUIPMENT

- Players must submit a deposit consisting of cash or check to cover the cost of the uniform. When the uniform is returned at the end of the season, the check/cash will be refunded to the player in full. Failure to return uniform results in forfeiture of deposit.
- Players should respect all team equipment and facilities. Players are expected to actively contribute to maintaining the cleanliness and playability of the courts and athletic facilities.

ACADEMICS

- ***You are a student-athlete, and a student first and foremost!*** We expect you to perform well in your classes and work in the spirit of cooperation with your teachers. If you are having difficulty in a class, it is your responsibility to notify your coach so that arrangements can be made for you to receive help. Make every attempt to do your work during school hours or after practice time.
- Do not draw negative attention to yourself in the classroom via tardiness, absences, or behavior. Any notice from a teacher about such behavior will immediately place you in poor standing on the team, which means you may be removed or otherwise sanctioned until the coaches receive a favorable report and the situation is rectified.

By signing this agreement, I am indicating that I have read and understand the CHS Tennis Player/Parent Handbook in addition to the expectations specified in the Code of Conduct.

I understand that failure to comply with these rules may, at the coach's discretion and depending on the seriousness or frequency of the offenses, result in a warning, penalty timeout, dismissal for the rest of the practice/match, ineligibility to participate in subsequent matches and dismissal from the team. Parents will be notified in the event of serious or multiple infractions.

Please sign this document electronically via Google Classroom by completing the Acknowledgement form.

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