

You're on your way to K!

The transition to kindergarten is respected as a major milestone not only for the child, but for his or her family as well. The attitude towards school and learning that the child carries with them for life is often determined by this very first experience with school. A smooth transition to kindergarten can help make sure your child is successful in school.

The information provided below is designed to help you prepare your children for their school experience.

You bet, I'm ready for K!

Personal Needs Without help, can they...

- ___ Put on and take off coat
- ___ Tie their own shoes
- ___ Wash their hands
- ___ Snap, button, zip, and buckle

Social Skills Can they ...

- ___ Listen to an adult & follow simple instructions
- ___ Cooperate with other children
- ___ Sit for short periods of time
- ___ Follow simple two-step directions

Intellectual Skills Do your children...

- ___ Sit and listen to a story
- ___ Hold a book upright and turn the pages
- ___ Know their first and last name
- ___ Tell and retell familiar stories
- ___ Know colors, shapes and sizes
- ___ Counts 0-10

Intellectual Skills {continued}

- ___ Saying the ABC's
- ___ Holds scissors & pencil appropriately
- ___ Recognizes and writes first name (remember-use capital letter for the first letter in a name.) M-a-t-t, not M-A-T-T
- ___ Recognizes the letters within their name

To help with a smooth transition into kindergarten you can follow these additional helpful ideas, provide opportunities to play with other children, teach your children socially acceptable ways to disagree, and encourage social values such as helpfulness, cooperation, sharing and concern for others.

•Additional Resources•



The Leap Frog Letter Factory DVD is a fun and engaging way to teach children the letters and the sounds of the alphabet.



Starfall.com has several free educational videos and games for teaching children the letters of the alphabet, and more!

