

## CTE Course Description and Standards Crosswalk

### Course Information

Course Name	Introduction to Careers in Health & Fitness
Course Number	84010
Number of High School Credits	.5
Sequence or CTEPS (You must first have the Sequence or CTEPS entered into the EED-CTE system.)	Allied Health Health Informatics Pre-Nursing Sports and Fitness
Date of district Course Revision	2/2014

### Career & Technical Student Organization (CTSO)

CTSO embedded in this sequence	HOSA
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### Occupational Standards

Source of Occupational Standards	National Consortium on Health Science and Technology Education
Names/Numbers of Occupational Standards	Health Care Core Standards and Therapeutic Services Pathway Standards & Accountability Criteria

### Registration Information

Course Description (brief paragraph – as shown in your student handbook or course list)	Introduction to Careers in Health and Fitness explores some of the professional opportunities and examines some of the tools and resources needed in an athletic training program. Basic first aid and CPR will also be learned. Intro to Careers in Health and Fitness allows students to discover what is involved in various careers in health and fitness and thus make better informed career choices.
Instructional Topic Headings (please separate each heading by a semi-colon)	Professions Associated with Sports Medicine; Athletic Training; Professional Organizations for Certified Athletic Trainers; Central Training Room; Medical Kit; OSHA Standards and the Athletic Training Facility; Athletic Training Student Aides; Emergency Preparedness; CPR & First Aid

### Summative Assessments and Standards

Technical Skills Assessment (TSA)	HOSA – K019
Course addresses:	
New Alaska ELA and Math Standards	Yes
Alaska Cultural Standards	Yes
All Aspects of Industry (AAI)	Yes
Core Technical Standards	Yes
Employability Standards	Yes

### Employability Standards

Source of Employability Standards	State of Alaska
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### Tech Prep

**DISTRICT NAME: Matanuska Susitna Borough School District**

Current Tech Prep Articulation Agreement? (Y/N)	No
Date of Current Agreement	
Postsecondary Institution Name	
Postsecondary Course Name	
Postsecondary Course Number	
# of Postsecondary Credits	

Source/Organization/ Agency	Acronym	Website or Location of Information	Section, Chapters, etc. referenced in Performance Standards	Date of Edition or Version
National Consortium on Health Science and Technology Education	NCHSTE	www.nchste.org	Health Care Core Standards and Therapeutic Services Pathway Standards & Accountability Criteria.	2002

### Additional CTE Course Information

Author	
Course developed by	Bill Parker
Course adapted from	
Date of previous course revision	5/2010
Course Delivery Model	
Is the course brokered through another institution or agency? (Y/N)	No

Standards Alignment
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Student Performance Standards (Learner Outcomes or Knowledge & Skill Statements)	Specific Occupational Skills Standard	Common Technical Core Standards	New Alaska ENG/LA Standards	New Alaska Math Standards	Alaska Cultural Standards	Employability/ Career Readiness Standards	All Aspects of Industry/ Systems	Assessment
Discuss what sports medicine entails today.	<u>NCHSTE</u> 1.1, 2.1, 4.1, 7.1  <u>AAHPERD</u> 2		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	N-Q.1 N-Q.2 N-Q.3	B2, C2, C3, E3	<u>A-Employability</u>  1, 2, 5  <u>B – Career Develop</u>  2, 3, 4, 5	Prin Tech  Tech Pro Skills	Class Discussions Written Assignment Unit Assessments Final Exams Research Project Student Presentation Portfolio
Describe the different professions associated with athletic care.	<u>NCHSTE</u> 1.1, 2.1, 7.1		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5	N-Q.1 N-Q.2 N-Q.3	B2, C2, C3, E3	<u>A-Employability</u>  1, 2, 5	Prin Tech	Class Discussions Written

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Student Performance Standards (Learner Outcomes or Knowledge & Skill Statements)	Specific Occupational Skills Standard	Common Technical Core Standards	New Alaska ENG/LA Standards	New Alaska Math Standards	Alaska Cultural Standards	Employability/ Career Readiness Standards	All Aspects of Industry/ Systems	Assessment
	<u>AAHPERD</u> 2, 3		SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8			<u>B – Career Develop</u>  2, 3, 4, 5	Tech Pro Skills	Assignment Unit Assessments Final Exams Research Project Student Presentation Portfolio
Describe the role certified athletic trainers play in the athletic health care system.	<u>NCHSTE</u> 1.12, 2.1, 8.2  <u>AAHPERD</u> 2		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	N-Q.1 N-Q.2 N-Q.3 A-REI.1 G-CO.4 G-CO.6 S-IC.6	B2, C2, C3, E3	<u>A-Employability</u>  1, 2, 5  <u>B – Career Develop</u>  2, 3, 4, 5	Prin Tech  Tech Pro Skills	Class Discussions Written Assignment Skill Station Assessments Unit Assessments Final Exams Student Demonstration Research Project Student Presentation Portfolio
Explain the different skills required to be a certified athletic trainer.	<u>NCHSTE</u> 1.1, 2.1, 2.2, 9.1		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6	N-Q.1 N-Q.2 N-Q.3	B2, C2, C3, E3	<u>A-Employability</u>  1, 2, 5	Prin Tech	Class Discussions Written

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	<u>AAHPERD</u> 2		L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8			B – Career <u>Develop</u>  2, 3, 4, 5	Tech Pro Skills	Assignment Skill Station Assessments Unit Assessments Final Exams Student Demonstration Research Project Student Presentation Portfolio
Describe the modern central training room and list its specifications.	<u>NCHSTE</u> 3.1, 7.3, 7.4  <u>AAHPERD</u> 1, 2		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	N-Q.1 G-CO.1 G-CO.4 G-CO.6 G-MG.1 S-IC.6	B2, B4	<u>A-Employability</u>  2, 5, 6  <u>B – Career</u> <u>Develop</u>  4, 5	Prin Tech  Tech Pro Skills	Class Discussions Written Assignment Skill Station Assessments Unit Assessments Final Exams Student Demonstration Research Project Student Presentation

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Student Performance Standards (Learner Outcomes or Knowledge & Skill Statements)	Specific Occupational Skills Standard	Common Technical Core Standards	New Alaska ENG/LA Standards	New Alaska Math Standards	Alaska Cultural Standards	Employability/ Career Readiness Standards	All Aspects of Industry/ Systems	Assessment
								Portfolio
Describe OSHA standards that apply to the athletic training facility.	<u>NCHSTE</u> 5, 7.2		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	N-Q.1 S-ID.9 G-MG.2 S-IC.6	B2	<u>A-Employability</u>  2, 6  <u>B-Career Develop</u>  4	Prin Tech  Tech Pro Skills	Class Discussions Written Assignment Skill Station Assessments Unit Assessments Final Exams Student Demonstration Research Project Student Presentation Portfolio
Describe the role athletic training student aides play in the athletic training program.	<u>NCHSTE</u> 3.1, 4.2, 8.2  <u>AAHPERD</u> 2		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4	N-Q.1 S-IC.6	B2, C2, C3, E3	<u>A-Employability</u>  1, 2, 5  <u>B – Career Develop</u>  3, 4, 5	Prin Tech  Tech Pro Skills	Class Discussions Written Assignment Skill Station Assessments Unit Assessments Final Exams Student Demonstration

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			WHST.11-12.6 WHST.11-12.8					Research Project Student Presentation Portfolio
List the expectations and responsibilities of an athletic training student aide (ATSA) in a sports medicine program.	<u>NCHSTE</u> 2.1, 4.2  <u>AAHPERD</u> 2		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	N-Q.1 N-Q.2 N-Q.3 A-REI.1	B2, C2, C3, E3	<u>A-Employability</u>  1, 2, 5  <u>B – Career Develop</u>  3, 4, 5	Prin Tech  Tech Pro Skills	Class Discussions Written Assignment Skill Station Assessments Unit Assessments Final Exams Student Demonstration Research Project Student Presentation Portfolio
Define emergency preparedness.	<u>NCHSTE</u> 2.1, 2.3, 3.1, 5.1, 8.2  <u>AAHPERD</u> 1		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4	N-Q.1 N-Q.2 N-Q.3 A-REI.1	B2	<u>A-Employability</u>  2, 6  <u>B – Career Develop</u>	Prin Tech  Tech Pro Skills	Class Discussions Written Assignment Skill Station Assessments Unit

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			WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8			4, 5		Assessments Final Exams Student Demonstration Research Project Student Presentation Portfolio
List the components of the emergency plan.	<u>NCHSTE</u> 2.1, 3.1, 4.1, 5.1, 7.2  <u>AAHPERD</u> 2		SL.9-12.1 SL.11-12.2 SL.11-12.3 SL.11-12.4 SL.11-12.5 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.3 L.11-12.4 L.11-12.6 RST.9-10.3 RST.11-12.3 RST.11-12.4 WHST.9-10.6 WHST.9-10.7 WHST.9-10.8 WHST.11-12.1 WHST.11-12.2 WHST.11-12.4 WHST.11-12.6 WHST.11-12.8	N-Q.1 N-Q.2 N-Q.3	B2, B4	<u>A-Employability</u>  2, 6  <u>B – Career Develop</u>  4, 5	Prin Tech  Tech Pro Skills	Class Discussions Written Assignment Skill Station Assessments Unit Assessments Final Exams Student Demonstration Research Project Student Presentation Portfolio
Articulate and demonstrate proper CPR and basic first aid techniques.	<u>NCHSTE</u> 1.1, 2.2, 11.1		SL.9-12.1 SL.11-12.4 L.9-12.1		B2, B4	<u>A-Employability</u>  2, 6	Prin Tech	Skill Station Assessments



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	<u>AAHPERD</u> 2					<u>B – Career Develop</u>  4, 5	Tech Pro Skills	Red Cross/AHA Exam
Participate in CTSO classroom activities.	<u>NCHSTE</u> 2.1, 2.3, 4.2, 4.3, 8.1  <u>AAHPERD</u> 2, 3		SL.9-12.1 SL.11-12.2 SL.11-12.4 SL.11-12.6 L.9-12.1 L.11-12.2 L.11-12.6 RST.11-12.1 RST.11-12.2 RST.11-12.3 RST.11-12.4 RST.11-12.8 RST.11-12.9	N.Q.1 N.Q.2 N.Q.3 A.REI.1 F.IF.4 G.CO.1 G.CO.2 G.CO.4 G.CO.6 G.MG.1 G.MG.2 S.ID.2 S.ID.9 S.IC.1 S.IC.6 S.MD.6 S.MD.7	A7, B2, C2, C3, E1, E3, E7	<u>A-Employability</u>  1, 2, 3, 5  <u>B – Career Develop</u>  1, 2, 3, 4, 5	Bus Plann  Mgmt  Communit y Work Habit  Tech Pro Skills	Class Discussions Written Assignment Skill Station Assessments Unit Assessments Final Exams Student Demonstration Research Project Student Presentation Portfolio

### Instructional Resources

**List the major instructional resources used for this course: (websites, textbooks, essential equipment, reference materials, supplies)**

Introduction to Sports Medicine & Athletic Training. Thompson Delmar Learning

National Athletic Trainers Association. [www.nata.org](http://www.nata.org)

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