

AK Safe Children’s Act

6 th Grade		
Required: Teen Health - Safety and Health Environment Lesson 4: Building Health Skill-pgs. 16-18 <ul style="list-style-type: none"> • Grade 6 Classroom Lesson Plans 1-5 		
Additional Resources to Support Teen Health		
Lesson	Video Clip	Resources
Teen Relationships Protect Yourself Rules for Teens	Child Lures Prevention News Clips <ul style="list-style-type: none"> • Authority Lure • Assistance Lure • Ego Fame Lure • e Lure • Name Lure • Games Lure 	Erin's Law Love is Respect Lauren’s Kids Sample Parent Letter: District website → Staff → Programs and Content Resources
7 th Grade		
Required: Choose option 1 or 2 1. Teen Health – Conflict Resolution and Violence Prevention: Chapter 2: Lessons 1, 2, 3 & 4 Lesson Plan from KidsHealth: <ul style="list-style-type: none"> • Healthy Relationships 2. Alaska Department of Education and Early Development eLearning Classroom <i>There are 5 modules with activities. Modules are approximately 25 minutes each.</i>		
Additional Resources to Support Teen Health		
Lesson	Video Clip	Resources
Protect Yourself Rules for Teens	Child Lures Prevention News Clips <ul style="list-style-type: none"> • Authority Lure • Assistance Lure • Ego Fame Lure • e Lure • Name Lure • Games Lure 	Erin's Law Love is Respect Lauren’s Kids Sample Parent Letter: District website → Staff → Programs and Content Resources
8 th Grade		
Required: Choose option 1 or 2 1. Teen Health - Building Healthy Relationships Chapter 1: Lessons 2 & 3 Chapter 2: Lessons 1, 2 & 3 2. Alaska Department of Education and Early Development eLearning Classroom <i>There are 5 modules with activities. Modules are approximately 25 minutes each.</i>		
Additional Resources to Support Teen Health		
Lesson	Video Clip	Resources
Sexual Assault Risk Reduction Lessons: <ul style="list-style-type: none"> • Pre-read all information and scenarios before teaching Out of Danger pp. 72-78 • Who would you ask? Who would you tell? Pp. 79-83 • Refusal Skills pp. 89-94 Lessons from Sexual Assault Risk Reduction Curriculum , revised in 2015.	Child Lures Prevention News Clips <ul style="list-style-type: none"> • Authority Lure • Assistance Lure • Ego Fame Lure • e Lure • Name Lure • Games Lure 	Erin's Law Love is Respect Lauren’s Kids Sample Parent Letter: District website → Staff → Programs and Content Resources

