

## **Colony Middle School Volleyball**

Newsletter



### Hello Volleyball families!

First, we would like to wish you the Merriest Christmas and Happy New Year! Our coaches are so looking forward to seeing you in the new year!

Volleyball season will be starting January 11th, 2021. To play, athletes must have a current physical on file and sign up through PlanetHS. The activity fee for the volleyball season is \$50.00.

Tryouts will be held January 11th through the 12th; teams will be announced at the end of tryouts on January 12th. Students that make the 7/8 Mix team will be practicing in the gym from 2:30pm-3:30pm. Students that make the 7th and 8th grade teams will be practicing in the large gym from 3:30pm-5:00pm.

### **Practice Expectations:**

Students are expected to have gym clothes, knee pads, clean shoes to practice in, a mask and water bottle for hydration.

### Mask Expectations:

Masks are to be worn at all times, during practices and games. We recommend thinner masks that allow for easier breathing; these can be disposable or reusable masks.

# <u>Pickup Expectations:</u>

Athletes are to be picked up within 10 minutes of practice ending. Athletes are expected to social distance in the lobby, or outside on the sidewalk while waiting for their ride. Prompt pick up allows coaches time to clean the equipment and facilities before the next athletic team enters the gym. If you cannot pick up your athlete promptly please make ride arrangements.

We are looking forward to hitting the courts and having a fun season with you! If you have additional questions please email Coach Camargo <a href="mailto:amargo@matsuk12.us">amanda.camargo@matsuk12.us</a>, or Coach Kelpe <a href="mailto:nicole.kelpe@matsuk12.us">nicole.kelpe@matsuk12.us</a>.

#### GO KNIGHTS!!