

Fitness

Career Cluster Description: Planning, managing, and providing therapeutic services, diagnostic services, health informatics, support services, and biotechnology research and development							
Major Options							
<ul style="list-style-type: none"> Physical Therapy Exercise Physiologist Cardiac Rehab Specialist 		<ul style="list-style-type: none"> Chiropractor Recreation Therapist 		<ul style="list-style-type: none"> Personal Trainer Occupational Therapy Assistant Physical Education Teacher 		<ul style="list-style-type: none"> Athletic Trainer Athletic Coach 	
Grade 9		Grade 10		Grade 11		Grade 12	
S1	S2	S1	S2	S1	S2	S1	S2
English 1	English 1	English 2	English 2	English Elective	English Elective	English Elective	English Elective
Physical Science	Physical Science	Biology	Biology	Anatomy & Physiology	Anatomy & Physiology	Chemistry	Chemistry
Civics	Health	World History	World History	U.S. History	U.S. History	U.S. Govern.	AK History
Algebra I	Algebra I	Geometry	Geometry	Algebra 2	Algebra 2	Advanced Math	Advanced Math
P.E.	P.E.	Elective or World Language	Elective or World Language	Elective or World Language	Elective or World Language	Elective or World Language	Elective or World Language
Customer Service	Intro to Career Pathways	P.E.	P.E.	Sports Conditioning	Advanced Weight Training	Athletic/Sports Medicine	Intro to Fitness Professions
Health Occupations	Technology Applications 1*	First Aide / Industrial Safety	Foods & Nutrition	Medical Terminology*	Medical Terminology*	Athletic/Sports Medicine	Intro to Fitness Professions
Work-Based Learning Opportunities				Career-Technical Student Organizations (CTSO)		Certifications	
<ul style="list-style-type: none"> Apprenticeship Cooperative Education Job Shadowing 		<ul style="list-style-type: none"> Paid/Unpaid Internship School-Based Enterprise Service Learning 		<ul style="list-style-type: none"> SkillsUSA HOSA 		<ul style="list-style-type: none"> CPR/First Aid Athletic Trainer Certified (ATC) Certified Personal Trainer (CPT) 	

POSTSECONDARY OPTIONS

Two-Year College or Proprietary Programs	Adult Registered Apprenticeships	Four-Year College and University Programs	Certifications	Licenses, On The Job Training, Training Certificates, etc.
<ul style="list-style-type: none"> Occupational Therapy Assistant Massage Therapy 	Department of Labor and Workforce Development, Office of Apprenticeship, email apprenticeship@alaska.gov or your local Alaska Job Center staff who will help you identify apprenticeable occupations and help you prepare for your future. You may also call (877) 724-2539	<ul style="list-style-type: none"> Occupational Therapy Technician Athletic Trainer (ATC) Physical Education Teacher 	<ul style="list-style-type: none"> First Aid Athletic Trainer Certified (ATC) CPT COTA 	<ul style="list-style-type: none"> Massage Therapy Type A Teaching Certification COTA

*College Credits may be available. [Click here for details.](#)