

MATANUSKA-SUSITNA BOROUGH SCHOOL DISTRICT

COVID-19 MITIGATION PLAN



2020-2021 SCHOOL YEAR

LARSON ELEMENTARY



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Please direct any questions to your school or the MSBSD PIO at pio@matsuk12.us



A MESSAGE FROM THE SUPERINTENDENT

Dear Staff, Students, and Families,

Throughout the first part of the 2020-21 school year we have all worked hard to keep students and staff safe at school during at-school learning. As the year has progressed, we have learned many lessons that help us keep MSBSD schools open and safe and have updated our Mitigation Plans to reflect our learning.

One thing that has not changed since when we first drafted these plans has become even more important now, we need your help in keeping our school communities safe. Here are a few ways you can partner with us to continue doing so:

- Follow mask wearing guidelines.
- Model appropriate social distancing.
- Avoid large crowds, especially indoors.
- Screen and monitor your child's health every day.
- Keep your child at home if they feel sick or are experiencing COVID symptoms.
- If your child receives a positive test result, notify your school nurse as soon as possible.

This school year looks different than prior years, but with your help we can continue to keep our schools safe and keep at-school learning available for our families. We really appreciate your patience and your partnership!

Yours in education,

Dr. Randy Trani, Superintendent

Matanuska-Susitna Borough School District
501 N Gulkana St.
Palmer, Alaska 99645
www.matsuk12.us



CONTACTS & KEY REFERENCES

CONTACT US

NAME	TITLE	EMAIL
Beckie Murphy	Principal	Beckie.Murphy@matsuk12.us
Rebecca Ramilo	School Nurse	Rebecca.Ramilo@matsuk12.us

SCHOOL RESPONSE TEAM

NAME	TITLE
Beckie Murphy	Principal
Polly Rowell	Instructional Coach
Rebecca Ramilo	School Nurse
Molly Johnson	Admin Secretary
Jodi Posey	Special Education Teacher
Chris Stegall	Librarian

For more information, please refer to these documents and resources. As always, you are welcome to contact your school's Principal with any questions or concerns you may have.

- [MSBSD COVID-19 Employee Resources](#)
- [MSBSD Community Services and Facility Use](#)
- [State of Alaska DEED COVID-19 Website and Smart Start 2020](#)
- [CDC COVID-19 Activities and Initiatives Supporting COVID-19 Response](#)
- [CDC Interim Guidance for K-12 Schools](#)
- [CDC FAQs for K-12 Schools](#)

WE ARE A
COVID SMART
SCHOOL COMMUNITY



BASE PLAN

MSBSD has developed a Base Plan to guide school district activities and operations in the event of Low, Medium, and High risk environments. Throughout this document, each risk level will be defined the following ways. Please note that “community” may refer to a specific school or the entire Mat-Su Borough.

LOW RISK	MEDIUM RISK	HIGH RISK
<p>No to minimal community transmission.</p> <p>No to minimal laboratory confirmed cases in the last 14 days and no reported increase in the number of cases over the last 14 days.</p>	<p>Low to moderate level of community transmission.</p> <p>Minimal amount of laboratory confirmed cases as determined by community.</p>	<p>Widespread community transmission.</p> <p>Outbreaks (hot spots) or increase in laboratory confirmed cases.</p>

For each of the categories within the Base Plan, a brief description will be provided, followed by the protocol for each Risk Level.

1. GENERAL SAFETY PROTOCOLS

General Safety Protocols include the use of Health Screenings, Personal Protective Equipment (PPE), and pre-established policies to ensure students and staff have the lowest possible risk of exposure.

HEALTH SCREENINGS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Teach the signs and symptoms of COVID-19 and have a site plan to isolate students or staff who become symptomatic while at school.</p> <p>Educate parents and staff on performing daily home health checks, including temperature and symptom screening at home before sending their child to school.</p> <p>Students with temperatures above 100* and/or other COVID symptoms will be sent home in accordance with the COVID-19 School Decision Tree.</p>	<p>Additional communication with parents regarding home health screenings.</p> <p>Anyone entering the building is subject to a health screening.</p> <p>Employees are required to complete a self-screening, to include a temperature reading and answering questions related to COVID-19 symptoms.</p>	<p>Extended building closure.</p> <p>In person classes will be cancelled and students will not be admitted into the building.</p> <p>Teachers will coordinate classes and activities via distance learning (exceptions to this may occur on rare instances to meet the needs of students that cannot be met remotely; this will require special planning).</p>

PERSONAL PROTECTIVE EQUIPMENT (PPE)

LOW RISK	MEDIUM RISK	HIGH RISK
<p>All staff and students in grades 3-12 are required to wear masks. Masks are recommended but not required for K-2 students.</p> <p>A face shield with cloth or surgical mask fabric neck guard is a good substitute for a cloth face covering that permits facial expressions to be seen. However, simple face shields do not substitute for a cloth face covering.</p> <p>Encourage personal protective measures among staff/students (e.g., maintain social distancing when possible, stay home when sick, frequent handwashing, and practicing good respiratory etiquette).</p> <p>Ensure hand hygiene supplies (e.g., soap and hand sanitizer) are readily available.</p>	<p>All staff and students in grades 3-12 are required to wear masks. Masks are strongly recommended for K-2 students.</p> <p>A face shield with cloth or surgical mask fabric neck guard is a good substitute for a cloth face covering that permits facial expressions to be seen. However, simple face shields do not substitute for a cloth face covering.</p> <p>Encourage personal protective measures among staff/students (e.g., maintain social distancing when possible, stay home when sick, frequent handwashing, and practicing good respiratory etiquette).</p> <p>Ensure hand hygiene supplies (e.g., soap and hand sanitizer) are readily available.</p>	<p>Extended building closure.</p>

VISITOR & VOLUNTEER POLICY

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Pre-scheduled classroom visits are allowed. Visitors must check-in at the front office and wear an approved facemask while in the building. Visits are limited to 15 minutes per classroom to prevent the need for additional contact tracing.</p> <p>Parents are encouraged to drop off items for students at the front office.</p> <p>All school volunteers and visitors may be subject to a health screening prior to entry and will be required to wear a mask. Visitor access will be limited to specific areas of the school.</p>	<p>Building access during the school day will be limited to staff, students, and related service providers under contract with the District.</p> <p>Unnecessary personnel pose a greater threat to cross-contamination and to bringing the contaminants into the school facilities.</p> <p>Essential volunteers will be limited to one building and required to wear a mask.</p>	<p>Facility will be restricted to staff only.</p>

SUBSTITUTES & ITINERANT STAFF

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Substitutes will be assigned to schools in order to minimize the number of new people working in a building from day to day.</p> <p>Itinerant staff will be assigned to one building when possible and will minimize their movement between buildings as much as possible.</p>	<p>Substitutes will be assigned to schools in order to minimize the number of new people working in a building from day to day.</p> <p>Itinerant staff will be assigned to one building when possible and will minimize their movement between buildings as much as possible.</p>	<p>Extended building closure.</p>

FACILITY USE

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Any facility usage outside of the regular school day is subject to the established Facility Use Guidelines.</p> <p>A group wishing to use the facility must submit a mitigation plan with safety protocols with the requisite form detailing the usage logistics.</p>	<p>Facility Use agreements may be suspended.</p>	<p>Facility will be restricted to staff only.</p>

NON ESSENTIAL CONGREGATE SETTINGS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Gatherings of more than 50 people are discouraged and require administrator approval. (assemblies, Open Houses, and community involvement activities).</p>	<p>Gatherings of more than 50* people are strongly discouraged or prohibited. (assemblies, Open Houses, and community involvement activities).</p> <p><i>*This number is subject to adjustment based on State mandates.</i></p>	<p>Extended building closure.</p>

CLASS PARTIES & FIELD TRIPS

LOW RISK	MEDIUM RISK	HIGH RISK
Class Parties and Field Trips are strongly discouraged. Field trips are subject to administrative approval.	Class parties and field trips are both strongly discouraged and may be prohibited.	Extended building closure.

FACILITIES

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Clean and disinfect frequently touched surfaces daily.</p> <p>Plexiglass barriers provided for office staff, as well as markings on floors to promote physical distancing.</p>	<p>Additional cleaning and disinfecting of frequently touched surfaces.</p> <p>Room and facility occupancy may be reduced to allow for additional physical distancing.</p>	Extended building closure.

ADDITIONAL SITE-BASED GENERAL SAFETY PROTOCOLS

LOW RISK	MEDIUM RISK	HIGH RISK
Larson will provide families with a detailed schedule and process for parents who wish to accompany their child to class on the first day of school/first day of kindergarten.		

2. STUDENT TRAINING PLAN

MSBSD'S student training plan is critical to ensuring the minimal spread of COVID-19.

STUDENT TRAINING PLAN

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Students will be trained on proper handwashing, use of strategically located hand sanitizing stations in the building, and taught to avoid all physical contact whenever possible, including handshakes and high fives.</p> <p>Students will be reminded to avoid touching their eyes, faces, noses, and mouths whenever possible.</p>	<p>Students will be trained on proper handwashing, use of strategically located hand sanitizing stations in the building, and taught to avoid all physical contact whenever possible, including handshakes and high fives.</p> <p>Students will be reminded to avoid touching their eyes, faces, noses, and mouths whenever possible.</p>	<p>Extended building closure.</p>

ADDITIONAL SITE-BASED STUDENT TRAINING PLAN

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Librarian will assist teachers and students on how to access online books/resources.</p> <p>Librarian, Music & PE teacher will assist with student training for COVID safety and new school processes (ie. handwashing, hallway expectations, etc.).</p> <p>Students will be instructed on process/procedures as follows:</p> <ul style="list-style-type: none"> • Mask wearing • Mask Breaks • Mask etiquette/cleaning • Alternative greetings • Students will not clean supplies of others • Disinfecting own workspace 	<p>Librarian will assist teachers and students on how to access online books/resources.</p> <p>Librarian, Music & PE teacher will assist with student training for COVID safety and new school processes (ie. handwashing, hallway expectations, etc.).</p> <p>Students will be instructed on process/procedures as follows:</p> <ul style="list-style-type: none"> • Mask wearing • Mask Breaks • Mask etiquette/cleaning • Alternative greetings • Students will not clean supplies of others • Disinfecting own workspace <p><u>Additional Information:</u></p> <p>Training option/resources could be presented/available for students via digital options such as Zoom or Google Classroom.</p>	

3. STAFF TRAINING PLAN

MSBSD'S staff training plan is critical to ensuring the minimal spread of COVID-19. As much as possible, professional development will be delivered remotely to individuals or groups of teachers/staff at a school site. At low risk (green), teams of 50 or less can gather for PD at the District office. At medium and high risk, all PD will be delivered remotely.

STAFF TRAINING PLAN

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Staff should ensure they are properly washing their hands, disinfecting their work areas/ classrooms, and conducting their own health screening daily.</p> <p>Staff should practice social distancing while in the classroom, and when interacting with other staff.</p>	<p>Staff should ensure they are properly washing their hands, disinfecting their work areas/ classrooms, and conducting their own health screening daily.</p> <p>Staff should practice social distancing while in the classroom, and when interacting with other staff.</p>	<p>Extended building closure.</p>

ADDITIONAL SITE-BASED STAFF TRAINING/PD PLAN

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Staff PD Days will be used to provide ongoing training for school opening, classroom environments and a systematic review of the following:</p> <ul style="list-style-type: none"> *COVID mitigation plan *Changes in procedures *New digital curriculum *Communication guidelines for parents *Lesson plans for substitutes *Disinfect protocols 	<p>Staff PD Days will be used to provide ongoing training for school opening, classroom environments and a systematic review of the following:</p> <ul style="list-style-type: none"> *COVID mitigation plan *Changes in procedures *New digital curriculum *Communication guidelines for parents *Lesson plans for substitutes *Disinfect protocols <p><u>Additional Information:</u></p> <p>Training option/resources could be presented/available for students via digital options such as Zoom or Google Classroom.</p>	

4. INCREASED RISK STUDENTS

MSBSD is committed to ensuring the safety, health, and education of students who are high risk of contracting COVID-19.

INCREASED RISK STUDENTS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Parents of children at increased risk for severe illness should discuss with their health care provider whether those students should stay home in case of school or community spread.</p> <p>Consider engaging in homebound (correspondence) or home delivery education.</p>	<p>Students at increased risk of severe illness should consider implementing individual plans for distance learning/e-learning.</p> <p>Consider engaging in homebound (correspondence) or home delivery education.</p>	<p>Extended building closure.</p>

5. PARENT COMMUNICATION PLAN

It is critical that MSBSD and schools communicate effectively with parents and guardians. From the Superintendent to Principals to teachers, all staff are responsible for communicating important messages timely and in a manner that can be easily understood by the audience.

DISTRICT-LEVEL COMMUNICATION

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Regular communication about risk levels and protocols are provided via the District website and social media.</p>	<p>Regular, up-to-date communication about risk levels and protocols are provided via the District website and social media.</p> <p>Timely, critical communication to staff and families will occur through all available platforms when District shifts between risk areas occur.</p>	<p>Timely, critical communication to staff and families will occur through all available platforms when District shifts between risk areas occur.</p>

SITE-LEVEL COMMUNICATION

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Larson will communicate with parents through a variety of methods:</p> <ul style="list-style-type: none"> • School website • Teacher website <ul style="list-style-type: none"> • Newsletters • Recorded Messages <ul style="list-style-type: none"> • Emails • Facebook Page • Communication Apps (Class Dojo) <ul style="list-style-type: none"> • Phone calls 	<p>Larson will communicate with parents through a variety of methods:</p> <ul style="list-style-type: none"> • School website • Teacher website <ul style="list-style-type: none"> • Newsletters • Recorded Messages <ul style="list-style-type: none"> • Emails • Facebook Page • Communication Apps (Class Dojo) <ul style="list-style-type: none"> • Phone calls 	

CLASSROOM-LEVEL COMMUNICATION

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Larson teachers will communicate with parents and provide access through the following:</p> <ul style="list-style-type: none"> • Teacher website <ul style="list-style-type: none"> • Newsletters • Emails • Facebook Page • Communication Apps (Class Dojo) <ul style="list-style-type: none"> • Phone calls 	<p>Larson teachers will communicate with parents and provide access through the following:</p> <ul style="list-style-type: none"> • Teacher website <ul style="list-style-type: none"> • Newsletters • Emails • Facebook Page • Communication Apps (Class Dojo) <ul style="list-style-type: none"> • Phone calls <p><u>Additional Information:</u> Frequency of communication would be increased at yellow level.</p>	

6. COMMON AREA MODIFICATIONS

Each site has places throughout the campus that allow for students to congregate. From arriving at school to passing in the hallway, from playing at recess and eating lunch in the cafeteria, each school must have plans in place to mitigate exposure to COVID-19. See Appendix 1 for special considerations related to some of these modifications.

RECESS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Students will have a 30 minute recess daily</p> <p>Students will be required to maintain a social distance to the extent possible.</p> <p>Masks will be required for students in grades 3-5 as they transition to and from recess. Masks outside at recess will not be required if social distancing guidelines are being respected.</p> <p>Playground equipment will be disinfected at least once daily and in between use as much possible.</p> <p>Each class will be assigned a zone for recess. The three zones are: Playground 1, Playground 2 and Field. Classes will rotate through zones.</p> <p>Classes at recess will not interact/comeingle with PE classes.</p> <p>Students will sanitize hands on the way to and from recess. Students are encouraged to use the restroom on the way out to play.</p> <p>Classes will stagger leaving and entering the building. Grade levels will leave and enter through assigned doors.</p>	<p>**Same as Green</p> <p>Students will have a 30 minute recess daily</p> <p>Students will be required to maintain a social distance to the extent possible.</p> <p>Masks will be required for students in grades 3-5 as they transition to and from recess. Masks outside at recess will not be required if social distancing guidelines are being respected.</p> <p>Playground equipment will be disinfected at least once daily and in between use as much possible.</p> <p><u>Additional Information:</u> Number of classes at recess at a time, will be restricted and assignment of zones will be modified.</p>	<p>Not applicable.</p>

LUNCH

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Teachers will either walk their hot lunch students to the cafeteria (using a staggered schedule) while another adult supervises students eating cold lunch OR staff will deliver hot lunches to classrooms.</p> <p>Students will eat at their assigned seating and will wash their hands thoroughly before and after eating lunch. Students will be instructed how to clean personal area.</p> <p>Masks will not be required while eating lunch.</p> <p>All procedures apply to snacks in the classroom.</p> <p>Students will not be allowed to share food or drinks.</p> <p>Breakfast will be delivered to classrooms.</p> <p>Students will wash hands before and after to eating.</p> <p>Teachers will hand out food to students who have requested breakfast as they arrive. All food handling will be done with gloves.</p> <p>Students will be allowed to keep any leftover food from breakfast for snacks.</p> <p>Any complete meals untouched by students will be returned to kitchen.</p> <p>Students are not allowed to share food or drink.</p>	<p>Teachers will either walk their hot lunch students to the cafeteria (using a staggered schedule) while another adult supervises students eating cold lunch OR staff will deliver hot lunches to classrooms.</p> <p>Students will eat at their assigned seating and will wash their hands thoroughly before and after eating lunch. Students will be instructed how to clean personal area.</p> <p>Masks will not be required while eating lunch.</p> <p>All procedures apply to snacks in the classroom.</p> <p>Students will not be allowed to share food or drinks.</p> <p>Breakfast will be delivered to classrooms.</p> <p>Students will wash hands before and after to eating.</p> <p>Teachers will hand out food to students who have requested breakfast as they arrive. All food handling will be done with gloves.</p> <p>Students will be allowed to keep any leftover food from breakfast for snacks.</p> <p>Any complete meals untouched by students will be returned to kitchen.</p> <p>Students are not allowed to share food or drink.</p> <p><u>Additional Information:</u></p> <p>Staff will adjust to try and provide hot lunches to classrooms to avoid students transporting in the hallways.</p>	<p>Not applicable.</p>

ARRIVAL/DISMISSAL

LOW RISK	MEDIUM RISK	HIGH RISK
<p>NO EARLY ARRIVAL</p> <p>School doors open @ 9</p> <p>Traditional high fives suspended due COVID.</p> <p>Students will be greeted with air high fives or alternative non-contact greetings.</p> <p>Larson has a new Doorbell System. Information regarding the doorbell process was sent home in early June and will be sent again in August.</p> <p>All students in grades 3-5 and staff are required to be masked upon entry of the building.</p> <p>Students in grades 3-5 will be required to wear a mask on the bus.</p> <p><u>Morning Arrival</u></p> <p>Bus Students will be staggered release from buses and students will walk into the building as instructed by staff.</p> <p>Once in the building students in grades K-2 will go to the left and go down the ramp to their classrooms. Students in 3-5 will go right in the hallway and upstairs to their classrooms.</p> <p>Staff will be present in the hallways to supervise and help students adhere to social distancing and getting to classes in a timely manner.</p> <p><u>Morning DROP OFF:</u></p> <p>Parents drop off students at curbside. Students will walk directly to the building.</p>	<p>NO EARLY ARRIVAL</p> <p>School doors open @ 9</p> <p>Traditional high fives suspended due COVID.</p> <p>Students will be greeted with air high fives or alternative non-contact greetings.</p> <p>Larson has a new Doorbell System. Information regarding the doorbell process was sent home in early June and will be sent again in August.</p> <p>All students in grades 3-5 and staff are required to be masked upon entry of the building.</p> <p>Students in grades 3-5 will be required to wear a mask on the bus.</p> <p><u>Morning Arrival</u></p> <p>Bus Students will be staggered release from buses and students will walk into the building as instructed by staff.</p> <p>Once in the building students in grades K-2 will go to the left and go down the ramp to their classrooms. Students in 3-5 will go right in the hallway and upstairs to their classrooms.</p> <p>Staff will be present in the hallways to supervise and help students adhere to social distancing and getting to classes in a timely manner.</p> <p><u>Morning DROP OFF:</u></p> <p>Parents drop off students at curbside. Students will walk directly to the building.</p>	<p>Not applicable.</p>

ARRIVAL/DISMISSAL (CONTINUED)

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Once in the building students in grades K-2 will go to the left and go down the ramp to their classrooms. Students in 3-5 will go right in the hallway and upstairs to their classrooms.</p> <p>Staff will be present in the hallways to supervise and help students adhere to social distancing and getting to classes in a timely manner.</p> <p><u>DAYCARE ARRIVAL:</u> Same as curbside and Bus.</p> <p><u>DISMISSAL:</u> Students will be dismissed from classrooms to Parent Curb Side Pick Up starting at 3:30 p.m. Parents will use FAST LANE from School Dismissal Manager.</p> <p>Larson will be providing families with the details of the management system prior to the first day of school.</p> <p>Students will be dismissed from classrooms to busses based on bus number/cohort.</p> <p>Staff will be present to supervise/assist students on their way to buses.</p> <p>Buses will leave Larson approximately 4:00 pm.</p>	<p>Once in the building students in grades K-2 will go to the left and go down the ramp to their classrooms. Students in 3-5 will go right in the hallway and upstairs to their classrooms.</p> <p>Staff will be present in the hallways to supervise and help students adhere to social distancing and getting to classes in a timely manner.</p> <p><u>DAYCARE ARRIVAL:</u> Same as curbside and Bus.</p> <p><u>DISMISSAL:</u> Students will be dismissed from classrooms to Parent Curb Side Pick Up starting at 3:30 p.m. Parents will use FAST LANE from School Dismissal Manager.</p> <p>Larson will be providing families with the details of the management system prior to the first day of school.</p> <p>Students will be dismissed from classrooms to busses based on bus number/cohort.</p> <p>Staff will be present to supervise/assist students on their way to buses.</p> <p>Buses will leave Larson approximately 4:00 pm.</p> <p><u>Additional Information:</u> On Yellow, students will be spread out to single lines as they enter the building.</p>	<p>Not applicable.</p>

PASSING TIMES

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Students going to specials (Music, PE, Library) may have their desks/tables sprayed with J-512 after they depart.</p> <p>J-512 is available in every classroom and can be used by the teacher when necessary.</p> <p>Whether passing each other in the hallway or in the classroom, students should refrain from physical contact.</p> <p>In the hallway, students will maintain social distancing, and wear a face covering in accordance with MSBSD Mask Guidelines.</p> <p>Students will be using Hall Passes to travel throughout the building or to the nurse.</p>	<p>Students going to specials (Music, PE, and Library) may have their desks/tables sprayed with J-512 after they depart.</p> <p>J-512 is available in every classroom and can be used by the teacher when necessary.</p> <p>Whether passing each other in the hallway or in the classroom, students should refrain from physical contact.</p> <p>In the hallway, students will maintain social distancing, and wear a face covering in accordance with MSBSD Mask Guidelines.</p> <p>Students will be using Hall Passes to travel throughout the building or to the nurse.</p>	<p>Not applicable.</p>

HALLWAYS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>All hallways/stairwells will have two-way traffic.</p> <p>The master schedule will be revised to minimize number of students transitioning in the hallways at a time.</p> <p>Students will be taught/expected to walk on the right-hand side of the hallway whether in class cohorts or individually.</p> <p>Guide dots may be used to reinforce visual social distancing expectations.</p>	<p>All hallways/stairwells will have two-way traffic.</p> <p>On Yellow, the master schedule will be revised to further minimize number of students transitioning in the hallways at a time. Schedules may be staggered even further.</p> <p>Students will be taught/expected to walk on the right-hand side of the hallway whether in class cohorts or individually.</p> <p>Guide dots may be used to reinforce visual social distancing expectations.</p>	<p>Not applicable.</p>

LOCKERS

LOW RISK	MEDIUM RISK	HIGH RISK
Not applicable.	Not applicable.	Not applicable.

BATHROOMS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>*All students MUST wash hands with soap and water for a minimum of 20 seconds after using the restroom.</p> <p>Hand Sanitizer is NOT a replacement for handwashing.</p> <p>Grade Levels will be assigned bathroom locations. Students are discouraged from using alternatives unless an emergency.</p> <p>Specialists will allow students to use their assigned bathrooms.</p> <p>PE classes will use the locker room when inside for PE.</p> <p>Types of Bathroom Breaks include Whole Group and Individual.</p> <p>Whole Group: Students will maintain social distance in hallway while waiting for bathroom. Teachers will allow 2 students in bathroom at a time.</p> <p>Girl's bathrooms have multiple stalls but classes will use 2 stalls at a time to minimize # of students in the room.</p> <p>Boy's bathrooms have a stall and multiple urinals. Two students will be allowed in the bathroom at a time and encourage to have one use the stall and one the urinal.</p>	<p>*All students MUST wash hands with soap and water for a minimum of 20 seconds after using the restroom.</p> <p>Hand Sanitizer is NOT a replacement for handwashing.</p> <p>Grade Levels will be assigned bathroom locations. Students are discouraged from using alternatives unless an emergency.</p> <p>Specialists will allow students to use their assigned bathrooms.</p> <p>PE classes will use the locker room when inside for PE.</p> <p>Types of Bathroom Breaks include Whole Group and Individual.</p> <p>Whole Group: Students will maintain social distance in hallway while waiting for bathroom. Teachers will allow 2 students in bathroom at a time.</p> <p>Girl's bathrooms have multiple stalls but classes will use 2 stalls at a time to minimize # of students in the room.</p> <p>Boy's bathrooms have a stall and multiple urinals. Two students will be allowed in the bathroom at a time and encourage to have one use the stall and one the urinal.</p>	<p>Not applicable.</p>

BATHROOMS (CONTINUED)

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Handwashing is required: 2 students at a time will be allowed at on separate sides of the sink.</p> <p>Students will be taught to use their wrist or arm to pump paper towel dispenser.</p> <p>Individual Bathroom Breaks: Students will be required to sign out/check out with teacher. Students will look for STOP SIGN on bathroom door. If the bathroom is occupied the student will wait on the marker outside of the bathroom and enter only when the bathroom is empty.</p> <p>Same procedures for whole group handwashing apply.</p> <p>Students must sign in/check back in with teacher.</p>	<p>Handwashing is required: 2 students at a time will be allowed at on separate sides of the sink.</p> <p>Students will be taught to use their wrist or arm to pump paper towel dispenser.</p> <p>Individual Bathroom Breaks: Students will be required to sign out/check out with teacher. Students will look for STOP SIGN on bathroom door. If the bathroom is occupied the student will wait on the marker outside of the bathroom and enter only when the bathroom is empty.</p> <p>Same procedures for whole group handwashing apply.</p> <p>Students must sign in/check back in with teacher.</p>	<p>Not applicable.</p>

SHARED SUPPLIES

LOW RISK	MEDIUM RISK	HIGH RISK
<p>To the extent possible sharing of classroom supplies will not be allowed.</p> <p>Students are encouraged to bring their own supplies to be kept in their backpack or personal cubby or desk/table area.</p> <p>If a family needs General School Supplies, please contact the school.</p> <p>Larson is providing each child at school a personalized cinch sack to carry library books/materials. The sack can be hung on the back of the chair.</p> <p>ALL SUPPLIES, PE SHOES, AND OUTSIDE GEAR NEED TO BE LABELED.</p>	<p>To the extent possible sharing of classroom supplies will not be allowed.</p> <p>Students are encouraged to bring their own supplies to be kept in their backpack or personal cubby or desk/table area.</p> <p>If a family needs General School Supplies, please contact the school.</p> <p>Larson is providing each child at school a personalized cinch sack to carry library books/materials. The sack can be hung on the back of the chair.</p> <p>ALL SUPPLIES, PE SHOES, AND OUTSIDE GEAR NEED TO BE LABELED.</p>	<p>Not applicable.</p>

SHARED SUPPLIES (CONTINUED)

LOW RISK	MEDIUM RISK	HIGH RISK
Parents will need to provide weather appropriate gear for their child due to frequency of going outside.	Parents will need to provide weather appropriate gear for their child due to frequency of going outside.	Not applicable.

LIBRARY MATERIALS

LOW RISK	MEDIUM RISK	HIGH RISK
Library books will be checked out as normal. When returned will be quarantined/sanitized for 72 hours before put back into circulation.	Library books will be checked out as normal. When returned will be quarantined/sanitized for 72 hours before put back into circulation.	Not applicable.
Grades 3-5 will be taught how to check out their own books.	Grades 3-5 will be taught how to check out their own books.	
Librarian will check out books for K-2.	Librarian will check out books for K-2.	

SPECIALS CLASSES

LOW RISK	MEDIUM RISK	HIGH RISK
Classes will walk to Specials, practicing social distancing, one-way traffic, and staggered releases, if needed	<p><u>Additional Information:</u></p> <p>Specials Rotation will be a weekly rotation starting November 4 until further notice.</p>	Not applicable.

PHYSICAL EDUCATION

LOW RISK	MEDIUM RISK	HIGH RISK
<p>PE will be outside as much as possible and all PE classes will adhere to social distancing requirements. Students in grades 3-5 will be required to wear their mask during the transition to and from PE. Masks will be worn during PE only when appropriate.</p> <p>Parents of students in grades 3-5 are encouraged to send more than one mask a day in case it gets wet/dirty.</p> <p>Students need to be prepared to be outside daily.</p> <p>PE students will use locker room bathrooms.</p> <p>Time will be allotted to sanitize equipment between classes when appropriate.</p> <p>Activities will be designed in accordance with the CDC guidelines.</p>	<p>Additional Information:</p> <p>Specials Rotation will be a weekly rotation starting November 4 until further notice.</p>	<p>Not applicable.</p>

MUSIC

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Choir is postponed. Music classes will be held with the stage doors open, in the gym or outside whenever possible.</p> <p>Band will be offered. Band will be held in the gym, with distancing protocols in place and the schedule will be designed to have small groups meeting each day of the week.</p> <p>Students will be spread out to 10 feet of distance if singing.</p>	<p>Additional Information:</p> <p>Specials Rotation will be a weekly rotation starting November 4 until further notice.</p>	<p>Not applicable.</p>

CAFETERIA

LOW RISK	MEDIUM RISK	HIGH RISK
Students will not be eating in the gym. Breakfast and lunch will be eaten in classrooms.	Students will not be eating in the gym. Breakfast and lunch will be eaten in classrooms.	Not applicable.

7. ATTENDANCE MONITORING/PARENT ENGAGEMENT

Guidelines for attendance monitoring and parent engagement are as follows, regardless of current risk levels:

- Monitor attendance at school daily.
- Track percentage of students completing tasks delivered at home.
- Track percentage of students submitting tasks demonstrating progress.
- Call families who are not engaging and help problem-solve and provide referrals to community resources.
- No rewards for physical "perfect attendance" at school, as this practice might encourage sick students to attend school.

8. SOCIAL-EMOTIONAL NEEDS

In addition to ensuring students' educational needs are met, MSBSD has a responsibility to ensure social-emotional needs are met. From sharing information to helping teach coping skills, social-emotional development is critical to preparing all students for success.

SHARE INFORMATION

LOW RISK	MEDIUM RISK	HIGH RISK
Share information with caregivers about how kids might respond to stress, including information for distinct age groups.	Send information home or share virtually with caregivers about how kids might respond to stress, including information for distinct age groups.	Share information with caregivers virtually about how kids might respond to stress, including information for distinct age groups.

MESSAGING

LOW RISK	MEDIUM RISK	HIGH RISK
Send and reinforce the message that schools and families "are in this together."	Send and reinforce the message that schools and families "are in this together." Reinforce this message by continuing to feed students and families in need, making learning materials available, and increasing access to technology.	In your regular virtual communication with families, it may be useful to normalize stress and mention ways that mental health professionals can help children or caregivers cope with stress. List symptoms that children and families could be experiencing and provide mental health resources.

OUTREACH

LOW RISK	MEDIUM RISK	HIGH RISK
School staff should check in with families through socially distanced means to identify their needs and how the school can help them through the pandemic. Ask, "What do you see at home that you want the school to know to support your child's learning?"	Reach out to families and students to determine what safe methods of communication are most helpful for them and at what time. When checking in, discuss what kinds of options are typically offered to support their student's academic learning and emotional well-being when at school. Consider offering virtual office hours for students and	When reaching out virtually to caregivers, remember that it may have been a long time since caregivers were in school. Consider creating clear daily lists of work for students with easy-to-follow instructions. Caregivers are not familiar with the jargon and acronyms that are normally used with students and colleagues, so write instructions in

PARTNERSHIP

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Share your needs with caregivers and ask for their suggestions and resources to support their student and the entire class. Those who are able to contribute ideas or resources will feel valued by the exchange.</p>	<p>Make the most of this challenging opportunity to forge new bonds with families who may not have partnered with schools in the past. This is an opportunity for caregivers to see that the school cares about the well-being of their child, and for the school to appreciate the efforts of caregivers to reinforce academic goals. Schools will have greater insight into their students' home lives, and caregivers will better understand the daily work that schools do to educate their child.</p>	<p>Seek and utilize input from a wide range of families on important COVID-19-related decisions, such as when and how to re-open a school and with what precautions, how to honor important milestones usually celebrated in school, and to help meet the needs of families in the school community. This may be done via virtual town halls or in smaller virtual focus-groups.</p>

TRAINING

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Share community resources that support family well-being (e.g., food and housing) with teachers and encourage them to share concerns about families with administration.</p>	<p>Consider offering a virtual PD in-service that includes strategies that educators and school staff can use to identify and connect to students and families who appear to be struggling during this time. Ensure that staff understand how a family can access available resources.</p>	<p>Be flexible and understanding if families have difficulties meeting the requests of schools related to their child's education. Consider holding a virtual town hall and provide opportunities for families to provide input into what is working and what is challenging at this time.</p>

ENCOURAGEMENT

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Suggest that families maintain as much of a regular routine as possible and plan family activities, such as going for walks/hikes or playing games together. Make time to ask students about something fun they are doing right now.</p>	<p>Suggest that families develop life skills, such as cooking or gardening, as alternate learning options to promote feelings of control over themselves and their environment and to increase feelings of competence and self-worth. Give students opportunities to share these life skills they are learning at home with others in their class.</p>	<p>Express gratitude and humility to families for inviting educators to "enter their home".</p>

COPING

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Remind families that children benefit tremendously in stressful times by connecting with calm and grounded adults. School staff and parents can both play a vital role in calming children. As a child's anxiety increases, their thinking/learning brain becomes less engaged and their behavior and emotions are more difficult to control and manage.</p> <p>School psychologists and agency counselors are available.</p>	<p>If you have developed successful classroom strategies to help a student cope with stress or anxiety at school, consider sharing those strategies with caregivers to help the student have more success while learning at home.</p> <p>School psychologists and agency counselors are available.</p>	<p>Emphasize that families need to give themselves some space when emotions run high and model how to regulate emotions to help children cope. This coping skill becomes critical to practice regularly during isolation and other stressors often associated with virtual schooling.</p> <p>School psychologists and agency counselors are available (via teletherapy).</p>

9. SCHOOL SCHEDULES

School schedules may be adjusted to allow for more social distancing and reduce possible exposures to COVID-19.

SCHOOL SCHEDULES

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Secondary schools (high school / middle school) will employ a Monday-Thursday three period day with remote learning on Fridays. This mitigation will reduce mixing in secondary schools during in-person learning.</p>	<p>Secondary schools (high school / middle school) will employ a Monday-Thursday three period day with remote learning on Fridays. This mitigation will reduce mixing in secondary schools during in-person learning.</p>	<p>Remote learning.</p>

10. CURRICULUM

Curriculum adjustments may be made based on learning options selected by each family and/or school. Curriculum includes any testing plus the scope and sequence of lesson plans. Families who select At-Home Learning will be encouraged to continue with the model until the semester ends.

CURRICULUM

LOW RISK	MEDIUM RISK	HIGH RISK
<p>In the fall, formative and diagnostic tests should be used to assess essential standards from Q4 of FY2020. Teachers will need to develop recoupment plans based on Q4 learning gaps.</p> <p>Teachers will adjust their 1st-semester scope and sequence and curriculum maps to include essential standards from Q4. As a result, curriculum may need to be compressed and essential standards prioritized per grade level and core subject area.</p> <p>Information gathered should be used to inform instructional interventions. Principals will submit Q1 assessment, remediation, and intervention plans to the Office of Instruction.</p>	<p>Instruction is organized around essential standards identified by teams of teachers.</p>	<p>Instructional focus is narrowed to essential standards identified by teams of teachers in each subject area to be delivered remotely using Google Classroom or Synergy LMS.</p>

AT-HOME LEARNING OPTION

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Parents who select At-Home Learning will have access to district teachers to provide instruction and support for students.</p> <p>Secondary students will use APEX as their primary curriculum.</p> <p>Depending on the school model provided at their school, elementary students will use either the Alaska Statewide Virtual School program (Florida Virtual School) or the District curriculum supported by a teacher for At-Home Learning.</p>	<p>Parents who select At-Home Learning will have access to district teachers to provide instruction and support for students.</p> <p>Secondary students will use APEX as their primary curriculum.</p> <p>Depending on the school model provided at their school, elementary students will use either the Alaska Statewide Virtual School program (Florida Virtual School) or the District curriculum supported by a teacher for At-Home Learning.</p>	<p>Parents who select At-Home Learning will have access to district teachers to provide instruction and support for students.</p> <p>Secondary students will use APEX as their primary curriculum.</p> <p>Depending on the school model provided at their school, elementary students will use either the Alaska Statewide Virtual School program (Florida Virtual School) or the District curriculum supported by a teacher for At-Home Learning.</p>

11. DELIVERY METHODS

Depending on the given Risk level, delivery methods will be adapted to meet community needs.

DELIVERY METHODS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Delivery will occur in-person with each teacher utilizing an active learning management system (LMS). LMS will be either Google Classroom or the Synergy LMS.</p> <p>Teachers will beta test remote learning requirements the first week of school with students and families. This will allow teachers to identify students who do not have access and need additional supports when they are engaged in remote learning from home.</p> <p>Related services provided in-person or via teletherapy.</p>	<p>Small schools can problem-solve individually to determine best options for their site.</p> <p>Related services provided in-person or via teletherapy.</p>	<p>Instruction delivered online for those with connectivity. Paper and pencil work or packets will be provided to families who choose this method or who lack Internet access.</p> <p>Related services provided using common teletherapy platform.</p>

ADDITIONAL SITE-BASED DELIVERY PLANS

LOW RISK	MEDIUM RISK	HIGH RISK

12. MEASUREMENT

Measuring student success is important for teachers and staff to know how to adjust methodology and support outcomes. Without measuring progress, it is nearly impossible to teach effectively.

STANDARDIZED TESTS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>MAP, AIMSweb, PEAKS, and curriculum-based assessments scheduled during school day.</p> <p>Students selecting At-Home Learning are encouraged to participate in Benchmark assessments at school on a scheduled basis.</p>	<p>MAP, AIMSweb, and curriculum-based assessments. Benchmark testing must occur at school to insure standardization.</p> <p>First day of Kindergarten is August 26th.</p>	<p>Virtual proctoring for APEX and high school summary assessments, no standardized assessments.</p> <p>MAP screeners can be administered remotely.</p> <p>No Benchmark testing during remote learning (MAP, AIMSwebPlus.)</p>

13. CAREER & TECHNICAL EDUCATION (CTE)

CTE courses allow students to explore materials and opportunities not otherwise available in a traditional classroom. It is important to allow students to continue with these courses.

ADDITIONAL SITE-BASED DELIVERY PLANS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>In person instruction with proper PPE and precautions made according to the public health mandates and district procedures.</p>		<p>Remote Learning with Project Based Learning focus.</p>

14. INDIVIDUALIZED EDUCATION PLANS (IEPS)

Students with an IEP receive services or support outside of the regular classroom. These services or supports vary from student-to-student. MSBSD is committed to ensuring these students receive the services and supports they need to be successful.

IEPS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Proper PPE in place.</p> <p>In person, on site services.</p> <p>Utilize technology (e.g. Google Classroom or Synergy LMS) and online materials.</p> <p>Review home connectivity needs.</p> <p>IEP meeting options include in-person or e-meeting using a common platform (Zoom).</p> <p>Related services provided in-person or via teletherapy.</p> <p>SSS: Flexible schedule or appointments for high needs related services.</p>	<p>Proper PPE in place.</p> <p>In person, on site services & online services potential.</p> <p>Utilize technology (e.g. Google Classroom or Synergy LMS) and online materials.</p> <p>Review home connectivity needs.</p> <p>IEP e-meeting using common platform (Zoom).</p> <p>Related service provider equipment – headsets, second camera, larger monitors.</p> <p>Use of common teletherapy platform.</p> <p>SSS: Flexible schedule (not on A/B) or appointments for high needs related services.</p>	<p>Remote delivery of instruction.</p> <p>Online teletherapy / distance delivery of services.</p> <p>Utilize technology (e.g. Google Classroom or Synergy LMS).</p> <p>IEP e-meeting using common platform (Zoom).</p> <p>Related service provider equipment – headsets, second camera, larger monitors.</p> <p>Use of common teletherapy platform.</p> <p>Teachers will coordinate classes and learning activities via distance, however exceptions to this may need to occur on rare instances to meet the needs of students that cannot be met remotely-- this will require special planning.</p>

15. GRADUATING SENIORS

Standards are in place to verify that students have successfully met the requirements for graduation. These may be adjusted based on COVID-19 related events, pending School Board approval.

CREDIT REQUIREMENTS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Credit requirements commensurate with BP 6146.1 (a) DIPLOMA REQUIREMENTS FOR GRADUATING CLASSES 2017+ (24.5 credits).</p>	<p>Consider adjustments to recommended class of 2021 graduation requirements.</p>	<p>Consider adjustments to recommended class of 2021 graduation requirements.</p>

16. REMOTE LEARNING SUPPORT

Providing students with remote learning support includes providing or coordinating Internet connectivity, devices, and more.

DEVICES

LOW RISK	MEDIUM RISK	HIGH RISK
Devices provided at school, but checked out to individual students to reduce contact spread.	Devices checked out to individual students to reduce contact spread and provided for take home.	Students have devices at home to access learning.

INTERNET ACCESS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Parents notify school at registration of status of home devices and Internet connectivity.</p> <p>Teachers will identify students without Internet access and develop alternate delivery methods. Key Internet service providers have indicated a continuance of Internet offerings previously provided to support remote learning.</p>	<p>Parents notify school at registration of status of home devices and Internet connectivity.</p> <p>Teachers will identify students without Internet access and develop alternate delivery methods. Key Internet service providers have indicated a continuance of Internet offerings previously provided to support remote learning.</p>	<p>Families without Internet participate in learning via paper/pencil lessons.</p> <p>Teachers will identify students without Internet access and develop alternate delivery methods. Key Internet service providers have indicated a continuance of Internet offerings previously provided to support remote learning.</p>

17. MULTI-TIERED SYSTEMS OF SUPPORT (MTSS)

In order to meet student learning needs, MSBSD provides tiered systems of support. This allows students to participate in more personalized instruction.

TIERED INSTRUCTION

LOW RISK	MEDIUM RISK	HIGH RISK
Tiered Instruction follows MTSS Framework.		Tiered instruction continues remotely. T2 and T3 instructional groups continue remotely. DI programs should be delivered synchronously, if possible.

STUDENT MOVEMENT

LOW RISK	MEDIUM RISK	HIGH RISK
Students move between classrooms for targeted instruction following social distancing and safe hallway procedures established in each school.	Minimize student movement in the building as much as possible. Stagger dismissals and transitions when possible.	Tiered instruction continues remotely. T2 and T3 instructional groups continue remotely. DI programs should be delivered synchronously, if possible.

PROGRESS MONITORING

LOW RISK	MEDIUM RISK	HIGH RISK
Progress Monitoring follows AIMSwebPlus progress monitoring protocol.		No AIMSwebPlus progress monitoring will occur remotely.

CHECK IN/CHECK OUT (CICO)

LOW RISK	MEDIUM RISK	HIGH RISK
CICO follows established site protocols.	CICO follows established site protocols. Consider parent CICO training, as needed.	Consider parent CICO training, as needed.

REFERRALS

LOW RISK	MEDIUM RISK	HIGH RISK
SSS referrals determined by MTSS team.	SSS referrals determined by MTSS team.	No SSS SLD initial referrals during remote learning.



APPENDIX A: SPECIAL CONSIDERATIONS

CLEANING & SANITIZING INFORMATION

Building custodians will be cleaning and disinfecting all classroom and common area frequently touched surfaces at least daily, in accordance with CDC guidelines. Sanitizer and cloths will be placed in each classroom and in other areas throughout the school to also allow staff to wipe down items in classrooms throughout the day. District custodial staff are prepared to disinfect a specific area in a school, if required, during the school day.

The sanitizer utilized in common spaces is J-512. The District has used J-512 in schools for years and the sanitizer is safe for food contact surfaces. To apply: preclean heavily soiled surfaces, apply solution until thoroughly wet, let stand for 3 minutes, and then wipe and let air dry. Safety Data Sheet information for this sanitizer is available by clicking [here](#). When sanitizing electronic devices, please spray the cloth and wipe the device. Please do not spray directly onto an electronic device.

MUSIC/CHOIR CLASSES

- Choir practice and singing can be a high risk activity. Masks are encouraged by the CDC to be worn whenever possible. Consider holding rehearsals outside or in well ventilated spaces. Singers should have ten feet of distance in front of them as singing tends to project respiratory droplets.
- The use of Plexiglas or other barriers when masks are not possible (for instance, brass and woodwind musicians) to shield people in front of the musician may reduce the risk of transmission. Musicians who play other instruments are strongly encouraged per the CDC to wear masks.
- Brass and saxophone musicians must have a plan for emptying water keys in a sanitary way.
- Consider virtual music classes to minimize the risk of viral transmission.

SPORTS, RECESS, FIELDS, & RESTROOMS

- After using the restroom, students and staff must wash hands with soap and water for 20 seconds. Hand sanitizer is not an adequate substitute in this situation. Consider touch-free paper towel dispensers and minimizing touching door handles whenever possible. Discourage storage of any personal items in shared bathrooms.
- Before and after using playground equipment, starting recess, or starting a sports practice or event, students must wash hands or use hand sanitizer.
- Designate playground and shared equipment solely for the use of one cohort at a time. Design recess activities that allow for physical distancing and maintenance of stable cohorts.
- Provide signage and restrict access to outdoor and sports equipment.
- Maintain physical distancing requirements, stable cohorts, and square footage requirements. Masks are encouraged by the CDC to be worn whenever possible.
- Specific plans for risk mitigation should be developed for any sport involving contact or that cannot maintain physical distancing requirements. Plans should be reviewed with the District's medical advisory team and/or public health officials.
- Limit staff rooms, common staff areas, workspaces, and other non-student areas to single person usage where possible and maintain six feet of distance at all times between adults.



APPENDIX B: STUDENT ACTIVITIES

WINTER ACTIVITY MITIGATION PLAN

This appendix is intended to provide guidance for schools in accordance with public health recommendations and mandates.

MSBSD believes and research supports that it is essential to the physical and mental well-being of students to return to physical activity and athletic competition. We recognize that all students may be unable to return to – and sustain – athletic activity at the same time across the state. There will likely be variations in what sports and activities are allowed to take place. This may lead to inequities, however MSBSD endorses the idea of returning students to school-based athletics and activities in any and all situations where it can be done safely.

Points of Emphasis:

- Changes to this plan will be made based on District trends and evidence of COVID-19 transmission as well as local, state, and federal recommendations.
- Schools should not allow meetings, practices, events, or competitions to take place unless all protocols by coaches and advisors can be followed. Administrators must emphasize the need for all coaches and participants who have signs or symptoms of illness to stay home to decrease risk of viral transmission.
- Participants should be arranged in small cohorts as much as possible (e.g. separate practices for C, JV, and Varsity teams).
- Student-athletes, parents, and schools must be prepared for periodic activity closure, including the possibility of teams having to isolate or quarantine due to COVID-19 transmission.
- Transmissions among a team (two or more connected cases) will lead to an extended shutdown of the activity, up to and including season cancellation.
- “Vulnerable individuals” are defined by CDC as people age 65 years and older and others with serious underlying health conditions, including, but not limited to, high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune systems are compromised such as by chemotherapy for cancer and other conditions requiring such therapy. It is recommended that “vulnerable individuals,” including coaches, student participants, staff and officials, consult with their health care provider to determine whether participation in activities or events is prudent under the circumstances. Request for reasonable accommodations should be considered in accordance with the Americans with Disabilities Act and Alaska law.

ACTIVITY RISK TIERS

TIER 1	TIER 2	TIER 3
<p>Activity that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by participants.</p>	<p>Activity that involves close sustained contact, but with protective equipment in place that may reduce the likelihood of viral transmission between participants, or intermittent close contact, or the use of equipment that cannot be cleaned between participants.</p>	<p>Activity that involves close sustained contact between participants and lack of significant protective barriers.</p>
<p><i>Examples:</i> Swimming individual events, Cross Country Running, Rifle, Nordic Ski, Cheer (no stunting), Esports, Track & Field individual running and throwing events, DDF individual events.</p>	<p><i>Examples:</i> Tennis, Flag Football, Swimming relays, Volleyball, Gymnastics, Bowling, Hockey, Basketball, Baseball, Soccer, Softball, Track & Field relays and jumping events, DDF partner events, Music solos.</p>	<p><i>Examples:</i> Football, Cheer stunting, Wrestling, Music duets or larger groups.</p>

PRACTICE

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Essential personnel only (coaches, athletes, administrators, officials) during preseason workouts, open gyms, practices, and competitions. Competitions will be livestreamed</p> <p>When not exercising or competing, participants should maintain social distancing.</p> <p>Spectators will be allowed to watch competitions in-person on a limited basis.</p> <p>A minimum of 20 minutes between the end of an event and the beginning of a subsequent event will be maintained to allow for proper cleaning.</p> <p>All touch points (e.g. door handles/door push bars) must be cleaned by the departing coach/sponsor (open gyms, weightlifting, practices).</p>	<p>Essential personnel only (coaches, athletes, administrators, officials) during preseason workouts, open gyms, practices, and competitions. Competitions will be livestreamed</p> <p>When not exercising or competing, participants should maintain social distancing.</p> <p>Spectators will be allowed to watch competitions in-person on a limited basis.</p> <p>A minimum of 20 minutes between the end of an event and the beginning of a subsequent event will be maintained to allow for proper cleaning.</p> <p>All touch points (e.g. door handles/door push bars) must be cleaned by the departing coach/sponsor (open gyms, weightlifting, practices).</p>	<p>In person school is canceled – students engage in remote learning.</p> <p>All activities cease.</p> <p>Maintaining virtual contact with participants is encouraged.</p>

PRACTICE, OPEN GYMS, WEIGHTLIFTING, AND COMPETITIONS (CONTINUED)

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Administrators or designee oversee touch point cleaning during competitions.</p> <p>Each school must establish set-up and take-down procedures that adhere to all social distancing and equipment protocols.</p>	<p>Administrators or designee oversee touch point cleaning during competitions.</p> <p>Each school must establish set-up and take-down procedures that adhere to all social distancing and equipment protocols.</p>	<p>In person school is canceled – students engage in remote learning</p> <p>All activities cease</p> <p>Maintaining virtual contact with participants is encouraged.</p>

PARTICIPANT SCREENING

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Athletes will be screened using the COVID-19 athlete monitoring form. Athletes with symptoms will not be admitted.</p> <p>There should be a designated individual on site responsible for monitoring and following all screening, cleaning, and social distancing protocols.</p>	<p>Athletes will be screened using the COVID-19 athlete monitoring form. Athletes with symptoms will not be admitted.</p> <p>There should be a designated individual on site responsible for monitoring and following all screening, cleaning, and social distancing protocols.</p>	<p>All activities cease.</p> <p>Maintaining virtual contact with participants is encouraged.</p>

FACILITY CLEANING

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Cleaning and disinfecting must be conducted in compliance with CDC protocols</p> <p>Hand sanitizer should be plentiful and available to individuals as they transfer from place to place.</p> <p>Locker rooms will be cleaned and sanitized prior to and after the event.</p> <p>Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.</p>	<p>Cleaning and disinfecting must be conducted in compliance with CDC protocols</p> <p>Hand sanitizer should be plentiful and available to individuals as they transfer from place to place.</p> <p>Locker rooms will be cleaned and sanitized prior to and after the event.</p> <p>Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.</p>	<p>All activities cease.</p>

FACILITY & EQUIPMENT

LOW RISK	MEDIUM RISK	HIGH RISK
<p>All athletic equipment, (including balls, team benches, mats, etc.) should be cleaned intermittently during use. (Intermittently - every 10 min) Hand sanitizer should be plentiful and available to all participants.</p> <p>Teams are encouraged to limit locker room use. For example, visiting teams should come dressed and ready to compete.</p>	<p>All athletic equipment, (including balls, team benches, mats, etc.) should be cleaned intermittently during use. (Intermittently - every 10 min) Hand sanitizer should be plentiful and available to all participants.</p> <p>Teams are encouraged to limit locker room use. For example, visiting teams should come dressed and ready to compete.</p>	<p>All activities cease.</p>

FACE COVERINGS

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Face coverings are required during indoor activities and outdoor activities where social distancing cannot be maintained. As approved by NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others. Specific medical exemptions from this requirement will be granted. The exemption must be in writing from a participant's treating primary care physician, or a mutually agreed upon medical provider with expertise in the underlying medical condition. In such cases, reasonable accommodations will be made to the maximum extent possible, consistent with the need to protect the health and safety of all participants.</p>	<p>Face coverings are required during indoor activities and outdoor activities where social distancing cannot be maintained. As approved by NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others. Specific medical exemptions from this requirement will be granted. The exemption must be in writing from a participant's treating primary care physician, or a mutually agreed upon medical provider with expertise in the underlying medical condition. In such cases, reasonable accommodations will be made to the maximum extent possible, consistent with the need to protect the health and safety of all participants.</p>	<p>All activities cease.</p>

INDIVIDUAL HYGIENE

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts.</p> <p>Have your own water bottle. Water bottles must not be shared. Food should not be shared.</p> <p>All individuals should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.</p>	<p>Wash your hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts.</p> <p>Have your own water bottle. Water bottles must not be shared. Food should not be shared.</p> <p>All individuals should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.</p>	<p>All activities cease.</p>

BY ACTIVITY

LOW RISK	MEDIUM RISK	HIGH RISK
<p>Tier 1, 2 & 3 – practice can be held using the low risk protocols.</p>	<p>Tier 1, 2 & 3 – practice can be held using the medium risk protocols.</p>	<p>All activities cease.</p>



APPENDIX C: FACE MASK GUIDELINES

Mat-Su Borough School District facilities will require face masks be worn. Public health experts, both locally and nationally, emphasize the importance of mask use as a component of mitigating the spread of COVID-19. According to the Centers for Disease Control and Prevention (CDC), masks are a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the mask coughs, sneezes, talks, or raises their voice. This is called source control. COVID-19 can spread by people who do not have symptoms and do not know that they are infected. That's why it's important for everyone to wear masks in public settings and practice social distancing (staying at least 6 feet away from other people).

Based upon this guidance, Mat-Su Borough School District has adopted the following mask requirement. All students in grades 3-12 and all employees will be required to wear face masks at all times in public areas and shared workspaces with limited exceptions. All visitors, volunteers and facility use participants will also be required to wear face masks in accordance with these guidelines. Students in grades PK-2 will be encouraged to wear masks. Consistent mask use provides us the best opportunity to keep in-person learning available to students and families. Staff are expected to model proper mask use throughout the school day. Details and exemptions are outlined below.

Face masks – refers to a cloth or paper face covering that will cover the wearer's nose and mouth. Respirators/masks with an exhalation valve are not considered acceptable alternatives in compliance with this requirement. Face shields with a cloth or paper surround which covers the wearer's chin and sides of the face are acceptable alternatives in compliance with this requirement.

All students and staff will receive a cloth mask at the beginning of the school year. Individuals will not be required to wear the District issued mask and can use a mask of their choosing as long as the mask covers the wearer's nose and mouth, secures under the chin, fits snugly against the sides of the face and is free from words or insignia which are prohibited as outlined in the [District's Student Rights and Responsibilities Policy](#).

Information regarding how to safely wear, remove and clean cloth masks is available on the attached flyer. The more time students and staff spend in a mask the more effective this mitigation strategy will be at keeping schools open for in-person learning. In addition, to the attached the CDC recommends the following regarding masks at school.

- Individuals should refrain from touching their mask while wearing them and, if they do, they should wash their hands or use hand sanitizer if soap and water are not available.
- Staff should wash or sanitize hands before and after helping a student put on a mask.
- Masks should not be worn if they are wet.
- Masks should never be shared or swapped.
- Masks should be clearly identified with the wearer's names or initials to avoid confusion or swapping.



APPENDIX C: FACE MASK GUIDELINES

Mask breaks for students:

- Mask usage for every second of the day is not a reasonable standard.
- Any student who expresses that they are having trouble breathing should be provided a location where they can be socially distanced to take a mask break.
- Any student who requests a mask break should be provided a location where they can be socially distanced to take a mask break.
- All students will be offered multiple mask breaks throughout the day.
 - Mask breaks can only occur when proper social distancing can be maintained:
 - Such as when students are seated in a classroom with appropriate social distancing between all students and staff;
 - AND efforts should be made to schedule mask breaks during activities that are safer for mask breaks like during silent reading;
 - OR in an outside environment where social distancing can be maintained like on a class walk, or recess.
 - Additional mask breaks can be incorporated into the day based upon teacher discretion provided that social distancing requirements and activity standards are maintained throughout the break.

Mask wearing exemptions:

- When alone in an office, classroom or individual workspace.
- When outside and social distancing standards can be maintained.
- When engaged in high intensity physical activity.
- When eating or drinking.
- When experiencing trouble breathing or are unconscious.
- When incapacitated or otherwise unable to remove the cloth face covering without assistance.
- Children younger than 2 years old.
- Individuals who are or are caring for someone who is deaf or hard of hearing and rely on lipreading to communicate.
- Individuals with special educational or healthcare needs, including intellectual and developmental disabilities, mental health conditions, and sensory concerns or tactile sensitivity.

Students who are unable to wear a mask because of an underlying health condition or other medical reason should submit medical documentation to the school nurse for review. Employees who are unable to wear a mask because of a health condition or other medical reason must contact their supervisor. Employees will be asked to request an accommodation by completing the ADA Medical Inquiry Form and the ADA Request for Accommodations form which can be found [here](#).

Face shields may be an approved substitute for face masks in some situations but are not a substitute generally. The CDC does not recommend the use of face shields for normal everyday



APPENDIX C: FACE MASK GUIDELINES

activities or as a substitute for cloth face coverings. If face shields are approved for use without a mask, they should wrap around the sides of the wearer's face and extend below the chin.

Student mask non-compliance:

- Students who forget their mask will be provided with a mask for the day.
- Students who refuse to wear their mask in school, or students whose parents will not allow them to wear a mask based upon their family's preference will be contacted by school administration to arrange for at-home learning.

Examples of acceptable face masks:



Examples of unacceptable face masks:





APPENDIX D: TRANSPORTATION

GENERAL GUIDELINES

Both in a low and medium risk setting, the following additional mitigations will remain in place. If the District enters the high-risk category, pupil transportation will be suspended and busing may be employed for home meal delivery.

- All students will be assigned seats to promote social distancing. Students from the same household may share seats.
- Students, drivers, attendants, and monitors are required to wear masks except while driving.
- High touch areas on buses will be sanitized after each morning and afternoon route (e.g. handrails, top of seats, window latches, etc.)
- Confirmed COVID-19 cases onboard a bus will prompt the bus to be removed from service and deep cleaned.
- Drivers will enforce student spacing when embarking and disembarking the bus.
- Pupil transportation routes will be assigned a natural stagger time for a more staggered flow into the buildings for morning drop-off.
- Special Education equipment will be assigned to individual students whenever possible (i.e. no equipment sharing).
- When a bus reaches 65% capacity, the District Transportation Office will communicate with parents on that route to advise that social distancing is very limited.
- Encourage students with health risks to plan for parent transportation, or special education/504 special transportation.



APPENDIX E: FOOD SERVICE

GENERAL GUIDELINES

Low Risk:

- Utilize disposable trays or reusable trays/baskets that can be disinfected (heat or chemical).
- Food trays to be 100% filled by server-cashiers before handing to students (no self-serving).
- Nutrition Services (NS) staff wear face shields or utilize sneeze guards when serving students and at cash register.
- Disposable gloves will be worn by all NS employees.
- Hand sanitizer stations are available near kitchen area.
- Students will wash hands prior to entering the serving area.
- MSBSD will provide cutlery dispensers or prepackaged cutlery packs for students.
- Students self-scan ID cards and keep them. No cash transactions.
- Social distancing in effect while in line/during service time using line stanchions or tape on floor.
- If school choose to eat in classrooms, school administration should coordinate with NS staff unless students come down to get their meal and then walk back to classroom.

Medium Risk:

- Access to kitchens/coolers/freezers will be limited to NS staff.

High Risk:

- "Grab and Go" centers with bus and home delivery will be utilized to continue serving students.



APPENDIX F: SCHOOL DECISION TREE

