

2020-2021 Winter Activity Mitigation Plan

Objective	This document outlines expectations for Extra/Co-Curricular Activities in MSBSD schools in accordance with public health recommendations and District protocols to prevent the spread of COVID-19.
Foundation	MSBSD believes and research supports that it is essential to the physical and mental well-being of students to return to physical activity and athletic competition. There will likely be variations in what sports and activities can take place. MSBSD endorses the idea of returning students to school-based athletics and activities in all situations where it can be done safely.
Points of Emphasis	<p>Changes to this plan will be made based on District trends and evidence of COVID-19 transmission, as well as local, state, and federal recommendations.</p> <p>Schools should not allow meetings, practices, events or competitions to take place unless all mitigation protocols by coaches and advisors can be followed. Administrators must emphasize the need for all coaches and participants who have signs or symptoms of illness to stay home to decrease risk of viral transmission.</p> <p>Student-athletes, parents, and schools must be prepared for periodic activity closures, including the possibility of teams having to isolate or quarantine due to COVID-19 transmission.</p> <p>Transmission among a team (two or more connected cases) will lead to an extended shutdown of the activity, up to and including season cancellation.</p>
Indoor Spaces: Gymnasium, Track, Weight Room.	Medium Risk
Max Occupancy	<p>Essential personnel only (coaches, athletes, administrators, officials) during pre-season work-outs, open gyms, practices, and competitions.</p> <p>Competitions will be livestreamed.</p>

Risk Assessment	<p>Low to moderate level of community transmission.</p> <p>Minimal amount of laboratory confirmed cases as determined by community (single school).</p> <p>Any activity transmission (two or more connected cases) of COVID-19 will lead to an extended shutdown of the activity, up to and including season cancellation.</p>
Practices, open gyms, weightlifting, and competitions	<p>When not exercising or competing, participants should maintain social distancing.</p> <p>No Spectators will be allowed for indoor activities.</p> <p>A minimum of 20 minutes between the end of an event and the beginning of a subsequent event will be maintained to allow for proper cleaning.</p> <p>All touch points, e.g. door handles/door push bars, must be cleaned by the departing coach/sponsor (open gyms, weight lifting, practices). Administrators or designee are in charge of ensuring touch point cleaning during competitions.</p> <p>Each school must establish set up and take down procedures that adhere to all social distancing and equipment protocols.</p>
Screening	<p>Athletes will be screened using the covid 19 athlete monitoring form. Athletes with symptoms will not be admitted.</p> <p>There should be a designated individual on site responsible for monitoring and following all screening, cleaning, and social distancing protocols.</p>
Facility Cleaning	<p>Cleaning and disinfecting will be conducted in compliance with CDC protocols.</p> <p>Locker rooms will be cleaned and sanitized prior to and after the event.</p>

Facility & Equipment	<p>All athletic equipment, (including balls, team benches, tables,, etc.) should be cleaned intermittently during use.</p> <p>Hand sanitizer should be plentiful and available to all participants and spectators.</p> <p>Teams are encouraged to limit locker room use. For example, visiting teams should come dressed and ready to compete.</p>
Face Coverings	<p>Cloth face coverings by participants are required at all times during indoor activities, including when engaging in vigorous activity.</p> <p>Face coverings are required for outdoor activities when strict social distancing cannot be maintained.</p> <p>As approved by the NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields covering the entire face for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others.</p> <p>Coaches, administrators, table workers, and volunteers are required to wear cloth face coverings at all times.</p> <p>Officials are required to wear cloth face coverings.</p>
Individual Hygiene	<p>Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before and after touching any surfaces or participating in workouts.</p> <p>Have your own water bottle. Water bottles must not be shared. Food should not be shared.</p> <p>All individuals should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.</p>