

Meals Percentage Report

Core Elem, Combined (B NOV 16 ELEM BREAKFAST,
 Week 1) AND (L ELEM WEEK 2 NOV 16, Week 1)
 Serving Group - K-6 Combined

RDA Dataset - Mat-Su Combined
 Calculation Method - Weighted Averaging

Nutrients Summary					
Nutrient	Standard Value	Actual Value	% of Calories	% of Standard	Shortage / Overage
FE (Kcal)	581.36	591.66 (M)		101.77%	
Fat (g)*		17 (M)	25.86%	86.2%	
Sfat (g)*		5.58 (M)	8.49%	84.98%	
TFat (g)		.01 (M)	0.01%		
Chol (mg)		50.07 (M)			
Na (mg)		899.7 (M)			
Carb (g)		88.36 (M)	59.74%		
TDF (g)		4.87 (M)			
Pro (g)	8.56	21.94 (M)	14.84%	256.4%	
Fe (mg)	3.05	3.62 (M)		118.69%	
Ca (mg)	250.14	399.06 (M)		159.53%	
A,RE	195.79	281.35 (M)		143.7%	
A,IU	978.93	1947.37 (M)		198.93%	
VitC (mg)	13.34	21.82 (M)		163.62%	
Mois (g)		51.18 (M)			
Ash (g)		.83 (M)			

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
<i>Menu: Breakfast Day 1 - B NOV 16 ELEM BREAKFAST week1 day1 (100 meals)[Standard not met]</i>																	
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Cereal, Cinnamon Toasters 96 ct (1 ea.)	20	120.000	3.500	0.500	0.000	0.000	130.000	22.000	1.000	1.000	9.000	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Frosted Flakes 96 (1 ea.)	20	96.023	0	0	0	0	144.035	22.405	0.800	1.600	3.601	0	120.029	600.145	12.003	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Cereal, Honey Graham Squares 96 (1 ea.)	20	120.000	3.000	0.000	0.000	0.000	250.000	24.000	1.000	1.000	9.000	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Honey Nut Cheerios 96 (1 ea.)	20	110.000	1.500	0.000	0.000	0.000	190.000	22.000	2.000	3.000	4.500	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Rice Krispie 96/cs (1 ea.)	10	69.998	0.000	0.000	(M)	0.000	173.999	15.998	0.000	0.999	0.999	2.999	55.600	277.999	3.499	0.540	0.270
Cereal, Tootie Fruitie 96 (1 ea.)	10	90.000	0.500	0.000	0.000	0.000	100.000	19.000	1.000	1.000	5.400	60.000	60.000	300.000	3.600	(M)	(M)
Juice, Apple 4oz (1 ea.)	60	60.000	0.000	0.000	(M)	(M)	10.000	14.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Juice, OJ 70/4 oz/cs (1 ea.)	40	50.000	0.000	0.000	(M)	(M)	0.000	13.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Daily Average	0	275.204	4.650	1.900	0.00(M)	15.600(M)	300.207	47.781	1.060(M)	9.520	5.860(M)	350.300(M)	176.086(M)	1177.829(M)	67.870	0.054(M)	0.027(M)
% of Calories	0		15.21%	6.21%	0%			69.45%		13.84%							

Menu: Lunch Day 1 - L ELEM WEEK2 DAY 1 NOV 16 (copy for L ELEM WEEK 2 (100 meals)[Standard not met]

HP French Toast Sticks & Sausage Links (1 ea.)	100	450.000	22.650	6.750	0.000	80.310	1002.000	31.200	2.250	28.650	2.700	58.800	5.820	29.100	0.540	0.000(M)	0.000(M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Applesauce Cup, Cinn 4 oz (1 ea.)	100	120.000	0.000	0.000	0.000	0.000	15.000	30.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Cracker, Lemon Dinosaur Grahams, 300/0.9oz (1 ea.)	100	104.890	3.000	0.470	0.050	0.000	85.450	17.930	0.170	1.390	1.620	10.000	50.000	250.000	3.600	(M)	(M)
PC Pancake Syrup (1 ea.)	100	120.000	0.000	0.000	0.000	0.000	25.000	31.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	932.090	25.925	7.385	0.050(M)	86.340	1302.150	135.710	4.420	38.940	4.320	368.000	154.846	789.100	5.338	0.00(M)	0.00(M)
% of Calories	0		25.03%	7.13%	0.05%			58.24%		16.71%						0%	0%

Menu: Breakfast Day 2 - B NOV 16 ELEM BREAKFAST week1 day2 (100 meals)[Standard not met]

Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Bagel, Plain (1 ea.)	100	230.000	1.000	0.000	(M)	0.000	390.000	47.000	2.000	8.000	1.800	150.000	0.000	0.000	0.000	(M)	(M)
Raisin Snack box (1 small box (1.5 oz))	100	128.570	0.198	0.026	(M)	0.000	4.730	34.047	1.591	1.320	0.808	21.500	0.430	0.000	0.989	6.635	0.796
PC Cream Cheese, plain 100/1oz (1 ea.)	80	30.000	0.000	0.000	0.000	1.000	160.000	3.000	0.000	4.000	0.000	60.000	80.000	400.000	0.000	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
PC Cream Cheese, Strawberry 100/0.75oz (2 ea.)	20	140.000	12.000	8.000	0.000	40.000	110.00 0	6.000	0.000	2.000	0.000	0.000	80.000	400.00 0	0.000	(M)	(M)
Daily Average	0	524.570	6.598	3.426	0.00(M)	24.400	668.73 0	97.247	3.591	20.920	2.608	503.50 0	160.95 0	1100.0 00	2.149	6.635 (M)	0.796 (M)
% of Calories	0		11.32%	5.88%	0%			74.15%		15.95%							
<i>Menu: Lunch Day 2 - L Elem Week 1 Day 2 Nov 17 (copy for L ELEM WEEK 2 (100 meals)[Standard not met]</i>																	
HP Chicken Nuggets & Mixed Vegetables (1 ea.)	100	253.600	13.000	3.500	0.000	85.000	484.80 0	17.720	2.120	14.680	2.002	40.000	152.00 0	760.00 0	3.888	0.000 (M)	0.000 (M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
CP Pineapple Tidbits and Dinner Roll (1 ea.)	100	215.689	2.531	0.541	0.000 (M)	1.452 (M)	389.02 9	44.124	1.753	5.200	2.065	30.925	21.744 (M)	108.73 0(M)	11.256 (M)	21.058 (M)	0.905 (M)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.00 0	0.000	(M)	(M)
Daily Average	0	641.489	19.806	5.206	0.00(M)	92.482 (M)	1088.5 29	87.424	3.873	28.780	4.067	370.12 5	312.77 0(M)	1578.7 30(M)	16.342 (M)	21.058 (M)	0.905 (M)
% of Calories	0		27.79%	7.30%	0%			54.51%		17.95%							
<i>Menu: Breakfast Day 3 - B NOV 16 ELEM BREAKFAST week1 day3 (100 meals)[Standard not met]</i>																	
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
Granola Energy Bar (1 ea.)	100	497.933 (M)	26.197 (M)	9.633 (M)	0.000 (M)	32.508 (M)	114.26 2(M)	64.207 (M)	9.387 (M)	10.140 (M)	4.763 (M)	105.70 4(M)	116.64 6(M)	403.48 0(M)	0.878 (M)	10.971 (M)	2.163 (M)
Juice, Apple 4oz (1 ea.)	50	60.000	0.000	0.000	(M)	(M)	10.000	14.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Juice, OJ 70/4 oz/cs (1 ea.)	50	50.000	0.000	0.000	(M)	(M)	0.000	13.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Daily Average	0	666.933 (M)	29.197 (M)	11.433 (M)	0.00(M)	48.108 (M)	243.26 2(M)	90.307 (M)	9.387 (M)	18.140 (M)	4.763 (M)	389.70 4(M)	197.16 6(M)	1103.4 80(M)	62.038 (M)	10.971 (M)	2.163 (M)
% of Calories	0		39.40%	15.43%	0%			54.16%		10.88%							
<i>Menu: Lunch Day 3 - L Elem Week 2 Day 3 Nov 18 (copy for L ELEM WEEK 2 (100 meals)[Standard not met]</i>																	
Beef Taco Snack (1 ea.)	100	400.000	18.000	9.500	(M)	50.000	1030.0 00	34.000	2.000	18.000	3.700	190.00 0	221.40 0	1107.0 00	10.000	(M)	(M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
CP Peaches & Veggie Sticks (1 ea.)	100	80.697	0.102	0.013	0.000 (M)	0.000	62.325	20.037	3.536	1.455	0.964	34.346	904.554	8256.899	23.785	130.980 (M)	0.593 (M)
PC Taco Sauce (1 ea.)	100	5.000	0.000	0.000	0.000	0.000	95.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	622.897	18.377	9.678	0.00 (M)	56.030	1362.025	80.617	5.536	28.355	4.664	523.546	1224.980	9873.899	34.983	130.980 (M)	0.593 (M)
% of Calories	0		26.55%	13.98%	0%			51.77%		18.21%							

Menu: Breakfast Day 4 - B NOV 16 ELEM BREAKFAST week1 day4 (100 meals)[Standard not met]

Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Applesauce Cup, Cinn 4 oz (1 ea.)	100	120.000	0.000	0.000	0.000	0.000	15.000	30.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Breakfast Muffin, Orange-Pineapple (3 oz.)	100	181.826	2.877	1.256	0.018 (M)	13.530	333.321	37.339	0.740	2.402	1.178	13.549	1.570 (M)	10.042 (M)	2.910	24.058 (M)	1.317 (M)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
Daily Average	0	450.826	9.877	4.056	0.018 (M)	29.130	512.321	79.939	2.740	10.402	1.178	297.549	122.090 (M)	910.042 (M)	4.070	24.058 (M)	1.317 (M)
% of Calories	0		19.72%	8.10%	0.04%			70.93%		9.23%							

Menu: Lunch Day 4 - L Elem Week 2 Day 4 Nov 19 (copy for L ELEM WEEK 2 (100 meals)[Standard not met]

HP Mini Corn Dog Nuggets & Baked Beans (1 ea.)	100	387.500	17.000	4.375	0.000 (M)	31.250	937.500	46.250	5.750	13.250	3.600	170.000	0.000	0.000	0.000	0.000 (M)	0.000 (M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
CP Fruit Cocktail & Tossed Salad (1 ea.)	100	76.074	0.063	0.008	0.000 (M)	0.000	18.744	19.281	1.493	0.371	0.161	14.134	14.541	214.783	1.676	40.629 (M)	0.160 (M)
PC Ketchup (1 ea.)	100	10.000	0.000	0.000	0.000	0.000	100.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Ranch Dressing (2 ea.)	100	140.000	14.000	2.000	0.000	10.000	200.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	750.774	31.338	6.548	0.00 (M)	47.280	1430.944	95.111	7.243	22.521	3.761	483.334	113.567	724.783	2.874	40.629 (M)	0.160 (M)
% of Calories	0		37.57%	7.85%	0%			50.67%		12.00%							

Menu: Breakfast Day 5 - B NOV 16 ELEM BREAKFAST week1 day5 (100 meals)[Standard not met]

Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Apple, Elem (1 small (2 -3/4 dia"))	15	77.480	0.253	0.045	(M)	0.000	1.490	20.577	3.576	0.387	0.179	8.940	7.450	80.460	6.854	127.484	0.283
Banana (1 small (6" to 6-7/8" long))	70	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Pear (1 small)	15	85.840	0.178	0.015	(M)	0.000	1.480	22.881	4.588	0.562	0.252	13.320	2.960	34.040	6.216	123.891	0.488
Yogurt, Peach & Strawberry Assorted (1 ea.)	100	155.000	1.500	1.000	0.000	5.000	90.000	30.000	3.000	5.000	0.000	20.000	0.200	1.000	7.000	(M)	(M)
Daily Average	0	356.421	4.798	2.888	0.00(M)	20.600	215.152	65.266	6.063	13.913	0.249	310.874	87.938	763.423	16.271	90.668(M)	0.695(M)
% of Calories	0		12.12%	7.29%	0%			73.25%		15.61%							
<i>Menu: Lunch Day 5 - L ELEM WEEK 2 DAY 5 NOV 20 (copy for L ELEM WEEK 2 (100 meals)[Standard not met]</i>																	
HP Chicken, Gravy over Mashed Potato & Green Beans (1 ea.)	100	194.662	4.659	1.278	0.000(M)	44.088	1381.659	20.294	2.438	15.432	3.420	78.453	74.949	341.054	2.606	101.628(M)	0.701(M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
CP Peaches & Pumpkin-Raisin Panbread (1 ea.)	100	328.484	10.467	0.856	0.000(M)	30.636(M)	277.358	58.329	2.373	3.627	1.326	16.013	49.130	401.398	2.497	85.065(M)	0.968(M)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
Daily Average	0	695.346	19.401	3.299	0.00(M)	80.754(M)	1873.717	104.203	4.811	27.959	4.746	393.666	263.105	1452.452	6.301	186.693(M)	1.669(M)
% of Calories	0		25.11%	4.27%	0%			59.94%		16.08%							

Legend

(M) - Missing Nutrient Values

* Total Fat not to exceed 30 percent of actual total food energy over a school week. Saturated Fat should be less than 10 percent of actual total food energy over a school week.