

Colony Middle School Volleyball Players Contract

This contract outlines the rules and policies governing the Colony Middle Schools volleyball program and must be signed by both players and a parent/guardian. Players without completed contracts will not be eligible to practice or play until signed and turned in.

ATTENDANCE: Practices are mandatory. If a player is ill or going to be absent, please contact the coaches to inform them of the illness or absence. When sick, the player or parents should call or email 6th grade Coach Camargo Amanda.Camargo@matsuk12.us phone # 761-1553. If a player has additional unexcused absences, they may be excused from the team

PENALTY FOR ABSENCES: If a player misses a practice and the absence is **unexcused**, they will not be eligible for play during the **entire match** immediately following the absence. All players are expected to be in full attendance the day of games. Players will not be allowed to play the day of if not **in attendance for at least half the school day.**

TARDINESS: Players are expected to arrive on time, dressed out, and ready to participate according to schedule. All players have received calendars and will be notified if the calendar changes. Those players arriving late will be required to complete additional conditioning drills at the end of practice. If tardy before a match, the player will not start in the first game and will complete additional conditioning drills at the start or end of the next practice or prior to the start of the game.

ACADEMICS: School is absolutely the **first priority** for every player. Practice schedules are established well in advance, so players are able to plan for study time accordingly. If a player receives an F in any class, they will not be eligible to play in games for the following week. If a player becomes ineligible due to grades it is our expectation that the players are to be working on their homework, class work, retaking any quizzes or tests in the time available after school and prior to practice. Once their grade is back up to passing, they will be allowed to come back but must earn their playing time back. If a player receives a F for two weeks (in any class) they will be dismissed from the team.

USE OF ALCOHOL / DRUGS: The use of alcohol, illegal drugs, and tobacco products by players is not allowed and will not be tolerated. Any player found to be in violation of this rule will be removed from the team for the remainder of the season. **NO EXCEPTIONS!**

ATTITUDE: Players are expected to exhibit a **positive** attitude toward fellow players and the coaching staff. Coaches will not tolerate disruptive attitudes. Players may be

asked to leave the gym if their negativity or attitude is affecting others. In severe cases, players will be removed from the team. Remember that this is a team sport and there is no “I” in team. Players dismissed from any team will be done for the season.

APPEARANCE: We are all representatives of Colony Middle School, our community and our families and we want to project a positive image. Athletes will not be allowed to wear excessive glitter, earrings, rings and anything metal (with the exception of bobby pins – they are now legal) for safety reasons. This rule is in effect for practices and games and is in place to protect the athletes. Athletes may choose to wear black spandex that have a minimum 4-inch inseam; or the black volleyball shorts provided by the school. If spandex apparel does not meet the guidelines, athletes will be asked to change into a different pair of spandex or black shorts. Players are expected to dress appropriately. At no time will players be allowed to wear flip-flops, sandals, or any shoe in which the foot is exposed, spandex shorts (without pants or sweats over them). We will follow the CMS dress guidelines. Players without proper footwear will not be allowed on the bus and will have to arrange for a ride home if they cannot make the proper changes.

RESPONSIBILITY TO TEAMMATES: Volleyball is a team sport, which means the girls have an obligation to their teammates to abide by team, school, and district rules. Good sportsmanship is expected from all players at all times whether you are winning or losing. Due to mitigation plans, shaking hands and high fives are not permitted; this does not mean we will not work out an alternative way to congratulate other players and coaches after each game. Be a good sport and act appropriately, cheer on the bench but do not boo at players or referees for ANY reason.

ARRANGING RIDES AND TRANSPORTATION: In the event we are able to play other schools, busses will be one-way trips to Wasilla, Palmer, Houston and Teeland MS. Please make sure you have your parents ready to pick you up at the conclusion of your match. Players that plan to ride with someone other than their parents must fill out a consent form stating who they are giving their permission to release their daughter into their custody. Players will not be allowed to ride home with anyone other than their parents / guardians without proper documentation. If this happens, parents will be called, and arrangements will be made for the transportation of their daughter. Also, please make sure to pick up your daughter(s) after practice is over. Please talk with one of the coaches if you cannot be there in time so we can try and make arrangements or help assist you in finding a ride for your daughter with one of the other parents. We expect players to be picked up from practices and games no later than 10 minutes after the activity is over.

Please keep these guidelines! Return the attached page, completed with signatures and emergency information and return them to the coaching staff. Thank you!

CMS 6th grade Volleyball Coaching Staff

Colony Middle School Volleyball

Player Contract

By signing this contact, I hereby agree to abide by the rules established by the CMS volleyball coaching staff, the Mat-Su Borough School District and the Alaska Schools Activities Association (ASAA).

Parents/legal guardian must also sign acknowledging the program's rules.

- Circle one

(6th grade) Coach Camargo

Players Name (print) _____

Players Signature _____ Date ___/___/___

Home Phone _____ - _____ Emergency # _____ - _____

Parent/Guardian (print) _____ Date ___/___/___

Parent/Guardian Signature _____

PLAYERS WILL NOT BE ELIGIBLE TO PRACTICE OR PLAY UNTIL THIS CONTRACT IS COMPLETED AND RETURNED TO THE COACHING STAFF.

Transportation – Release of Liability

I, _____, give permission for my daughter,

_____ to ride with _____

From volleyball games during the 2022 6th grade volleyball season from February 28th, 2022 through March 30th, 2022. This includes practices and/or games.

Signed _____ Date ___/___/___