

Meals Percentage Report

Core Elem, Combined (B FEB 8, 2010, Week 1) AND (L
ELEM WEEK 6 FEB 8, 2010, Week 1)

RDA Dataset - Mat-Su Combined

Serving Group - K-6 Combined

Calculation Method - Weighted Averaging

Nutrients Summary					
Nutrient	Standard Value	Actual Value	% of Calories	% of Standard	Shortage / Overage
FE (Kcal)	581.36	581.66		100.05%	
Fat (g)*		12.05	18.65%	62.17%	
Sfat (g)*		3.64	5.63%	56.36%	
TFat (g)		.08 (M)	0.12%		
Chol (mg)		52.23 (M)			
Na (mg)		905.92			
Carb (g)		94.84	65.22%		
TDF (g)		4.68 (M)			
Sugar (g)		6.62 (M)	4.55%		
Pro (g)	8.56	24.49	16.84%	286.2%	
Fe (mg)	3.05	3.69 (M)		120.98%	
Ca (mg)	250.14	411.9 (M)		164.67%	
A,RE	195.79	217.6 (M)		111.14%	
A,IU	978.93	1359.48 (M)		138.87%	
VitC (mg)	13.34	27.62 (M)		207.11%	
Mois (g)		36.73 (M)			
Ash (g)		.29 (M)			

Legend

(M) - Missing Nutrient Values

* Total Fat not to exceed 30 percent of actual total food energy over a school week. Saturated Fat should be less than 10 percent of actual total food energy over a school week.

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)
<i>Menu: Breakfast Day 1 - B FEB 8, 2010 week1 day1 (100 meals)[Standard not met]</i>																		
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Cereal, Cheerios 96 (1 ea.)	10	70.000	1.000	0.000	0.000	0.000	130.000	14.000	2.000	(M)	2.000	5.400	60.000	60.000	300.000	3.600	(M)	(M)
Cereal, Cinnamon Toasters 96 ct (1 ea.)	10	120.000	3.500	0.500	0.000	0.000	130.000	22.000	1.000	(M)	1.000	9.000	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Frosted Flakes 96 (1 ea.)	20	96.023	0	0	0	0	144.035	22.405	0.800	(M)	1.600	3.601	0	120.029	600.145	12.003	(M)	(M)
Cereal, Honey Graham Squares 96 (1 ea.)	20	120.000	3.000	0.000	0.000	0.000	250.000	24.000	1.000	(M)	1.000	9.000	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Honey Nut Cheerios 96 (1 ea.)	20	110.000	1.500	0.000	0.000	0.000	190.000	22.000	2.000	(M)	3.000	4.500	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Rice Krispie 96/cs (1 ea.)	10	69.998	0.000	0.000	(M)	0.000	173.999	15.998	0.000	(M)	0.999	0.999	2.999	55.600	277.999	3.499	0.540	0.270
Cereal, Tootie Fruitie 96 (1 ea.)	10	90.000	0.500	0.000	0.000	0.000	100.000	19.000	1.000	(M)	1.000	5.400	60.000	60.000	300.000	3.600	(M)	(M)
Juice, Apple 4oz (1 ea.)	60	60.000	0.000	0.000	(M)	(M)	10.000	14.000	(M)	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Juice, Orange 4 oz, 96 CT (1 ea.)	40	50.000	0.000	0.000	(M)	(M)	0.000	13.000	(M)	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Daily Average	0	270.204	4.400	1.850	0.00(M)	15.600(M)	300.207	46.981	1.160(M)		9.620	5.500(M)	346.300(M)	172.086(M)	1157.829(M)	67.630	0.054(M)	0.027(M)
% of Calories	0		14.66%	6.16%	0%			69.55%		0%	14.24%							
<i>Menu: Lunch Day 1 - L ELEM WEEK 6 FEB 8, 2010 week1 day1 (100 meals) [Standard Met]</i>																		
HP Belgian Waffle Sticks & Sausage Links (1 ea.)	100	395.000	17.900	6.500	0.000(M)	80.310	1064.500	29.200	1.000	(M)	27.900	3.150	108.800	5.820	29.100	0.540	0.000(M)	0.000(M)
Milk, Chocolate FF (1 ea.)	95	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	(M)	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Cracker, Giant Cinn Goldfish Graham (1 ea.)	100	120.000	4.500	1.000	(M)	0.000	105.000	19.000	1.000	(M)	1.000	0.720	0.000	0.000	0.000	0.000	(M)	(M)
Whole Fruit Juice Bar, Orange (1 ea.)	100	40.000	0.000	0.000	0.000	0.000	5.000	10.000	2.000	7.000	0.000	0.000	60.000	350.000	1750.000	60.000	(M)	(M)
PC Pancake Syrup (1 ea.)	100	120.000	0.000	0.000	0.000	0.000	25.000	31.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	813.700	22.550	7.590	0.00(M)	85.840	1376.700	115.480	4.000	7.000(M)	37.850	3.870	468.000	454.846	2289.100	61.738	0.00(M)	0.00(M)
% of Calories	0		24.94%	8.39%	0%			56.77%		3.44%	18.61%						0%	0%

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)
<i>Menu: Breakfast Day 2 - B FEB 8, 2010 week1 day2 (100 meals)[Standard not met]</i>																		
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Bagel, Plain (1 ea.)	100	230.000	1.000	0.000	(M)	0.000	390.000	47.000	2.000	(M)	8.000	1.800	150.000	0.000	0.000	0.000	(M)	(M)
Raisin Snack box (1 small box (1.5 oz))	100	128.570	0.198	0.026	(M)	0.000	4.730	34.047	1.591	(M)	1.320	0.808	21.500	0.430	0.000	0.989	6.635	0.796
PC Cream Cheese, plain 100/1oz (1 ea.)	100	30.000	0.000	0.000	0.000	1.000	160.000	3.000	0.000	(M)	4.000	0.000	60.000	80.000	400.000	0.000	(M)	(M)
Daily Average	0	502.570	4.198	1.826	0.00(M)	16.600	678.730	96.647	3.591		21.320	2.608	515.500	160.950	1100.000	2.149	6.635(M)	0.796(M)
% of Calories	0		7.52%	3.27%	0%			76.92%		0%	16.97%							
<i>Menu: Lunch Day 2 - COOKS CHOICE! (copy for L ELEM WEEK 6 FEB 8, 2010) (100 meals)[Standard not met]</i>																		
HP COOKS CHOICE! (1 ea.)	100	385.396	9.147	1.100	0.000(M)	38.085	1078.353	50.789	5.169	(M)	24.043	4.108	76.937	10.246(M)	51.231(M)	0.055(M)	0.000(M)	0.000(M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	(M)	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
CP Peaches & Carrot-Raisin Panbread (1 ea.)	100	191.953	5.272	1.463	0.000(M)	15.329(M)	118.603	36.658	1.571	0.000(M)	1.823	0.597	17.325	106.369	955.813	2.461	107.190(M)	0.365(M)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	(M)	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
PC Mayonnaise (1 ea.)	50	25.000	2.500	0.000	0.000	0.000	105.000	2.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	762.049	19.944	3.728	0.00(M)	59.444(M)	1464.156	114.027	6.740	0.00(M)	34.766	4.705	393.462	255.641(M)	1717.044(M)	3.714(M)	107.190(M)	0.365(M)
% of Calories	0		23.55%	4.40%	0%			59.85%		0%	18.25%							
<i>Menu: Breakfast Day 3 - B FEB 8, 2010 week1 day3 (100 meals)[Standard not met]</i>																		
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Fruit, Apples 198 ct Elem (1 ea.)	35	52.520	0.172	0.030	(M)	0.000	1.010	13.948	2.424	(M)	0.263	0.121	6.060	5.050	54.540	4.646	86.416	0.192
Fruit, Banana (1 small (6" to 6-7/8" long))	35	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	(M)	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Fruit, Pears, raw 135 ct (1 ea.)	30	85.840	0.178	0.015	(M)	0.000	1.480	22.881	4.588	(M)	0.562	0.252	13.320	2.960	34.040	6.216	123.891	0.488
Yogurt, Peach & Strawberry Assorted (1 ea.)	100	155.000	1.500	1.000	0.000	5.000	90.000	30.000	3.000	(M)	5.000	0.000	20.000	0.200	1.000	7.000	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)
Daily Average	0	344.596	4.730	2.855	0.00(M)	20.600	215.15 1	62.420	6.144		13.646	0.210	311.88 4	86.204	752.92 5	14.726	93.894 (M)	0.503 (M)
% of Calories	0		12.35%	7.46%	0%			72.46%		0%	15.84%							
<i>Menu: Lunch Day 3 - L ELEM WEEK 1 DAY 3 SEPT 30 (copy for L ELEM WEEK (100 meals)[Standard not met]</i>																		
HP Chicken & Bean Burrito (1 ea.)	100	356.046	10.187	2.166	0.001	56.003	533.78 4	49.387	4.665	(M)	16.504	4.044	116.34 0	3.481	263.10 4	2.057	(M)	(M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	(M)	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	(M)	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	(M)	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
CP Pineapple Tidbits & Cake (1 ea.)	100	283.588	6.021	1.644	0.477 (M)	53.242 (M)	252.06 4	54.493	0.750	32.732 (M)	3.322	0.829	20.736	33.370 (M)	166.85 1(M)	11.340	12.630 (M)	0.050 (M)
PC Salsa, mild, cup, 60/2oz 09 (1 ea.)	100	20.000	0.000	0.000	0.000	0.000	440.00 0	4.000	1.000	(M)	1.000	0.360	0.000	40.000	200.00 0	1.200	(M)	(M)
Daily Average	0	796.834	16.483	3.975	0.478 (M)	115.27 5(M)	1400.5 48	133.46 0	6.415	32.732 (M)	29.726	5.233	436.27 6	175.87 7(M)	1139.9 55(M)	15.795	12.630 (M)	0.050 (M)
% of Calories	0		18.62%	4.49%	0.54%			67.00%		16.43%	14.92%							