

MAT-SU POCKET RESOURCE GUIDE

24 hour Crisis Lines:

Emergencies Dial 911

Adult Protective Services
800-478-9996

Alaska Family Services
(Domestic Violence, Sexual Assault, Crisis)
(866) 746-4080

Beacon Hill
Safe Families for Children
(907) 277-0925

Careline Crisis Intervention
Statewide (877) 266-4357
National (800) 273-8255

Child Abuse Reporting Hotline
800-478-4444

Fallen Up Ministries (Substance Abuse/
Recovery)
815-SAVE

HeartReach Center
(800) 712-HELP (4357)

Mat-Su Health Services
(Suicide and Mental Health Hotline)
(907) 376-2411

Mental Health and Suicide Prevention
(Tuesday – Saturday 3pm-11pm)
Text 4 Help to 839863

Crisis Text Line
741-741 (Text START)

Poison Control
(800) 222-1222

SART (Sexual Assault Response Team)
Mat-Su
(866) 746-4080

Crisis Line – Peer Support
(Substance Abuse) **982-HOPE**

Children/Family Services

Alaska 2-1-1
Resource line for families. Listings for health care, family services, & community resources.

Alaska Division of Public Assistance
376-3903 855 W Commercial Drive, Wasilla

Alaska Family Services, Inc.
746-4080
Comprehensive support services for individuals and families.

Alaska Services for Families
376-4678
Support for foster families and families dealing with adoptions

Alaska Vocational & Counseling Services
745-5066

Assistive Technology Acquisition Assistance Program
(907) 563-2599
3330 Arctic Blvd., Ste 101, Anchorage
Support for individuals who need funding for assistive technology.

Blood-N-Fire Ministries of Alaska
864-0463 Mile 49 Parks HWY Ste 18 Wasilla

Boys & Girls Club
357-2582 3700 E. Bogard Rd Wasilla
Before & after school care for school aged children.

CCS Early Learning (Head Start)
373-7000 Locations in Palmer, Wasilla, M. L.
Provides child development services to economically disadvantaged children and families.

Car Safety Program
352-1200

Child Care Assistance Program
373-4450
Financial assistance for childcare costs

Child Support Services Division
357-3550

Compassionate Directions (CODi)
352-1200 11921 Palmer-Wasilla HWY, Palmer
CODi, operates a compassionate not-for-profit behavioral health outpatient clinic for children and families in the Matanuska-Susitna Borough.

Connect Mat-Su
373-2628 777 N. Crusey St, Wasilla
Information, referrals, and resource coordination.
www.healthymatsu.org/connect-mat-su

Connect Palmer
746-9675 202 S. Alaska Street, Palmer
Life skills, fire wood, & woman's shelter

Daybreak Inc.
746-6019 550 S. Alaska St., Palmer
Provides case management/service coordination for adults who experience mental illness.

Disability Law Center
(800) 478-1234
330 Arctic Blvd., Suite 103, Anchorage
Provides advocates & attorneys after a person has been deemed eligible & a case has been opened.

Early Childhood Development
www.earlychildhood.com

Family Assistance Center
Alaska National Guard
373-9446 3401 E. Bogard Road, Wasilla
Provides services and support to military families.

Families in Transition
746-9228 501 Gulkana, Palmer
Provides help with enrollment and support for students currently between homes.

Family Promise Mat-Su
357-6160 561 W. Nelson, Wasilla
Rent assistance; shelter for families in need; mortgage assistance. www.familypromisematsu.org

HeartReach Center
(907) 373-3456 (800) 712-HELP (4357)
865 S Seward Meridian Pkwy, Wasilla
Assistance for parents of children newborn to age 5 (diapers, wipes, formula, clothing, and other childcare needs) Parenting classes for both women and men

Mat-Su Parent Resource Center (LINKS)
373-3632 777 N Crusey Str Wasilla
Information for families of children w/ disabilities

Mat-Su Health Services
356-2411 1363 W Spruce Ave Wasilla
A community health center providing dental, physical and mental health services for children and adults.

Mat-Su Services for Children & Adults
352-1200 1225 W Spruce Ave Wasilla
Services for families with disabilities, offers screenings and monitoring. Includes Infant Learning Program, Look At Me Program, Star Program.

MOPS (Mothers of Preschoolers)
376-9570
Nationwide program open to community

Office of Children Services
357-9797

Parents Reaching Out
373-2526
Support for families that are grieving the loss of child, miscarriage or still birth, no fee.

Project Childfind
746-9222
Free Screening and support services for 3-5 year olds to identify educational or physical needs.

Thread, Child Care Resource
373-5024

Emergency Shelters

Alaska Family Services: Domestic Violence Shelter
746-8026 **24/7 (866) 746-4080**

1825 S. Chugach St., Palmer
For female victims of domestic violence and sexual assault with or without children; 24-hour staffing.

Family Promise of Mat-Su
357-6160 561 W. Nelson, Wasilla
Shelter, meals, and case management for qualifying families without housing. Pet boarding for shelter guests available.

Knik Housing
841-3090 7362 W Parks Hwy, Wasilla
Provide temporary, long term and emergency housing for families, men, women, single parents, re-entry population & people with mental illness.

MY House
373-4357 300 N. Willow Street, Wasilla
Provides emergency shelter for homeless youth ages 14-24. Provides hot meals every Friday night for homeless youth.

Food & Nutrition

Big Lake Baptist

892-6646 10864 W. Parks Hwy, Big Lake
Wednesday 6:00 pm free dinner and food box.
Please call for food boxes.

Big Lake Community Food Pantry

841-4227 Mile 0.5 Hollywood Road, Big Lake
Faith Bible Fellowship of Big Lake
Open Thursday 11:30 am – 1:30 pm.

Salvation Army Christian Center Food Pantry

232-6706 Mile 49 Glenn Highway, Palmer
Open Wednesday, 1-3PM
for Palmer and Butte residents

Family Christian Center

373-2617 203 W. Dogwood Avenue, Palmer

Family Nutrition Program UAF Cooperative Extension Service

745-3423 1509 S Georgeson Dr Palmer
Classes on gardening, canning, and nutrition; 4H.

5 Loaves 2 Fish Kitchen

376-3522 501 E. Bogard Road, Wasilla
Meal preparation and delivery to those in need.

Frontline Mission

357-8600 2001 E. Palmer Wasilla Hwy, Wasilla
Hot meals, food pantry, clothing: Thursday and Friday
10:30 am – 1:30 pm; Wed. 6:00 – 7:00 pm

Grace Bible Church Food Pantry

354-0012 15748 Glenn Hwy, Sutton
Bible Church, Thursdays from 6 to 7 pm.

Hilltop Assembly of God

892-6225 19777 W Parks Highway, Wasilla
Need to live in Houston area, call first.

Kids Kupboard

360-9476 244 S. Sylvan Dr, Meadow Lakes
3700 E. Bogard Rd, Wasilla Hot meals on-site and cold lunches daily (call for details)

Manna Independent Baptist Church

745-3898 10151 E Palmer Wasilla Hwy, Palmer
Wednesday 8:30pm and Sunday 12:30pm

Mat-Su Food Bank

357-3769 501 Bogard Rd., Wasilla
Bring photo ID: Mat-Su residents only. Monday-Friday: 10am-1pm. Call for information about Food 4 Kids program.

Mat-Su Senior Services

745-5454 1132 S. Chugach Street, Palmer
Congregate and delivered meals provided for seniors 60 & over.

Nugen's Ranch

376-4534 26731 W Point McKenzie Road, Wasilla
Mondays and Fridays: 5:45 pm-7:00 pm

Palmer Food Bank

746-3565 221 S Valley Way, Palmer
Mat-Su residents only: Mondays-Fridays 1:00-5:00

Salvation Army

745-7079 12271 E. Palmer-Wasilla Hwy, Palmer
Mon and Tues 12pm-4pm; Wed 10:00am-1:30pm

Senior Farmer's Market Coupons

745-5824 –UWMS
Coupons available for qualifying seniors, redeemable at farm stands, and farmers' markets. For a complete list of coupon distribution sites, please contact United Way of Mat-Su.

MSBSD School Lunch Program

376-5813 801 N. Wasilla-Fishhook Rd, Wasilla

Sunshine Food Bank

892-6492 #1 Walstead Road, Mile 4.2, Talkeetna
Tuesdays: 10:00am-4:00pm

Upper Susitna Food Pantry

733-3358 8258 E Petersville Rd, Trapper Creek

Wasilla Area Senior Center

376-3104 1301 Century Circle, Wasilla
Congregate lunch and Meals on Wheels, *Mondays-Fridays 11:30 am-12:30 pm.*

Housing & Shelter

Alaska Housing Finance Corporation

376-5744 851 Westpoint Dr, B6, Wasilla
Subsidized housing for those who qualify. Provides an online locator

Cook Inlet Housing

888-667-2442
Offers federal funding to aid in purchasing a home

Habitat for Humanity

373-7278
Families may apply for having a new home built and are expected to participate in construction.

Heating Assistance Program

800-470-3058

Rural Community Development

761-7705
Assistance with housing loans for people who meet guidelines

Wasilla Homeless-Committee

521-2949 209 W. Evergreen, Palmer
Case management, resource referrals, housing search assistance, job search assistance, clothing, furniture, and household items

Housing-Income & Population Specific

Amber Ridge 357-9605

The Birches 376-9512

Catholic Social Services

745-8811 642 S. Alaska Str, Ste #206, Palmer
Assistance for veterans who are homeless or about to become homeless.

Chinook 373-0590
(age 62 and older or disabled)

Creekwood Park

376-9512 1955 N. Creekwood Park Ave., Palmer

Eagle Ridge Townhomes

746-2516 1775 Thuma Street, Palmer

Forrest Apartments 745-3957

Hunter Creek 746-2005

NeighborWorks

(907) 677-8490 2515 A St, Anchorage
Low and zero down payment loans, pre-purchase counseling and education.

Northridge Terrace 745-3484

Palmer Arms Apartments

841-3313 112 South Alaska Street, Palmer

Valley Residential 957-0256

Provides quality, affordable housing.

Treatment-Substance Abuse

AFS Behavioral Health Treatment Center
376-4000

AKEELA 225-4135

ALANO Club 376-8669

Alanon 357-2550

Alaska Addiction Rehabilitation Services
376-4534

Alaska Monitoring & Drug Testing
888-201-7536 ex 803

ASAP-Alcohol Safety Action Program
746-6260

Ascent Treatment Counseling Services
357-6860

Alaska's Tobacco Quit Line
800-QUIT NOW (784-8669)

Mat-Su AA Hotline 376-4777

Narcotics Anonymous
277-5483 1-866-258-6329

Nugen's Ranch 800-654-4673

Starting Point 376-6116

Set Free 373-4723

Teen Challenge of Alaska
800-559-9503

Misc Services/Resources

Alaska Legal Services 888-478-2572

Animal Control 746-5500

Birth Certificates 269-0991

Blood Bank of Alaska 222-5600

Catholic Social Services 222-7360

Central Landfill 745-9838

Division of Motor Vehicles 745-2185

Immigration Services 800-375-5283

IRS Tax Payer advocate 271-6877

MASCOT / Valley Transit Demand

Response Transportation 376-5000

Palmer Library 745-4690

Palmer Post Office 745-5051

Permanent Fund Dividend 269-0370

Recycling 745-5544

United Way of Mat-Su 373-5807

Valley Transit 864-5000

Veteran's Center 376-4318

Veteran's Outpatient clinic 631-3100

Voters Registration 745-9683

Wasilla Post Office 376-5327

Wasilla Library 376-5913

Information gathered through

United Way of Mat-Su Resource Guide 2018 &

Alaska Family Services Community Referral Guide