

Meals Percentage Report

Alternative, Combined (B NOV 2 MV-VP BREAKFAST,
 Week 1) AND (ALT LUNCH WEEK 3 (NOV), Week 1)
 Serving Group - 7-12 Combined

RDA Dataset - Mat-Su Combined
 Calculation Method - Weighted Averaging

Nutrients Summary					
Nutrient	Standard Value	Actual Value	% of Calories	% of Standard	Shortage / Overage
FE (Kcal)	687.67	855.42		124.39%	
Fat (g)*		25.6	26.93%	89.77%	
Sfat (g)*		7.66	8.06%	80.68%	
TFat (g)		.22 (M)	0.23%		
Chol (mg)		81.09 (M)			
Na (mg)		1538.94			
Carb (g)		129.18	60.40%		
TDF (g)		8.87 (M)			
Pro (g)	13.53	30.74	14.38%	227.15%	
Fe (mg)	3.77	11.17 (M)		296.52%	
Ca (mg)	333.33	546.9 (M)		164.07%	
A,RE	250	318.94 (M)		127.58%	
A,IU	1250	2913.66 (M)		233.09%	
VitC (mg)	15.28	36.57 (M)		239.29%	
Mois (g)		129.78 (M)			
Ash (g)		1.63 (M)			

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
<i>Menu: Breakfast Day 1 - B NOV 2 MV-VP BREAKFAST week1 day1 (100 meals)[Standard not met]</i>																	
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Cereal Raspberry Fruit Bar (1 ea.)	100	285.100	8.240	2.360	(M)	9.390	124.830	49.680	(M)	4.260	1.260	18.610	1.804	9.020	0.510	(M)	(M)
Cereal, Honey Nut Scooters 48 (1 ea.)	35	181.911	2.481	0	0	0	347.284	39.690	3.307	3.307	14.884	165.373	165.373	826.867	9.922	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Cereal, Raisin Bran 48/cs (1 ea.)	35	220.000	1.500	0.000	0.000	0.000	340.00 0	48.000	6.000	5.000	9.000	20.000	100.00 0	500.00 0	0.000	(M)	(M)
Cereal, Toasty O's, 48 ct (1 ea.)	30	140.000	2.500	0.000	0.000	0.000	360.00 0	28.000	4.000	4.000	10.800	100.00 0	100.00 0	500.00 0	6.000	(M)	(M)
Juice, Apple 4oz (1 ea.)	50	60.000	0.000	0.000	(M)	(M)	10.000	14.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Juice, OJ 70/4 oz/cs (1 ea.)	50	50.000	0.000	0.000	(M)	(M)	0.000	13.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Daily Average	0	636.769	13.383	4.160	0.00(M)	24.990 (M)	602.37 9	114.87 2	4.457 (M)	16.367	12.859 (M)	397.49 1(M)	205.20 5(M)	1323.4 23(M)	66.943		
% of Calories	0		18.92%	5.88%	0%			72.16%		10.28%						0%	0%

Menu: Lunch Day 1 - ALT LUNCH WEEK 3 (NOV) week1 day1 (50 meals) [Standard Met]

DELI, Fresh Fruit & Yogurt Plate (1 ea.)	35	357.084	4.976	2.642	0.000 (M)	15.000	279.34 3	64.825	6.399	13.330	0.465	266.11 7	93.180	601.20 3	55.083	149.01 5(M)	0.935 (M)
DELI, Turkey Italiano on Wheat Bun (1 ea.)	35	363.220	13.848	5.764	0.000 (M)	55.000	1602.4 80	35.265	2.606	25.426	2.866 (M)	120.98 0(M)	42.000 (M)	863.80 0(M)	6.520 (M)	43.477 (M)	0.235 (M)
Hummus with Fattoush, DELI (1 ea.)	30	392.495	16.045	2.176	0.000 (M)	0.000	693.00 0	52.660	9.068	10.282	2.977	120.60 6	767.45 0	6988.9 46	19.704	153.51 2(M)	1.919 (M)
Milk, Chocolate FF (1 ea.)	45	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
Apple, Raw with Skin, Sec (1 medium (3 dia"))	40	94.640	0.309	0.055	(M)	0.000	1.820	25.134	4.368	0.473	0.218	10.920	9.100	98.280	8.372	155.71 9	0.346
Banana (1 small (6" to 6-7/8" long))	5	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Orange, sec (1 ea.)	5	61.570	0.157	0.026	(M)	0.000	0.000	15.392	3.144	1.231	0.131	52.400	27.510	294.75 0	69.692	113.64 2	0.576
Roll, Dinner (2 1/4 oz.)	50	170.655	2.531	0.541	0.000 (M)	1.452 (M)	381.45 4	32.867	1.002	5.200	1.794	30.919	21.740 (M)	108.70 8(M)	0.006 (M)	21.054 (M)	0.905 (M)
PC Margarine Pat (1 ea.)	50	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.00 0	0.000	(M)	(M)
PC Mayonnaise (1 ea.)	25	25.000	2.500	0.000	0.000	0.000	105.00 0	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Mustard (1 ea.)	25	5.000	0.000	0.000	0.000	0.000	50.000	0.500	0.000	0.700	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	1188.62 3	31.181	8.969	0.00(M)	56.512 (M)	2407.9 87	185.28 9	16.818	48.360	6.126 (M)	687.13 2(M)	725.72 7(M)	6162.1 41(M)	70.692 (M)	391.41 1(M)	3.293 (M)
% of Calories	0		23.61%	6.79%	0%			62.35%		16.27%							

Menu: Breakfast Day 2 - B NOV 2 MV-VP BREAKFAST week1 day2 (100 meals)[Standard not met]

Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Bagel, Plain (1 ea.)	100	230.000	1.000	0.000	(M)	0.000	390.00 0	47.000	2.000	8.000	1.800	150.00 0	0.000	0.000	0.000	(M)	(M)
Cereal, Honey Nut Scooters 48 (1 ea.)	35	181.911	2.481	0	0	0	347.28 4	39.690	3.307	3.307	14.884	165.37 3	165.37 3	826.86 7	9.922	(M)	(M)
Cereal, Raisin Bran 48/cs (1 ea.)	35	220.000	1.500	0.000	0.000	0.000	340.00 0	48.000	6.000	5.000	9.000	20.000	100.00 0	500.00 0	0.000	(M)	(M)
Cereal, Toasty O's, 48 ct (1 ea.)	30	140.000	2.500	0.000	0.000	0.000	360.00 0	28.000	4.000	4.000	10.800	100.00 0	100.00 0	500.00 0	6.000	(M)	(M)
Raisin Snack box (1 small box (1.5 oz))	100	128.570	0.198	0.026	(M)	0.000	4.730	34.047	1.591	1.320	0.808	21.500	0.430	0.000	0.989	6.635	0.796
PC Cream Cheese, plain 100/1oz (1 ea.)	80	30.000	0.000	0.000	0.000	1.000	160.00 0	3.000	0.000	4.000	0.000	60.000	80.000	400.00 0	0.000	(M)	(M)
PC Cream Cheese, Strawberry 100/0.75oz (2 ea.)	20	140.000	12.000	8.000	0.000	40.000	110.00 0	6.000	0.000	2.000	0.000	0.000	80.000	400.00 0	0.000	(M)	(M)
Daily Average	0	707.239	8.741	3.426	0.00(M)	24.400	1017.2 79	136.33 8	8.048	25.027	14.207	598.38 1	283.83 1	1714.4 03	7.422	6.635 (M)	0.796 (M)
% of Calories	0		11.12%	4.36%	0%			77.11%		14.15%							
<i>Menu: Lunch Day 2 - ALT LUNCH WEEK 3 (NOV) week1 day2 (50 meals)[Standard not met]</i>																	
DELI, Salad, Chop Chop (1 ea.)	45	420.885	30.922	15.070	0.000 (M)	88.350	2568.2 77	10.204	3.472	29.774	1.146 (M)	593.67 8(M)	192.99 4(M)	4707.4 29(M)	23.588 (M)	91.402 (M)	0.521 (M)
DELI, Sandwich, Ham & Swiss on WW (1 ea.)	5	374.620	13.558	6.508	0.045 (M)	70.000	1811.4 80	34.481	2.366	26.750	3.352	303.98 0	68.000	889.20 0	3.980	24.577 (M)	0.135 (M)
Milk, Chocolate FF (1 ea.)	45	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
Apple, Raw with Skin, Sec (1 medium (3 dia"))	40	94.640	0.309	0.055	(M)	0.000	1.820	25.134	4.368	0.473	0.218	10.920	9.100	98.280	8.372	155.71 9	0.346
Banana (1 small (6" to 6-7/8" long))	5	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Orange, sec (1 ea.)	5	61.570	0.157	0.026	(M)	0.000	0.000	15.392	3.144	1.231	0.131	52.400	27.510	294.75 0	69.692	113.64 2	0.576
Roll, Dinner (2 1/4 oz.)	50	170.655	2.531	0.541	0.000 (M)	1.452 (M)	381.45 4	32.867	1.002	5.200	1.794	30.919	21.740 (M)	108.70 8(M)	0.006 (M)	21.054 (M)	0.905 (M)
PC Margarine Pat (1 ea.)	50	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.00 0	0.000	(M)	(M)
PC Mayonnaise (1 ea.)	10	25.000	2.500	0.000	0.000	0.000	105.00 0	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Mustard (1 ea.)	10	5.000	0.000	0.000	0.000	0.000	50.000	0.500	0.000	0.700	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	856.172	36.813	15.993	0.004 (M)	94.027 (M)	3121.0 08	95.512	8.435	44.323	3.374 (M)	908.50 8(M)	351.12 6(M)	5268.8 77(M)	37.375 (M)	249.27 9(M)	1.805 (M)
% of Calories	0		38.70%	16.81%	0.00%			44.62%		20.71%							

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
<i>Menu: Breakfast Day 3 - B NOV 2 MV-VP BREAKFAST week1 day3 (100 meals) [Standard Met]</i>																	
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Cereal, Honey Nut Scooters 48 (1 ea.)	35	181.911	2.481	0	0	0	347.284	39.690	3.307	3.307	14.884	165.373	165.373	826.867	9.922	(M)	(M)
Cereal, Raisin Bran 48/cs (1 ea.)	35	220.000	1.500	0.000	0.000	0.000	340.000	48.000	6.000	5.000	9.000	20.000	100.000	500.000	0.000	(M)	(M)
Cereal, Toasty O's, 48 ct (1 ea.)	30	140.000	2.500	0.000	0.000	0.000	360.000	28.000	4.000	4.000	10.800	100.000	100.000	500.000	6.000	(M)	(M)
cinnamon roll (3 oz.)	100	309.398	12.918	2.500	1.596 (M)	2.561 (M)	232.457	45.870	1.841 (M)	3.769	1.831	42.996	33.230	154.238	0.324	19.878 (M)	1.072 (M)
Juice, Apple 4oz (1 ea.)	50	60.000	0.000	0.000	(M)	(M)	10.000	14.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Juice, OJ 70/4 oz/cs (1 ea.)	50	50.000	0.000	0.000	(M)	(M)	0.000	13.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
Daily Average	0	696.067	22.061	5.300	1.596 (M)	18.161 (M)	750.006	111.062	6.298 (M)	15.876	13.430 (M)	421.877 (M)	276.631 (M)	1668.641 (M)	66.757	19.878 (M)	1.072 (M)
% of Calories	0		28.52%	6.85%	2.06%			63.82%		9.12%							
<i>Menu: Lunch Day 3 - ALT LUNCH WEEK 3 (NOV) week1 day3 (50 meals)[Standard not met]</i>																	
DELI, Salad, Chef (1 ea.)	25	401.037	26.008	7.808	0.023 (M)	193.126	1566.660	18.172	2.734	23.245	1.724 (M)	72.203 (M)	103.034 (M)	1145.803 (M)	7.695 (M)	196.859 (M)	1.221 (M)
DELI, Sandwich, Hummus on Focaccia (1 ea.)	25	654.549	32.224	12.386	0.000 (M)	40.384 (M)	1310.143	63.940	11.558	28.819	4.210	529.453	230.647 (M)	1073.948 (M)	15.479 (M)	152.680 (M)	4.527 (M)
DELI, Sandwich, Turkey & Ham Wrap (1 ea.)	25	585.250	26.850	14.275	0.023 (M)	99.250	1879.500	45.500	2.000	36.925	4.770 (M)	160.500 (M)	80.243 (M)	401.215 (M)	0.000 (M)	(M)	(M)
Sandwich, Sub, Deli (1 ea.)	25	434.000	21.346	7.264	0.015 (M)	62.500	1833.220	36.846	1.672	25.090	2.627 (M)	189.140 (M)	65.000 (M)	2031.100 (M)	14.130 (M)	51.167 (M)	0.299 (M)
Milk, Chocolate FF (1 ea.)	40	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	5	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	5	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Apple, Raw with Skin, Sec (1 medium (3 dia))	40	94.640	0.309	0.055	(M)	0.000	1.820	25.134	4.368	0.473	0.218	10.920	9.100	98.280	8.372	155.719	0.346
Banana (1 small (6" to 6-7/8" long))	5	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Orange, sec (1 ea.)	5	61.570	0.157	0.026	(M)	0.000	0.000	15.392	3.144	1.231	0.131	52.400	27.510	294.750	69.692	113.642	0.576
Roll, Dinner (2 1/4 oz.)	100	170.655	2.531	0.541	0.000 (M)	1.452 (M)	381.454	32.867	1.002	5.200	1.794	30.919	21.740 (M)	108.708 (M)	0.006 (M)	21.054 (M)	0.905 (M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
PC Mayonnaise (1 ea.)	50	25.000	2.500	0.000	0.000	0.000	105.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Mustard (1 ea.)	50	5.000	0.000	0.000	0.000	0.000	50.000	0.500	0.000	0.700	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	1705.586	69.822	24.456	0.030(M)	207.834(M)	4461.226	198.416	15.057	77.551	10.467(M)	843.967(M)	464.041(M)	3658.012(M)	34.390(M)	385.966(M)	5.251(M)
% of Calories	0		36.84%	12.90%	0.02%			46.53%		18.19%							

Menu: Breakfast Day 4 - B NOV 2 MV-VP BREAKFAST week1 day4 (100 meals)[Standard not met]

Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Applesauce Cup, Cinn 4 oz (1 ea.)	100	120.000	0.000	0.000	0.000	0.000	15.000	30.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Breakfast Muffin, Mixed Berry (3 oz.)	100	199.228	3.213	1.403	0.020(M)	15.122	371.092	40.493	0.892	2.730	1.332	15.619	1.327	6.633	1.168	25.119(M)	1.463(M)
Cereal, Honey Nut Scooters 48 (1 ea.)	35	181.911	2.481	0	0	0	347.284	39.690	3.307	3.307	14.884	165.373	165.373	826.867	9.922	(M)	(M)
Cereal, Raisin Bran 48/cs (1 ea.)	35	220.000	1.500	0.000	0.000	0.000	340.000	48.000	6.000	5.000	9.000	20.000	100.000	500.000	0.000	(M)	(M)
Cereal, Toasty O's, 48 ct (1 ea.)	30	140.000	2.500	0.000	0.000	0.000	360.000	28.000	4.000	4.000	10.800	100.000	100.000	500.000	6.000	(M)	(M)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
Daily Average	0	650.897	12.356	4.203	0.020(M)	30.722	898.641	122.184	7.349	14.837	12.931	394.500	244.728	1521.036	7.601	25.119(M)	1.463(M)
% of Calories	0		17.08%	5.81%	0.03%			75.09%		9.12%							

Menu: Lunch Day 4 - ALT LUNCH WEEK 3 (NOV) week1 day4 (50 meals)[Standard not met]

DELI, Salad, Chicken Caesar (1 ea.)	40	803.439	56.897	12.716	0.000(M)	142.373	2060.545	32.455	4.515(M)	34.308	5.408(M)	272.639(M)	264.893(M)	8433.775(M)	28.343(M)	116.819(M)	1.777(M)
DELI, Sandwich, Egg salad on WW (1 ea.)	55	367.588	16.224	3.687	0.000(M)	363.111	628.748	38.121	2.457	18.594	4.229	151.072	153.374	2400.632	4.434	91.378(M)	0.338(M)
DELI, Sandwich, International Sub (1 ea.)	5	417.051	20.580	6.750	0.000(M)	60.000	2104.705	35.955	1.000	22.500	2.880	260.001	20.000(M)	100.000(M)	3.000(M)	0.000(M)	0.000(M)
Milk, Chocolate FF (1 ea.)	45	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Apple, Raw with Skin, Sec (1 medium (3 dia))	40	94.640	0.309	0.055	(M)	0.000	1.820	25.134	4.368	0.473	0.218	10.920	9.100	98.280	8.372	155.719	0.346

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Banana (1 small (6" to 6-7/8" long))	5	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Orange, sec (1 ea.)	5	61.570	0.157	0.026	(M)	0.000	0.000	15.392	3.144	1.231	0.131	52.400	27.510	294.750	69.692	113.642	0.576
Roll, Dinner (2 1/4 oz.)	50	170.655	2.531	0.541	0.000 (M)	1.452 (M)	381.454	32.867	1.002	5.200	1.794	30.919	21.740 (M)	108.708 (M)	0.006 (M)	21.054 (M)	0.905 (M)
PC Margarine Pat (1 ea.)	50	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
PC Mayonnaise (1 ea.)	50	25.000	2.500	0.000	0.000	0.000	105.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Mustard (1 ea.)	50	5.000	0.000	0.000	0.000	0.000	50.000	0.500	0.000	0.700	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	1552.716	75.049	16.682	0.000 (M)	526.832 (M)	3302.940	156.373	11.488 (M)	65.561	11.274 (M)	754.090 (M)	553.257 (M)	10340.986 (M)	43.599 (M)	358.530 (M)	3.116 (M)
% of Calories	0		43.50%	9.67%	0%			40.28%		16.89%							

Menu: Breakfast Day 5 - B NOV 2 MV-VP BREAKFAST week1 day5 (100 meals)[Standard not met]

Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Apple, Elem (1 small (2 -3/4 dia"))	15	77.480	0.253	0.045	(M)	0.000	1.490	20.577	3.576	0.387	0.179	8.940	7.450	80.460	6.854	127.484	0.283
Banana (1 small (6" to 6-7/8" long))	70	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Cereal, Honey Nut Scooters 48 (1 ea.)	35	181.911	2.481	0	0	0	347.284	39.690	3.307	3.307	14.884	165.373	165.373	826.867	9.922	(M)	(M)
Cereal, Raisin Bran 48/cs (1 ea.)	35	220.000	1.500	0.000	0.000	0.000	340.000	48.000	6.000	5.000	9.000	20.000	100.000	500.000	0.000	(M)	(M)
Cereal, Toasty O's, 48 ct (1 ea.)	30	140.000	2.500	0.000	0.000	0.000	360.000	28.000	4.000	4.000	10.800	100.000	100.000	500.000	6.000	(M)	(M)
Pear (1 small)	15	85.840	0.178	0.015	(M)	0.000	1.480	22.881	4.588	0.562	0.252	13.320	2.960	34.040	6.216	123.891	0.488
Yogurt, Peach & Strawberry Assorted (1 ea.)	100	155.000	1.500	1.000	0.000	5.000	90.000	30.000	3.000	5.000	0.000	20.000	0.200	1.000	7.000	(M)	(M)
Daily Average	0	539.090	6.941	2.888	0.00 (M)	20.600	563.702	104.358	10.520	18.020	11.848	405.755	210.818	1377.826	21.544	90.668 (M)	0.695 (M)
% of Calories	0		11.59%	4.82%	0%			77.43%		13.37%							

Menu: Lunch Day 5 - ALT LUNCH WEEK 3 (NOV) week1 day5 (50 meals)[Standard not met]

DELI, Salad, Chef (1 ea.)	1	401.037	26.008	7.808	0.023 (M)	193.126	1566.660	18.172	2.734	23.245	1.724 (M)	72.203 (M)	103.034 (M)	1145.803 (M)	7.695 (M)	196.859 (M)	1.221 (M)
DELI, Sandwich, Tuna Salad (1 ea.)	45	625.404	35.997	7.028	0.000 (M)	86.145 (M)	1345.256	40.294	2.920	30.414	3.882	232.828	75.387	2106.151	5.515	114.782 (M)	1.745 (M)
DELI, Sandwich, Vegetarian Sub (1 ea.)	1	365.960	16.677	7.522	0.000 (M)	37.500	1120.500	37.120	2.180	17.082	2.355	381.700	152.560	4028.460	13.346	101.068 (M)	0.548 (M)
Sandwich, Sub, Deli (1 ea.)	3	434.000	21.346	7.264	0.015 (M)	62.500	1833.220	36.846	1.672	25.090	2.627 (M)	189.140 (M)	65.000 (M)	2031.100 (M)	14.130 (M)	51.167 (M)	0.299 (M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Milk, Chocolate FF (1 ea.)	45	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Apple, Raw with Skin, Sec (1 medium (3 dia"))	40	94.640	0.309	0.055	(M)	0.000	1.820	25.134	4.368	0.473	0.218	10.920	9.100	98.280	8.372	155.719	0.346
Banana (1 small (6" to 6-7/8" long))	5	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Orange, sec (1 ea.)	5	61.570	0.157	0.026	(M)	0.000	0.000	15.392	3.144	1.231	0.131	52.400	27.510	294.750	69.692	113.642	0.576
Roll, Dinner (2 1/4 oz.)	50	170.655	2.531	0.541	0.000 (M)	1.452 (M)	381.454	32.867	1.002	5.200	1.794	30.919	21.740 (M)	108.70 (M)	0.006 (M)	21.054 (M)	0.905 (M)
PC Margarine Pat (1 ea.)	50	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
PC Mayonnaise (1 ea.)	50	25.000	2.500	0.000	0.000	0.000	105.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Mustard (1 ea.)	50	5.000	0.000	0.000	0.000	0.000	50.000	0.500	0.000	0.700	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	1068.157	44.159	8.847	0.001 (M)	93.405 (M)	2126.878	124.461	7.900	45.096	5.741 (M)	573.772 (M)	247.491 (M)	3064.158 (M)	21.980 (M)	276.892 (M)	2.946 (M)
% of Calories	0		37.21%	7.45%	0.00%			46.61%		16.89%							

Legend

(M) - Missing Nutrient Values

* Total Fat not to exceed 30 percent of actual total food energy over a school week. Saturated Fat should be less than 10 percent of actual total food energy over a school week.