

Meals Percentage Report

Core Elem, Combined (B NOV 30 ELEM BREAKFAST,
Week 1) AND (L ELEM WEEK 4 NOV 30, Week 1)

RDA Dataset - Mat-Su Combined

Serving Group - K-6 Combined

Calculation Method - Weighted Averaging

Nutrients Summary					
Nutrient	Standard Value	Actual Value	% of Calories	% of Standard	Shortage / Overage
FE (Kcal)	581.36	610.25 (M)		104.97%	
Fat (g)*		17.44 (M)	25.72%	85.73%	
Sfat (g)*		6.34 (M)	9.35%	93.59%	
TFat (g)		.08 (M)	0.12%		
Chol (mg)		58.43 (M)			
Na (mg)		921.09 (M)			
Carb (g)		90.52 (M)	59.34%		
TDF (g)		4.79 (M)			
Pro (g)	8.56	24.72 (M)	16.20%	288.89%	
Fe (mg)	3.05	3.85 (M)		126.23%	
Ca (mg)	250.14	487.96 (M)		195.07%	
A,RE	195.79	230.02 (M)		117.49%	
A,IU	978.93	1349.45 (M)		137.85%	
VitC (mg)	13.34	26.47 (M)		198.49%	
Mois (g)		45.17 (M)			
Ash (g)		.98 (M)			

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
<i>Menu: Breakfast Day 1 - B NOV 30 ELEM BREAKFAST week1 day1 (100 meals)[Standard not met]</i>																	
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Cereal, Cinnamon Toasters 96 ct (1 ea.)	20	120.000	3.500	0.500	0.000	0.000	130.000	22.000	1.000	1.000	9.000	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Frosted Flakes 96 (1 ea.)	20	96.023	0	0	0	0	144.035	22.405	0.800	1.600	3.601	0	120.029	600.145	12.003	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Cereal, Honey Graham Squares 96 (1 ea.)	20	120.000	3.000	0.000	0.000	0.000	250.000	24.000	1.000	1.000	9.000	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Honey Nut Cheerios 96 (1 ea.)	20	110.000	1.500	0.000	0.000	0.000	190.000	22.000	2.000	3.000	4.500	100.000	100.000	500.000	6.000	(M)	(M)
Cereal, Rice Krispie 96/cs (1 ea.)	10	69.998	0.000	0.000	(M)	0.000	173.999	15.998	0.000	0.999	0.999	2.999	55.600	277.999	3.499	0.540	0.270
Cereal, Tootie Fruitie 96 (1 ea.)	10	90.000	0.500	0.000	0.000	0.000	100.000	19.000	1.000	1.000	5.400	60.000	60.000	300.000	3.600	(M)	(M)
Juice, Apple 4oz (1 ea.)	60	60.000	0.000	0.000	(M)	(M)	10.000	14.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Juice, OJ 70/4 oz/cs (1 ea.)	40	50.000	0.000	0.000	(M)	(M)	0.000	13.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Daily Average	0	275.204	4.650	1.900	0.00(M)	15.600(M)	300.207	47.781	1.060(M)	9.520	5.860(M)	350.300(M)	176.086(M)	1177.829(M)	67.870	0.054(M)	0.027(M)
% of Calories	0		15.21%	6.21%	0%			69.45%		13.84%							

Menu: Lunch Day 1 - L ELEM WEEK 1 DAY 1 NOV 9 (copy for L ELEM WEEK 4 (100 meals)[Standard not met]

HP Cinn Glazed Toast & Sausage Links (1 ea.)	100	475.000	22.900	7.500	0.500	215.310	1044.500	32.200	0.000	33.900	3.650	46.800	46.620	233.100	0.540	0.000(M)	0.000(M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	9	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	1	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Cracker, Vanilla Graham Bear (1 ea.)	100	106.290	3.000	0.470	0.050	0.000	85.350	18.310	0.170	1.390	1.620	10.000	50.000	250.000	3.000	(M)	(M)
Fruit Bites, Cherry (1 ea.)	50	70.000	0.000	0.000	0.000	0.000	50.000	18.000	1.000	0.100	0.000	0.000	0.000	0.000	36.000	(M)	(M)
Fruit Bites, Citrus (1 ea.)	50	70.000	0.000	0.000	0.000	0.000	50.000	18.000	1.000	0.100	0.000	0.000	0.000	0.000	36.000	(M)	(M)
Daily Average	0	788.490	26.175	8.135	0.550(M)	221.340	1354.550	94.090	1.170	44.290	5.270	356.000	195.646	993.100	40.738	0.00(M)	0.00(M)
% of Calories	0		29.88%	9.29%	0.63%			47.73%		22.47%						0%	0%

Menu: Breakfast Day 2 - B NOV 30 ELEM BREAKFAST week1 day2 (100 meals)[Standard not met]

Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Bagel, Plain (1 ea.)	100	230.000	1.000	0.000	(M)	0.000	390.000	47.000	2.000	8.000	1.800	150.000	0.000	0.000	0.000	(M)	(M)
Raisin Snack box (1 small box (1.5 oz))	100	128.570	0.198	0.026	(M)	0.000	4.730	34.047	1.591	1.320	0.808	21.500	0.430	0.000	0.989	6.635	0.796
PC Cream Cheese, plain 100/1oz (1 ea.)	80	30.000	0.000	0.000	0.000	1.000	160.000	3.000	0.000	4.000	0.000	60.000	80.000	400.000	0.000	(M)	(M)
PC Cream Cheese, Strawberry 100/0.75oz (2 ea.)	20	140.000	12.000	8.000	0.000	40.000	110.000	6.000	0.000	2.000	0.000	0.000	80.000	400.000	0.000	(M)	(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Daily Average	0	524.570	6.598	3.426	0.00(M)	24.400	668.730	97.247	3.591	20.920	2.608	503.500	160.950	1100.000	2.149	6.635(M)	0.796(M)
% of Calories	0		11.32%	5.88%	0%			74.15%		15.95%							
<i>Menu: Lunch Day 2 - L ELEM WEEK 4 NOV 30 week1 day2 (100 meals)[Standard not met]</i>																	
HP SW Turkey Burrito & Refried Beans (1 ea.)	100	440.297	21.267	6.894	0.000(M)	51.928	965.715	40.097	4.864	22.822	4.838	527.068	89.716(M)	448.782(M)	4.439	10.575(M)	0.023(M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1 % (1 ea.)	5	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	5	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
CP Pears & Lemon Poppysseed Panbread (1 ea.)	100	291.365	4.272	1.948	0.019(M)	16.528(M)	384.649	62.116	1.964	3.022	1.576	26.852	43.769	374.174	2.302	104.857(M)	1.659(M)
PC Taco Sauce (1 ea.)	100	5.000	0.000	0.000	0.000	0.000	95.000	1.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	874.662	25.914	9.067	0.019(M)	74.606(M)	1618.864	128.713	6.828	34.744	6.414	849.920	228.615(M)	1372.956(M)	7.931	115.432(M)	1.682(M)
% of Calories	0		26.66%	9.33%	0.02%			58.86%		15.89%							
<i>Menu: Breakfast Day 3 - B NOV 30 ELEM BREAKFAST week1 day3 (100 meals)[Standard not met]</i>																	
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Granola Energy Bar (1 ea.)	100	497.933(M)	26.197(M)	9.633(M)	0.000(M)	32.508(M)	114.262(M)	64.207(M)	9.387(M)	10.140(M)	4.763(M)	105.704(M)	116.646(M)	403.480(M)	0.878(M)	10.971(M)	2.163(M)
Juice, Apple 4oz (1 ea.)	50	60.000	0.000	0.000	(M)	(M)	10.000	14.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Juice, OJ 70/4 oz/cs (1 ea.)	50	50.000	0.000	0.000	(M)	(M)	0.000	13.000	(M)	0.000	(M)	(M)	(M)	(M)	60.000	(M)	(M)
Daily Average	0	666.933(M)	29.197(M)	11.433(M)	0.00(M)	48.108(M)	243.262(M)	90.307(M)	9.387(M)	18.140(M)	4.763(M)	389.704(M)	197.166(M)	1103.480(M)	62.038(M)	10.971(M)	2.163(M)
% of Calories	0		39.40%	15.43%	0%			54.16%		10.88%							
<i>Menu: Lunch Day 3 - L ELEM WEEK 4 NOV 30 week1 day3 (100 meals)[Standard not met]</i>																	
HP Tony's Cheese Pizza (1 ea.)	100	301.740	13.160	5.040	0.000(M)	15.360	888.550	28.040	0.290	18.680	1.960	416.230	110.322	551.610	0.650	0.000(M)	0.000(M)
Milk, Chocolate FF (1 ea.)	95	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	1	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	4	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
CP Applesauce & Tossed Salad (1 ea.)	100	50.950	0.060	0.008	0.000(M)	0.000	15.500	13.262	1.260	0.383	1.254	7.650	14.025	213.350	2.990	40.647(M)	0.153(M)

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
PC Ranch Dressing (2 ea.)	100	140.000	14.000	2.000	0.000	10.000	200.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	631.990	27.445	7.183	0.00(M)	30.980	1280.350	69.522	1.550	28.013	3.214	720.680	220.451	1304.960	4.832	40.647(M)	0.153(M)
% of Calories	0		39.08%	10.23%	0%			44.00%		17.73%							
<i>Menu: Breakfast Day 4 - B NOV 30 ELEM BREAKFAST week1 day4 (100 meals)[Standard not met]</i>																	
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Applesauce Cup, Cinn 4 oz (1 ea.)	100	120.000	0.000	0.000	0.000	0.000	15.000	30.000	2.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Breakfast Muffin, Peach-Lemon (3 oz.)	100	198.382	3.210	1.400	0.020(M)	15.088	370.800	40.647	0.757	2.703	1.294	14.609	4.665	40.405	0.296	33.372(M)	1.485
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
Daily Average	0	467.382	10.210	4.200	0.020(M)	30.688	549.800	83.247	2.757	10.703	1.294	298.609	125.185	940.405	1.456	33.372(M)	1.485(M)
% of Calories	0		19.66%	8.09%	0.04%			71.25%		9.16%							
<i>Menu: Lunch Day 4 - L ELEM WEEK 4 NOV 30 week1 day4 (100 meals)[Standard not met]</i>																	
HP Lasagna Casserole & Green Peas (1 ea.)	100	245.196	9.794	4.808	0.229(M)	45.679	417.395	22.680	4.282	15.723	2.389	111.088	128.594	643.073	11.409	54.274(M)	0.400(M)
Milk, Chocolate FF (1 ea.)	95	140.000	0.000	0.000	0.000	5.000	180.000	27.000	0.000	9.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White 1% (1 ea.)	1	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	4	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
CP Orange Smiles & Dinner Roll (1 ea.)	100	201.474	2.610	0.554	0.000(M)	1.452(M)	381.529	40.570	2.575	5.816	1.860	57.125	35.499(M)	256.105(M)	34.852(M)	77.879(M)	1.193(M)
PC Margarine Pat (1 ea.)	100	35.000	4.000	1.000	(M)	0.000	40.000	0.000	0.000	0.000	0.000	0.000	40.000	200.000	0.000	(M)	(M)
Daily Average	0	620.970	16.629	6.497	0.229(M)	52.751(M)	1015.224	89.470	6.857	30.489	4.249	465.013	300.197(M)	1639.178(M)	47.453(M)	132.153(M)	1.593(M)
% of Calories	0		24.10%	9.42%	0.33%			57.63%		19.64%							
<i>Menu: Breakfast Day 5 - B NOV 30 ELEM BREAKFAST week1 day5 (100 meals)[Standard not met]</i>																	
Milk, White 1% (1 ea.)	80	110.000	2.500	1.500	0.000	15.000	130.000	13.000	0.000	8.000	0.000	300.000	100.000	500.000	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	20	130.000	5.000	3.000	(M)	18.000	100.000	11.000	0.000	8.000	0.000	220.000	2.600	1500.000	1.000	(M)	(M)
Apple, Elem (1 small (2-3/4 dia"))	15	77.480	0.253	0.045	(M)	0.000	1.490	20.577	3.576	0.387	0.179	8.940	7.450	80.460	6.854	127.484	0.283
Banana (1 small (6" to 6-7/8" long))	70	89.890	0.333	0.113	(M)	0.000	1.010	23.068	2.626	1.101	0.263	5.050	8.080	64.640	8.787	75.659	0.828

Item Name (Serving Size)	Plan. Qty.	FE (Kcal)	Fat (g)	Sfat (g)	Tfat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Pro (g)	Fe (mg)	Ca (mg)	A,RE	A,IU	VitC (mg)	Mois (g)	Ash (g)
Pear (1 small)	15	85.840	0.178	0.015	(M)	0.000	1.480	22.881	4.588	0.562	0.252	13.320	2.960	34.040	6.216	123.89 1	0.488
Yogurt, Peach & Strawberry Assorted (1 ea.)	100	155.000	1.500	1.000	0.000	5.000	90.000	30.000	3.000	5.000	0.000	20.000	0.200	1.000	7.000	(M)	(M)
Daily Average	0	356.421	4.798	2.888	0.00(M)	20.600	215.15 2	65.266	6.063	13.913	0.249	310.87 4	87.938	763.42 3	16.271	90.668 (M)	0.695 (M)
% of Calories	0		12.12%	7.29%	0%			73.25%		15.61%							
<i>Menu: Lunch Day 5 - L ELEM WEEK 4 NOV 30 week1 day5 (100 meals)[Standard not met]</i>																	
HP Cheeseburger & Baked Beans (1 ea.)	100	452.000	16.300	6.700	0.000 (M)	43.930	1182.7 00	53.100	7.110	24.600	3.181	325.50 0	502.80 0	2514.0 00	0.510	0.000 (M)	0.000 (M)
Milk, Chocolate FF (1 ea.)	90	140.000	0.000	0.000	0.000	5.000	180.00 0	27.000	0.000	9.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White 1% (1 ea.)	5	110.000	2.500	1.500	0.000	15.000	130.00 0	13.000	0.000	8.000	0.000	300.00 0	100.00 0	500.00 0	1.200	(M)	(M)
Milk, White UHT 2% (1 ea.)	5	130.000	5.000	3.000	(M)	18.000	100.00 0	11.000	0.000	8.000	0.000	220.00 0	2.600	1500.0 00	1.000	(M)	(M)
CP Pineapple Tidbits & Mixed Berry Lemon Panbread (1 ea.)	100	265.918	3.638	1.777	0.017 (M)	15.132 (M)	353.55 5	56.499	1.492	2.281	1.379	13.461	10.042 (M)	35.143 (M)	12.222	21.756 (M)	1.245 (M)
PC Ketchup (1 ea.)	100	10.000	0.000	0.000	0.000	0.000	100.00 0	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Mayonnaise (1 ea.)	100	25.000	2.500	0.000	0.000	0.000	105.00 0	2.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	(M)	(M)
PC Mustard (1 ea.)	100	5.000	0.000	0.000	0.000	0.000	50.000	0.500	0.000	0.700	0.000	0.000	0.000	0.000	0.000	(M)	(M)
Daily Average	0	895.918	22.813	8.702	0.017 (M)	65.212 (M)	1964.7 55	139.59 9	8.602	36.481	4.560	634.96 1	607.97 2(M)	3099.1 43(M)	13.922	21.756 (M)	1.245 (M)
% of Calories	0		22.92%	8.74%	0.02%			62.33%		16.29%							

Legend*(M) - Missing Nutrient Values*

* Total Fat not to exceed 30 percent of actual total food energy over a school week. Saturated Fat should be less than 10 percent of actual total food energy over a school week.