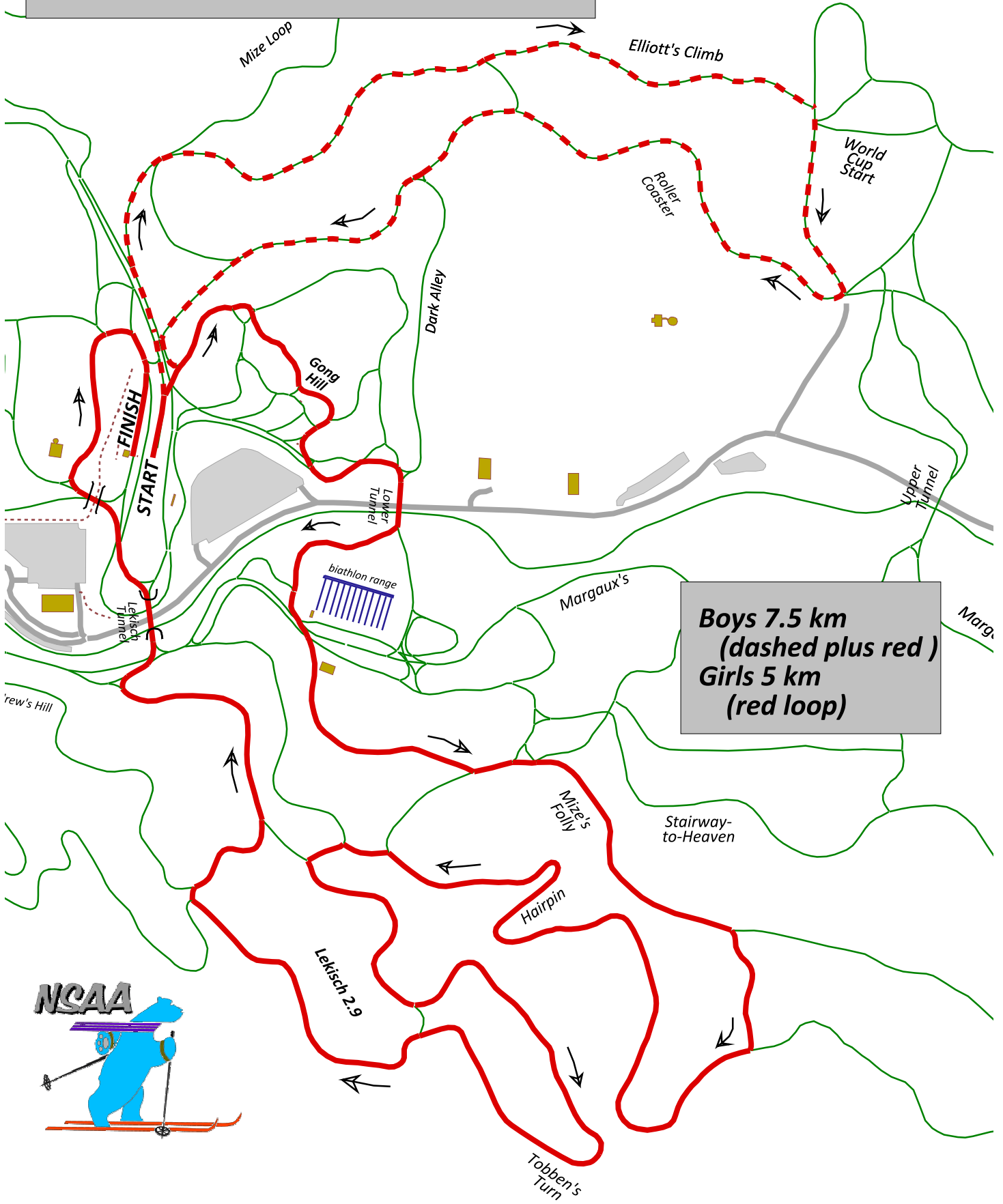
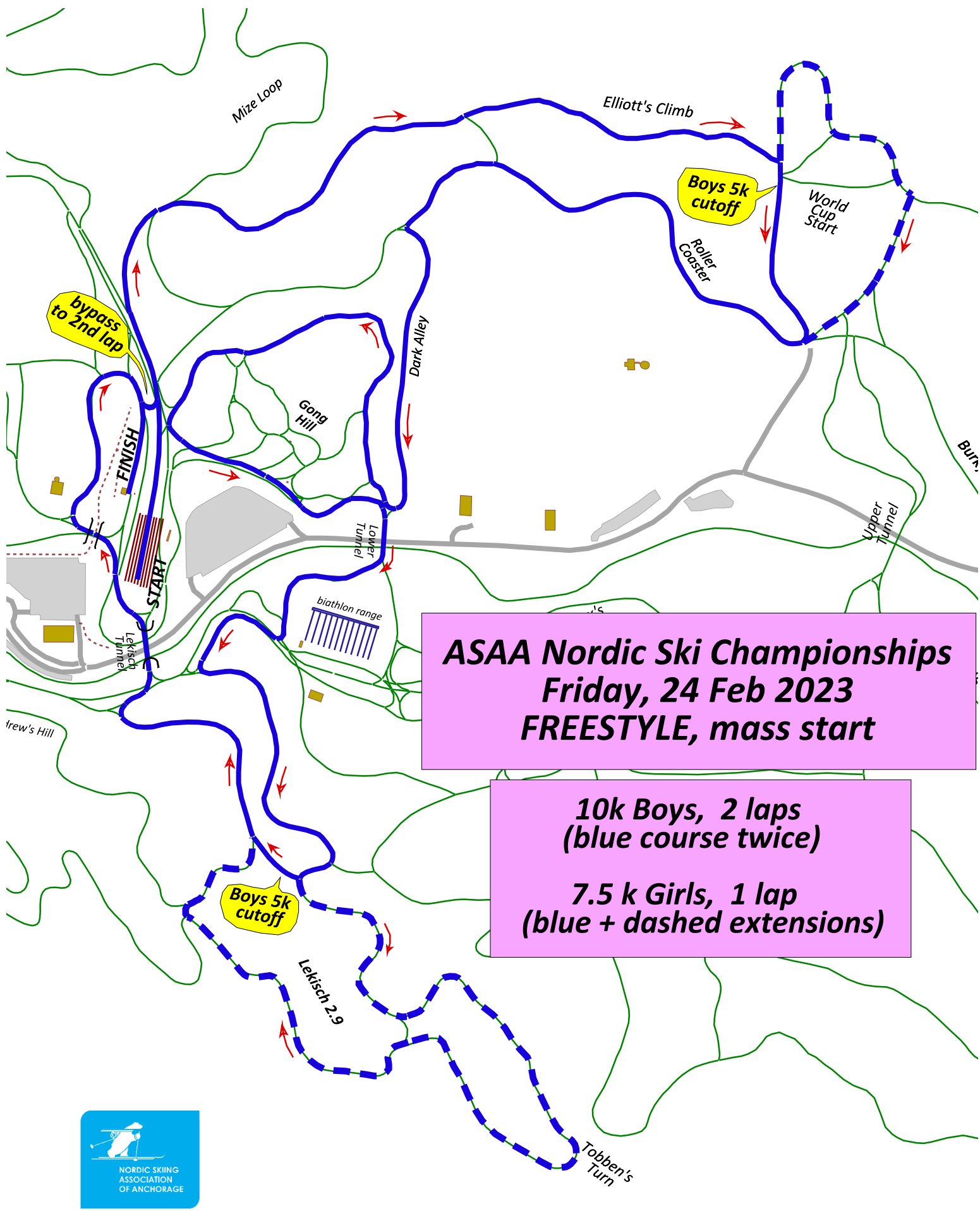


**ASAA Nordic Ski Championships**  
**Thursday, 23 Feb 2023**  
**CLASSIC, interval starts**



**Boys 7.5 km**  
**(dashed plus red)**  
**Girls 5 km**  
**(red loop)**





**ASAA Nordic Ski Championships  
Friday, 24 Feb 2023  
FREESTYLE, mass start**

**10k Boys, 2 laps  
(blue course twice)**

**7.5 k Girls, 1 lap  
(blue + dashed extensions)**



**ASAA Nordic Ski Championships**  
**Saturday, 25 Feb 2023**  
**Boys 4 x 5 k Relay**  
**Girls 4 x 3.5 k Relay**

*mixed technique*  
*(classic-classic-free-free)*

