

Meals Percentage Report

North Elem, Combined (A MAY 17, 2010 N ELEM
BREAKFAST, Week 1) AND (N ELEM WEEK 6, MAY 17,
2010, Week 1)

RDA Dataset - Mat-Su Combined

Serving Group - K-6 Combined

Calculation Method - Weighted Averaging

Nutrients Summary					
Nutrient	Standard Value	Actual Value	% of Calories	% of Standard	Shortage / Overage
FE (Kcal)	581.36	585.39		100.69%	
Fat (g)*		13.75	21.14%	70.47%	
Sfat (g)*		4.57	7.03%	70.37%	
TFat (g)		.08 (M)	0.13%		
Chol (mg)		52.36 (M)			
Na (mg)		768.51			
Carb (g)		96.82	66.16%		
TDF (g)		4.28			
Sugar (g)		2.17 (M)	1.48%		
Pro (g)	8.56	20.6	14.08%	240.74%	
Fe (mg)	3.05	3.42 (M)		112.13%	
Ca (mg)	250.14	364.51 (M)		145.72%	
A,RE	195.79	210.45 (M)		107.49%	
A,IU	978.93	1052.39 (M)		107.5%	
VitC (mg)	13.34	38.12 (M)		285.84%	
Mois (g)		46.03 (M)			
Ash (g)		.5 (M)			

Legend

(M) - Missing Nutrient Values

* Total Fat not to exceed 30 percent of actual total food energy over a school week. Saturated Fat should be less than 10 percent of actual total food energy over a school week.

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)
<i>Menu: Breakfast Day 1 - A MAY 17, 2010 N ELEM BREAKFAST week1 day1 (100 meals)[Standard not met]</i>																		
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% USDA (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	100.000	500.000	1.000	(M)	(M)
Cereal, Cherrios 96 (1 ea.)	20	70.000	1.000	0.000	0.000	0.000	130.000	14.000	2.000	(M)	2.000	5.400	60.000	60.000	300.000	3.600	(M)	(M)
Cereal, Frosted Flakes 96 (1 ea.)	20	96.023	0	0	0	0	144.035	22.405	0.800	(M)	1.600	3.601	0	120.029	600.145	12.003	(M)	(M)
Cereal, Honey Nut Cheerios 96 (1 ea.)	40	110.000	1.500	0.000	0.000	0.000	190.000	22.000	2.000	(M)	3.000	4.500	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Tootie Fruitie 96 (1 ea.)	20	90.000	0.500	0.000	0.000	0.000	100.000	19.000	1.000	(M)	1.000	5.400	60.000	60.000	300.000	3.600	(M)	(M)
Juice, Tree Top Apple 48/5.5oz/cs (1 ea.)	100	80.000	0.000	0.000	0.000	0.000	15.000	20.000	0.000	(M)	0.000	0.360	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	289.205	3.900	1.800	0.00(M)	15.600	289.807	52.481	1.560		10.120	5.040	348.000	188.006	940.029	7.401		
% of Calories	0		12.14%	5.60%	0%			72.59%		0%	14.00%						0%	0%
<i>Menu: Lunch Day 1 - N ELEM WEEK 6, MAY 17, 2010 week1 day1 (100 meals)[Standard not met]</i>																		
HP French Toast Sticks & Sausage Patty (1 ea.)	100	365.000	17.350	4.750	0.000	53.540	770.500	30.800	2.250	(M)	20.350	2.250	49.200	3.880	19.400	0.360	0.000	0.000
Milk, Chocolate FF (1 ea.)	95	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	(M)	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% USDA (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	100.000	500.000	1.000	(M)	(M)
Panbread, Apple Spice-Raisin (3 oz.)	100	140.785	5.230	1.460	0(M)	15.308	110.866	22.936	0.241	0(M)	1.365	0.264	13.081	8.977	30.167	0.141	22.485	0.099
Shape Up Cup, Variety 09 (1 ea.)	100	90.000	0.000	0.000	(M)	0.000	25.000	22.000	0.000	(M)	0.000	0.000	60.000	60.000	300.000	60.000	(M)	(M)
PC Pancake Syrup (1 ea.)	100	120.000	0.000	0.000	0.000	0.000	25.000	31.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	854.485	22.730	6.300	0.00(M)	74.378	1108.566	133.016	2.491	0.00(M)	30.665	2.514	421.481	172.857	849.567	61.699	22.485	0.099
% of Calories	0		23.94%	6.64%	0%			62.27%		0%	14.35%							
<i>Menu: Breakfast Day 2 - A MAY 17, 2010 N ELEM BREAKFAST week1 day2 (100 meals)[Standard not met]</i>																		
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% USDA (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	100.000	500.000	1.000	(M)	(M)
Bageler, Apple Cinnamon (1 ea.)	35	190.000	3.000	1.500	0.000	5.000	200.000	37.000	3.000	(M)	6.000	1.080	20.000	0.000	0.000	0.000	(M)	(M)
Bageler, Plain Cream Cheese (1 ea.)	30	180.000	3.000	1.500	0.000	5.000	210.000	35.000	3.000	(M)	6.000	1.080	0.000	0.000	0.000	0.000	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)
Bageler, Strawberry (1 ea.)	35	180.000	3.000	1.500	0.000	5.000	210.000	35.000	3.000	(M)	6.000	1.080	0.000	0.000	0.000	0.000	(M)	(M)
Fruit, Applesauce Cup, Cinn 96/4 oz (1 ea.)	100	120.000	0.000	0.000	0.000	0.000	15.000	30.000	2.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	417.500	6.000	3.300	0.00(M)	20.600	345.500	78.300	5.000		14.000	1.080	291.000	100.000	500.000	1.160		
% of Calories	0		12.93%	7.11%	0%			75.02%		0%	13.41%						0%	0%
<i>Menu: Lunch Day 2 - N ELEM WEEK 6, MAY 17, 2010 week1 day2 (100 meals)[Standard not met]</i>																		
HP Pork Egg Roll & Asian Seasoned Rice (1 ea.)	100	411.801	16.008	5.000	0.000 (M)	105.549	926.670	50.466	4.271	0.000 (M)	18.532	3.270 (M)	64.351 (M)	89.908 (M)	449.603 (M)	5.787 (M)	44.000 (M)	0.055 (M)
Milk, Chocolate FF (1 ea.)	95	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	(M)	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% USDA (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	100.000	500.000	1.000	(M)	(M)
Fruit, Blackberries, frozen whole, 30#cs (1/2 CUP, unthawed)	100	48.320	0.325	0.011	(M)	0.000	0.755	11.831	3.775	(M)	0.891	0.604	21.895	8.305	86.070	2.340	62.069	0.385
Panbread, Apple Spice-Raisin (3 oz.)	100	140.785	5.230	1.460	0(M)	15.308 (M)	110.866	22.936	0.241	0(M)	1.365	0.264	13.081	8.977	30.167	0.141	22.485 (M)	0.099 (M)
PC Sweet 'N Sour Sauce (1 ea.)	100	30.000	0.000	0.000	(M)	0.000	90.000	8.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	769.606	21.713	6.561	0.00(M)	126.387 (M)	1305.491	119.513	8.287	0.00(M)	29.738	4.138 (M)	398.527 (M)	207.190 (M)	1065.840 (M)	9.466 (M)	128.554 (M)	0.539 (M)
% of Calories	0		25.39%	7.67%	0%			62.12%		0%	15.46%							
<i>Menu: Breakfast Day 3 - A MAY 17, 2010 N ELEM BREAKFAST week1 day3 (100 meals)[Standard not met]</i>																		
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% USDA (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	100.000	500.000	1.000	(M)	(M)
Juice, Tree Top Apple 48/5.5oz/cs (1 ea.)	100	80.000	0.000	0.000	0.000	0.000	15.000	20.000	0.000	(M)	0.000	0.360	0.000	0.000	0.000	0.000	(M)	(M)
Turnover, Cherry (660125) (1 ea.)	100	285.000	8.600	2.400	0.000	0.100	320.000	50.800	3.100	13.000	3.100	1.800	26.100	36.280	181.400	1.400	(M)	(M)
Daily Average	0	479.000	11.600	4.200	0.00(M)	15.700	459.000	83.400	3.100	13.000 (M)	11.100	2.160	310.100	136.280	681.400	2.560		
% of Calories	0		21.80%	7.89%	0%			69.65%		10.86%	9.27%						0%	0%
<i>Menu: Lunch Day 3 - N ELEM WEEK 6, MAY 17, 2010 week1 day3 (100 meals) [Standard Met]</i>																		
HP Spaghetti & Meat Sauce (1 ea.)	100	305.047	11.026	3.719	0.503 (M)	40.685	806.606	35.016	2.811	0.000 (M)	16.872	4.890	101.698	278.417	1392.315	27.279	102.645 (M)	2.254 (M)
Milk, Chocolate FF (1 ea.)	95	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	(M)	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	(M)	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% USDA (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	(M)	8.000	0.000	220.00 0	100.00 0	500.00 0	1.000	(M)	(M)
Fruit, Peach Cup Frozen (1 ea.)	100	118.000	0.160	0.010	0.000	0.000	8.000	29.980	2.200	(M)	0.790	0.460	4.000	71.000	355.00 0	117.80 0	(M)	(M)
Panbread, Apple Spice- Raisin (3 oz.)	100	140.785	5.230	1.460	0(M)	15.308 (M)	110.86 6	22.936	0.241	0(M)	1.365	0.264	13.081	8.977	30.167	0.141	22.485 (M)	0.099 (M)
Daily Average	0	702.532	16.566	5.279	0.503 (M)	61.523 (M)	1102.6 72	114.21 2	5.252	0.00(M)	27.977	5.614	417.97 9	458.39 4	2277.4 82	146.41 8	125.13 0(M)	2.353 (M)
% of Calories	0		21.22%	6.76%	0.64%			65.03%		0%	15.93%							