

# MSBSD Fall 2021 Activities Covid Mitigation

Objective	This document is intended to provide guidance for schools in return-to-activity protocols in accordance with public health recommendations.
Foundation	MSBSD believes it is essential to the physical and mental well-being of students to participate in physical activity and athletic competition. The District recognizes that all students may be unable to return to – and sustain – athletic activity at the same time across the District. There may be variations in what sports and activities are allowed to take place. MSBSD endorses the idea of returning students to school-based athletics and activities in any and all situations where it can be done safely.
Points of Emphasis	<p>COVID-19 transmission could result in significant changes to these protocols. MSBSD will disseminate more information as it becomes available.</p> <p>Schools should not allow meetings, practices, events or competitions to take place unless all protocols by coaches and advisors can be followed. Administrators must emphasize the need for all coaches and participants who have signs or symptoms of illness to stay home to decrease risk of viral transmission.</p> <p>Contact tracing investigations, conducted by trained medical professionals, will occur any time a positive case of Covid-19 occurs when the individual (participant, coach, sponsor, etc.) participated during their infectious period, defined by public health as two days prior to symptom onset/positive result. As a result of the contact tracing investigation, individuals deemed 'close contacts' will be required to quarantine according to CDC guidelines. Individuals who voluntarily demonstrate they are fully vaccinated from COVID-19 will be exempt from the contact tracing investigation.</p>

	Low Risk	Medium Risk	High Risk
Risk Levels	<p><b>Minimal community transmission- No connected cases within a team.</b></p> <p>Individual schools/teams may be defined as a 'community'</p> <p>Risk level decisions will be made by the District's Health Advisory team in consultation with public health partners</p> <p>Mitigating factors: e.g. indoor vs. outdoor activity, number of participants, nature of activity, etc. will inform risk level designations.</p>	<p><b>Moderate community transmission- at least two or more connected cases within a team.</b></p> <p>Individual schools/teams may be defined as a 'community'</p> <p>Risk level decisions will be made by the District's Health Advisory team in consultation with public health partners.</p> <p>Mitigating factors: e.g. indoor vs. outdoor activity, number of participants, nature of activity, etc. will inform risk level designations.</p>	<p><b>Widespread community transmission within a team.</b></p> <p>Individual schools/teams may be defined as a 'community'</p> <p>Risk level decisions will be made by the District's Health Advisory team in consultation with public health partners.</p>

Activities	No limit on activities intra/inter-state.	Activities may be limited to intra-state/intra-district.	All in person activities may cease.
Pre-Activity Participation	<p>Prior to participating, all parents/guardians must review and sign RM20: Student Permission Slip to Participate.</p> <p>Parents/guardians should check the temperature of their student prior to daily participation. Anyone with a temperature of greater than 100 degrees or with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.</p>	<p>Prior to participating, all parents/guardians must review and sign RM20: Student Permission Slip to Participate.</p> <p>Parents/guardians should check the temperature of their student prior to daily participation. Anyone with a temperature of greater than 100 degrees or with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.</p> <p>Coaches/sponsors will use the COVID-19 Student Athlete Monitoring Form prior to daily participation.</p>	All in person activities may cease.
Limitations on Gatherings	No limitations on gatherings. Social distancing recommendations remain in place.	Limitations on gatherings to ensure social distancing may occur.	Gatherings may cease.
Face Coverings	<p>Face coverings not required.</p> <p>According to the Center for Disease Control (CDC), face coverings are recommended to be worn by all non-vaccinated participants while indoors.</p>	<p>Face coverings may be required during indoor activities and outdoor activities when social distancing cannot be maintained.</p> <p>Face coverings will not be required while participants are engaging in vigorous activity.</p> <p>According to the Center for Disease Control (CDC) face coverings are recommended to be worn by all non-vaccinated participants while indoors.</p>	All in person activities may cease.
Individual Hygiene	<p>Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts.</p> <p>Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.</p> <p>Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.</p> <p>Have your own water bottle. Water bottles should not be shared. Food should not be shared.</p>	<p>Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts.</p> <p>Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.</p> <p>Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.</p> <p>Have your own water bottle. Water bottles should not be shared. Food should not be shared.</p>	All in person activities may cease.