

PRICE: Salad, Sand, Wrap - \$ 3.75 EACH
Circle your choice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>HUMMUS W/ FATTOUSH</u> Hummus Pita bread Wedge CHOPPED: Tomato Cucumber Radish Carrots Green Onion</p> <p>or</p> <p><u>TURKEY on WHOLE WHEAT</u> Turkey American Cheese 4" Whole Wheat Bun PC Mustard & Mayo</p>	<p><u>HAM & SWISS SANDWICH</u> Ham 4" Whole Wheat Bun Swiss Cheese PC Mustard & Mayo</p> <p>or</p> <p><u>CHOP CHOP SALAD</u> Romaine Lettuce Provolone Cheese Garbanzo Beans Salami Turkey Tomato Balsamic Vinegar</p>	<p><u>SUB SANDWICH</u> Deli Meats Hoagie Roll American Cheese PC Mustard & Mayo</p> <p>or</p> <p><u>HUMMUS SANDWICH</u> Hummus Focaccia Bread Provolone Cheese Tomato Cucumber Alfalfa Sprouts Pickled Red Onions</p> <p>or</p> <p><u>SOY & SESAME NOODLE SALAD</u> Rice Noodles Edamame Green Onions Carrots Spices</p> <p>or</p> <p><u>HAM & TURKEY WRAP</u> Ham Turkey Cream Cheese Flour Tortilla</p>	<p><u>INTERNATIONAL SUB SANDWICH</u> Pastrami Salami Pepperoni Swiss Cheese Italian Dressing (Red Fat) French Hoagie Roll</p> <p>or</p> <p><u>EGG SALAD IN PITE POCKET</u> Egg Salad Lettuce Pita pocket</p> <p>or</p> <p><u>CHICKEN CAESAR SALAD</u></p>	<p><u>SUB SANDWICH</u> Deli Meats Hoagie Roll American Cheese</p> <p>or</p> <p><u>VEGGIE SUB</u> Veggies American Cheese PC Mustard & Mayo</p> <p>or</p> <p><u>TUNA SALAD SANDWICH</u> Tuna Salad Lettuce 4" Whole Wheat Bun</p> <p>or</p> <p><u>CHEF'S SALAD</u></p>

Ordering Menu

**Please fax order to Nutrition Services by 11:00 AM
 the day prior to your choice**

Fax # 861-5180

Send checks to Nutrition Services via district mail.