

Meals Percentage Report

Secondary, Combined (B S FEB 8, 2010, Week 1) AND
(L S FEB 8, 2010, Week 1)

RDA Dataset - Mat-Su Combined

Serving Group - 7-12 Combined

Calculation Method - Weighted Averaging

Nutrients Summary					
Nutrient	Standard Value	Actual Value	% of Calories	% of Standard	Shortage / Overage
FE (Kcal)	722	738.36		102.27%	
Fat (g)*		21.93	26.73%	89.1%	
Sfat (g)*		5.66	6.90%	69.07%	
TFat (g)		.85 (M)	1.04%		
Chol (mg)		46.66 (M)			
Na (mg)		1283.33			
Carb (g)		113.04	61.24%		
TDF (g)		6.58 (M)			
Sugar (g)		3.63 (M)	1.97%		
Pro (g)	14.2	24.08	13.05%	169.58%	
Fe (mg)	3.95	5.19 (M)		131.39%	
Ca (mg)	350	464.14 (M)		132.61%	
A,RE	262.5	340.7 (M)		129.79%	
A,IU	1312.5	2064.71 (M)		157.31%	
VitC (mg)	16.05	41.42 (M)		258.07%	
Mois (g)		87.02 (M)			
Ash (g)		.92 (M)			

Legend

(M) - Missing Nutrient Values

* Total Fat not to exceed 30 percent of actual total food energy over a school week. Saturated Fat should be less than 10 percent of actual total food energy over a school week.

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)
<i>Menu: Breakfast Day 1 - B S FEB 8, 2010 week1 day1 (100 meals)[Standard not met]</i>																		
Milk, Chocolate FF (1 ea.)	50	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	(M)	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	40	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	10	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Cereal, Honey Nut Scooters 48 (1 ea.)	35	181.911	2.481	0	0	0	347.284	39.690	3.307	(M)	3.307	14.884	165.373	165.373	826.867	9.922	(M)	(M)
Cereal, Raisin Bran 48/cs (1 ea.)	35	220.000	1.500	0.000	0.000	0.000	340.000	48.000	6.000	(M)	5.000	9.000	20.000	100.000	500.000	0.000	(M)	(M)
Cereal, Toasty O's, 48 ct (1 ea.)	30	140.000	2.500	0.000	0.000	0.000	360.000	28.000	4.000	(M)	4.000	10.800	100.000	100.000	500.000	6.000	(M)	(M)
Juice, Apple 4oz (1 ea.)	50	60.000	0.000	0.000	(M)	(M)	10.000	14.000	(M)	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Juice, OJ 70/4 oz/cs (1 ea.)	50	50.000	0.000	0.000	(M)	(M)	0.000	13.000	(M)	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Daily Average	0	364.669	3.643	0.900	0.00(M)	10.300(M)	505.549	72.392	4.457(M)		12.607	11.599(M)	386.881(M)	213.141(M)	1214.403(M)	66.453		
% of Calories	0		8.99%	2.22%	0%			79.41%		0%	13.83%						0%	0%
<i>Menu: Lunch Day 1 - L S FEB 8, 2010 week1 day1 (100 meals)[Standard not met]</i>																		
Chicken Nuggets, Secondary (7 ea.)	30	308.001	18.200	4.900	0.000	119.000	616.002	15.400	1.400	(M)	18.200	2.520	56.000	56.000	280.001	1.680	(M)	(M)
Pizza, Big Daddy Cheese, sec (1 slice)	15	400.000	13.000	4.500	0.000	35.000	760.000	47.000	3.000	(M)	23.000	3.600	350.000	80.000	400.000	0.000	(M)	(M)
Pizza, Big Daddy Pepperoni, sec (1 slice)	20	410.000	14.000	4.500	0.000	35.000	850.000	47.000	3.000	(M)	23.000	3.600	350.000	80.000	400.000	0.000	(M)	(M)
SOTB Bean Burrito (1 ea.)	5	192.133	7.777	3.692	0.000(M)	15.190(M)	708.764	21.632	2.896	(M)	7.254	2.224	44.689	189.061(M)	945.304	1.647	57.849(M)	0.057(M)
SOTB Combo Burrito (1 ea.)	5	283.168	14.900	6.379	0.448(M)	40.981(M)	834.223	22.158	2.693	(M)	13.239	3.018	50.694	230.418(M)	1152.153	4.853	42.427(M)	0.606(M)
SOTB Double Decker Taco (1 ea.)	5	366.347	18.423	6.985	0.448(M)	40.985(M)	521.362	34.499	1.762	(M)	14.843	3.787	67.459	44.410(M)	252.441(M)	6.202	31.753(M)	0.620(M)
SOTB Hard Beef Taco (1 ea.)	5	279.407	16.943	6.831	0.448(M)	40.985	254.443	19.504	0.334	(M)	12.180	0.959	22.605	44.410	252.441	3.631	12.470(M)	0.601(M)
SOTB Hard Chicken Taco (1 ea.)	5	195.827	8.631	3.583	0.000(M)	45.195	578.890	12.886	0.108	(M)	17.388	0.037(M)	11.740(M)	3.031(M)	45.484(M)	0.252(M)	8.608(M)	0.032(M)
SOTB Soft Beef Taco (1 ea.)	5	289.409	15.443	6.333	0.448(M)	40.985	484.443	23.505	1.334	(M)	13.181	3.659	62.605	44.410(M)	252.441(M)	6.031	12.470(M)	0.601(M)
SOTB Soft Chicken Taco (1 ea.)	5	260.290	9.401	3.538	0.000(M)	45.195	808.890	24.602	1.108	(M)	19.296	2.737(M)	51.740(M)	3.031(M)	45.484(M)	2.652(M)	8.608(M)	0.032(M)
Milk, Chocolate FF (1 ea.)	95	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	(M)	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)
Fruit Cocktail, Canned (1 #8 scoop)	100	70.000	0.000	0.000	0.000	0.000	15.000	18.000	1.000	(M)	0.000	0.000	7.000	0.000	0.000	0.000	(M)	(M)
Panbread, Blueberry- Lemon (3 oz.)	100	280.448	13.303	3.065	0(M)	39.398 (M)	246.65 6	38.281	0.224	14.742 (M)	3.751	0.463	26.779	10.041	35.167	0.202	21.716 (M)	0.049 (M)
Potato, Curly Fries, Sec (2 1/2 oz.)	100	116.620	4.998	1.250	1.666	0.000	291.55 0	16.660	2.499	(M)	1.666	0.600	0.000	0.000	0.000	0.000	(M)	(M)
Shape Up Cup, Variety 09 (1 ea.)	100	90.000	0.000	0.000	(M)	0.000	25.000	22.000	0.000	(M)	0.000	0.000	60.000	60.000	300.00 0	60.000	(M)	(M)
PC BBQ Sauce, 100/1 oz (1 ea.)	30	40.000	0.000	0.000	0.000	0.000	210.00 0	10.000	0.000	(M)	0.000	0.360	0.000	0.000	0.000	0.000	(M)	(M)
PC Ketchup (1 ea.)	100	10.000	0.000	0.000	0.000	0.000	100.00 0	2.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Taco Sauce (1 ea.)	35	5.000	0.000	0.000	0.000	0.000	95.000	1.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	1047.24 7	33.237	9.317	1.756 (M)	106.35 4(M)	1630.0 07	155.58 0	5.705	14.742 (M)	32.746	4.008 (M)	547.85 6(M)	241.80 6(M)	1216.4 55(M)	63.167 (M)	30.425 (M)	0.176 (M)
% of Calories	0		28.56%	8.01%	1.51%			59.42%		5.63%	12.51%							
<i>Menu: Breakfast Day 2 - B S FEB 8, 2010 week1 day2 (100 meals)[Standard not met]</i>																		
Milk, Chocolate FF (1 ea.)	50	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	(M)	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	30	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	(M)	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	(M)	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
Bagel, Plain (1 ea.)	100	230.000	1.000	0.000	(M)	0.000	390.00 0	47.000	2.000	(M)	8.000	1.800	150.00 0	0.000	0.000	0.000	(M)	(M)
Raisin Snack box (1 small box (1.5 oz))	100	128.570	0.198	0.026	(M)	0.000	4.730	34.047	1.591	(M)	1.320	0.808	21.500	0.430	0.000	0.989	6.635	0.796
PC Cream Cheese, plain 100/1oz (1 ea.)	100	30.000	0.000	0.000	0.000	1.000	160.00 0	3.000	0.000	(M)	4.000	0.000	60.000	80.000	400.00 0	0.000	(M)	(M)
Daily Average	0	517.570	2.948	1.076	0.00(M)	11.600	703.73 0	103.64 7	3.591		21.820	2.608	515.50 0	160.95 0	1100.0 00	2.149	6.635 (M)	0.796 (M)
% of Calories	0		5.13%	1.87%	0%			80.10%		0%	16.86%							
<i>Menu: Lunch Day 2 - L S FEB 8, 2010 week1 day2 (100 meals)[Standard not met]</i>																		
Chicken, Strips, sec (4 ea.)	10	293.333	17.333	4.000	0	53.333	720.00 0	16.000	0	(M)	18.667	5.333	0	26.667	133.33 3	0	(M)	(M)
Nachos, Beef, Secondary (1 ea.)	55	538.658	28.787	4.183	2.694 (M)	17.250	635.44 5	60.467	5.197	(M)	10.898	1.735	145.28 1	66.396	332.16 4	5.807	5.380 (M)	0.401 (M)
SOTB Bean Burrito (1 ea.)	5	192.133	7.777	3.692	0.000 (M)	15.190 (M)	708.76 4	21.632	2.896	(M)	7.254	2.224	44.689	189.06 1(M)	945.30 4	1.647	57.849 (M)	0.057 (M)
SOTB Combo Burrito (1 ea.)	5	283.168	14.900	6.379	0.448 (M)	40.981 (M)	834.22 3	22.158	2.693	(M)	13.239	3.018	50.694	230.41 8(M)	1152.1 53	4.853	42.427 (M)	0.606 (M)
SOTB Double Decker Taco (1 ea.)	5	366.347	18.423	6.985	0.448 (M)	40.985 (M)	521.36 2	34.499	1.762	(M)	14.843	3.787	67.459	44.410 (M)	252.44 1(M)	6.202	31.753 (M)	0.620 (M)
SOTB Hard Beef Taco (1 ea.)	5	279.407	16.943	6.831	0.448 (M)	40.985	254.44 3	19.504	0.334	(M)	12.180	0.959	22.605	44.410	252.44 1	3.631	12.470 (M)	0.601 (M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)
SOTB Hard Chicken Taco (1 ea.)	5	195.827	8.631	3.583	0.000 (M)	45.195	578.89 0	12.886	0.108	(M)	17.388	0.037 (M)	11.740 (M)	3.031 (M)	45.484 (M)	0.252 (M)	8.608 (M)	0.032 (M)
SOTB Soft Beef Taco (1 ea.)	5	289.409	15.443	6.333	0.448 (M)	40.985	484.44 3	23.505	1.334	(M)	13.181	3.659	62.605	44.410 (M)	252.44 1(M)	6.031	12.470 (M)	0.601 (M)
SOTB Soft Chicken Taco (1 ea.)	5	260.290	9.401	3.538	0.000 (M)	45.195	808.89 0	24.602	1.108	(M)	19.296	2.737 (M)	51.740 (M)	3.031 (M)	45.484 (M)	2.652 (M)	8.608 (M)	0.032 (M)
Milk, Chocolate FF (1 ea.)	95	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	(M)	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	4	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	(M)	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	(M)	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
Fruit, Pineapple Tidbits, Canned (1 #8 scoop)	100	60.000	0.000	0.000	0.000	0.000	10.000	15.000	1.000	(M)	0.000	0.360	0.000	(M)	(M)	15.000	(M)	(M)
Potato Gems (1 #10 scoop)	100	141.748	8.338	2.085	(M)	0	283.49 6	15.842	1.668	(M)	1.668	0.300	0	0	0	4.002	(M)	(M)
Roll, Dinner (1 ea.)	100	170.710	2.531	0.541	0.000 (M)	1.452 (M)	381.57 7	32.878	1.003	4.035 (M)	5.201	1.795	30.929	22.317	111.59 4	0.006	21.457 (M)	0.922 (M)
VEGGIE STICKS, SEC (3 oz.)	100	21.908	0.126	0.021	0.000 (M)	0.000	25.282	4.584	1.598	(M)	1.031	0.430	28.548	424.94 4	2708.3 40	17.887	65.976 (M)	0.453 (M)
PC BBQ Sauce, 100/1 oz (1 ea.)	30	40.000	0.000	0.000	0.000	0.000	210.00 0	10.000	0.000	(M)	0.000	0.360	0.000	0.000	0.000	0.000	(M)	(M)
PC Ketchup (1 ea.)	100	10.000	0.000	0.000	0.000	0.000	100.00 0	2.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	(M)	0.000	0.000	0.000	40.000	200.00 0	0.000	(M)	(M)
PC Ranch Dressing 1.5 oz CK made (1 ea.)	100	137.972	13.623	1.970	0.000 (M)	19.615	405.62 3	2.207	0.000	(M)	0.185	0.003	6.642	0.447	1.452	0.056	10.433 (M)	0.055 (M)
PC Salsa, mild, cup, 60/2oz 09 (1 ea.)	55	20.000	0.000	0.000	0.000	0.000	440.00 0	4.000	1.000	(M)	1.000	0.360	0.000	40.000	200.00 0	1.200	(M)	(M)
PC Taco Sauce (1 ea.)	35	5.000	0.000	0.000	0.000	0.000	95.000	1.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	1159.71 2	50.910	10.275	1.571 (M)	54.894 (M)	2392.4 74	147.13 7	9.189	4.035 (M)	30.315	5.503 (M)	460.80 0(M)	675.85 7(M)	3984.6 97(M)	43.266 (M)	109.53 4(M)	1.778 (M)
% of Calories	0		39.51%	7.97%	1.22%			50.75%		1.39%	10.46%							
<i>Menu: Breakfast Day 3 - B S FEB 8, 2010 week1 day3 (100 meals)[Standard not met]</i>																		
Milk, Chocolate FF (1 ea.)	50	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	(M)	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	30	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	(M)	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	(M)	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
Fruit, Apple, Raw with Skin, 125 ct (1 medium (3 dia))	35	94.640	0.309	0.055	(M)	0.000	1.820	25.134	4.368	(M)	0.473	0.218	10.920	9.100	98.280	8.372	155.71 9	0.346
Fruit, Banana (1 ea.)	35	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	(M)	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828
Fruit, Pears, raw 135 ct (1 ea.)	30	85.840	0.178	0.015	(M)	0.000	1.480	22.881	4.588	(M)	0.562	0.252	13.320	2.960	34.040	6.216	123.89 1	0.488

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,I,U	VitC (mg)	Mois (g)	Ash (g)	
Yogurt, Peach & Strawberry Assorted (1 ea.)	100	155.000	1.500	1.000	0.000	5.000	90.000	30.000	3.000	(M)	5.000	0.000	20.000	0.200	1.000	7.000	(M)	(M)	
Daily Average	0	374.338	3.528	2.113	0.00(M)	15.600	240.434	73.335	6.824		14.220	0.244	313.586	87.621	768.234	16.030	118.150(M)	0.557(M)	
% of Calories	0		8.48%	5.08%	0%			78.36%		0%	15.19%								
<i>Menu: Lunch Day 3 - L S FEB 8, 2010 week 1 day3 (100 meals)[Standard not met]</i>																			
Deli Salad, Chef, Small (1 ea.)	30	312.951	22.710	6.583	0.011(M)	114.200	1073.268	12.317	1.534	(M)	13.848	0.958(M)	47.700(M)	52.106(M)	574.852(M)	3.875(M)	103.770(M)	0.765(M)	
Mozzarella Cheese Sticks, Sec (5 sticks)	35	387.330	18.300	6.960	0.000	30.370	870.060	37.930	1.230	(M)	18.700	1.380	404.150	119.406	597.030	0.520	(M)	(M)	
SOTB Bean Burrito (1 ea.)	1	192.133	7.777	3.692	0.000(M)	15.190(M)	708.764	21.632	2.896	(M)	7.254	2.224	44.689	189.061(M)	945.304	1.647	57.849(M)	0.057(M)	
SOTB Combo Burrito (1 ea.)	5	283.168	14.900	6.379	0.448(M)	40.981(M)	834.223	22.158	2.693	(M)	13.239	3.018	50.694	230.418(M)	1152.153	4.853	42.427(M)	0.606(M)	
SOTB Double Decker Taco (1 ea.)	9	366.347	18.423	6.985	0.448(M)	40.985(M)	521.362	34.499	1.762	(M)	14.843	3.787	67.459	44.410(M)	252.441(M)	6.202	31.753(M)	0.620(M)	
SOTB Hard Beef Taco (1 ea.)	5	279.407	16.943	6.831	0.448(M)	40.985	254.443	19.504	0.334	(M)	12.180	0.959	22.605	44.410	252.441	3.631	12.470(M)	0.601(M)	
SOTB Hard Chicken Taco (1 ea.)	5	195.827	8.631	3.583	0.000(M)	45.195	578.890	12.886	0.108	(M)	17.388	0.037(M)	11.740(M)	3.031(M)	45.484(M)	0.252(M)	8.608(M)	0.032(M)	
SOTB Soft Beef Taco (1 ea.)	5	289.409	15.443	6.333	0.448(M)	40.985	484.443	23.505	1.334	(M)	13.181	3.659	62.605	44.410(M)	252.441(M)	6.031	12.470(M)	0.601(M)	
SOTB Soft Chicken Taco (1 ea.)	5	260.290	9.401	3.538	0.000(M)	45.195	808.890	24.602	1.108	(M)	19.296	2.737(M)	51.740(M)	3.031(M)	45.484(M)	2.652(M)	8.608(M)	0.032(M)	
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	(M)	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)	
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	(M)	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)	
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	(M)	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)	
Fruit, Apple, Raw with Skin, 125 ct (1 medium (3 dia))	25	94.640	0.309	0.055	(M)	0.000	1.820	25.134	4.368	(M)	0.473	0.218	10.920	9.100	98.280	8.372	155.719	0.346	
Fruit, Banana (1 small (6" to 6-7/8" long))	25	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	(M)	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828	
Fruit, Oranges, 88 ct (1 ea.)	25	86.480	0.221	0.037	(M)	0.000	0.000	21.620	4.416	(M)	1.730	0.184	73.600	38.640	414.000	97.888	159.620	0.810	
Fruit, Pears, raw 135 ct (1 ea.)	25	85.840	0.178	0.015	(M)	0.000	1.480	22.881	4.588	(M)	0.562	0.252	13.320	2.960	34.040	6.216	123.891	0.488	
Potato, Straight 3/8" Fries, sec (2 1/2 oz.)	100	116.667	4.167	1.250	1.667	0	316.667	16.667	1.667	(M)	1.667	3.333	0	0	0	3.333	(M)	(M)	
Roll, Dinner (2 1/4 oz.)	75	170.655	2.531	0.541	0(M)	1.452(M)	381.454	32.867	1.002	4.034(M)	5.200	1.794	30.919	22.310	111.559	0.006	21.450(M)	0.922(M)	
VEGGIE STICKS, SEC (3 oz.)	100	21.908	0.126	0.021	0.000(M)	0.000	25.282	4.584	1.598	(M)	1.031	0.430	28.548	424.944	2708.340	17.887	65.976(M)	0.453(M)	
PC Ketchup (2 ea.)	50	20.000	0.000	0.000	0.000	0.000	200.000	4.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)	

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugar (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
PC Margarine Pat (1 ea.)	50	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	(M)	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
PC Ranch Dressing 1.5 oz CK made (1 ea.)	75	137.972	13.623	1.970	0.000 (M)	19.615	405.623	2.207	0.000	(M)	0.185	0.003	6.642	0.447	1.452	0.056	10.433 (M)	0.055 (M)
PC Taco Sauce (1 ea.)	100	5.000	0.000	0.000	0.000	0.000	95.000	1.000	0.000	(M)	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Sauce, Marinara 2 oz (1 ea.)	35	22.680	0.454	0.000	0.000 (M)	0.000	217.728	4.082	0.907	(M)	0.907	0.454	18.144	27.216	136.080	5.443	0.000 (M)	0.000 (M)
Daily Average	0	966.644	37.322	10.284	1.778 (M)	81.227 (M)	2227.795	126.166	9.691	3.026 (M)	32.793	7.153 (M)	560.242 (M)	664.835 (M)	4104.455 (M)	57.475 (M)	257.407 (M)	2.183 (M)
% of Calories	0		34.75%	9.57%	1.66%			52.21%		1.25%	13.57%							